

# Heaven on a Plate

<b>Chu Chee Pla/Goong</b> 🍲	<b>£21.50/£25.10</b>
Crispy fried fillet of sea bass or giant prawn topped with a creamy coconut red curry sauce, sweet basil, lime leaves & chilli	
<b>Crispy Seabass in Red Curry Sauce</b> 🍲	<b>£19.50</b>
Crispy fried seabass pieces with a creamy coconut red curry sauce, lime leaves & chilli	
<b>Pla Neung Manaw</b> 🍲	<b>£21.50</b>
Steamed fillet of seabass with chilli, mint, garlic, lime, spicy Thai dressing & coriander	
<b>Pla Neung Si Eiw</b>	<b>£21.50</b>
Steamed fillet of seabass with ginger, roasted sesame oil, spring onion, celery, soy sauce & coriander	
<b>Ped Makarm</b>	<b>£21.50</b>
Deep fried roasted duck topped with homemade Thai style tamarind sauce served with pak choi	
<b>Gaeng Phed Ped Yang</b>	<b>£19.20</b>
Special Thai roasted duck with red curry, coconut milk, grape, pineapple, cherry tomatoes & sweet basil	
<b>Hor Mok Talay</b> 🍲	<b>£21.50</b>
Mixed seafood with curry sauce, coconut milk, egg, sweet basil & lime leaves	
<b>Talay Pad Pong Karee</b> 🍲	<b>£21.50</b>
Classic stir fried mixed seafood with curry powder, garlic, chilli in oil, egg, oyster sauce, onion & celery	
<b>Nuea Phrik Thai Dum</b>	<b>£15.90</b>
Stir fried beef with garlic, peppers, celery & black pepper sauce	
<b>Nuea Pad Namman Hoi</b>	<b>£15.90</b>
Stir fried beef with mushrooms, onion celery & spring onion in oyster sauce	
<b>Nuea Yang</b>	<b>£24.50</b>
Grilled sirloin steak cooked medium-rare served with homemade spicy dip with side salad	

# Accompaniments

<b>Thai Jasmine Rice</b>	<b>£3.90</b>
<b>Egg Fried Rice</b>	<b>£4.50</b>
With egg, carrot & peas	
<b>Coconut Rice</b>	<b>£4.50</b>
With coconut milk, topped with sesame seeds	
<b>Sticky Rice</b>	<b>£3.90</b>
<b>Garlic Rice</b>	<b>£4.50</b>
<b>Plain Noodles</b>	<b>£6.80</b>
With soy sauce, bean sprouts & spring onion	
<b>Kai Jaew Moo Sub</b>	<b>£7.95</b>
Minced pork thai omelette with soy sauce, onion & spring onion	
<b>Thai Fried Egg</b>	<b>£2.90</b>
Cooked Thai style	
<b>Prik Nam Pla</b> 🍲🍲	<b>£2.90</b>
With fish sauce, fresh chilli, garlic & lime juice	
<b>Satay Sauce</b>	<b>£2.90</b>
Peanut sauce	
<b>Chilli Oil</b> 🍲	<b>£2.90</b>
Freshly made	



Come & join us for one of our  
Live Entertainment Evenings!

## SET MENU Thai Experience

£33.00 per person, min 2 people  
Tana Thai classic, pad thai prawns, green curry chicken 🍲🍲, stir fried chicken with cashew nuts, & jasmine rice

## SET MENU Thai Vegan

£35.00 per person, min 2 people  
Spring roll, vegetable tempura, tofu satay, green curry tofu 🍲🍲, pad thai vegetable, stir fried mixed vegetables & jasmine rice

## SET MENU Taste of Thailand

£32.00 per person, min 4 people  
Tana Thai classic, pad thai prawns, green curry chicken 🍲🍲, beef massaman 🍲, stir fried pork in oyster sauce, stir fried mixed vegetables & jasmine rice

## SET MENU Thai Seafood

£37.00 per person, min 4 people  
Seafood lovers, pad thai prawns, chu chee pla 🍲, goong pad ta kraai, som tam talay 🍲🍲 & jasmine rice

# SAWASDEE

While Thai food has the reputation for being spicy, Thai food is actually based on a balance between different flavours including spicy, sour, sweet, salty and bitter. This goes beyond simply combining the flavours within an individual dish, it's to incorporate the contrast in flavours between two or three different dishes. This is one reason Thai people share meals as a family. One distinctive aspect of Thai food is the use of fresh herbs and spices as well as the inclusion of fermented fish sauce in most dishes.



# MENU



The ideal Thai meal is a harmonious blend of the spicy, the subtle, the sweet and the sour, and is meant to be equally satisfying to the eye, nose and palate.

## FOOD ALLERGIES & INTOLERANCES

Some of our foods contain allergens and may contain nuts. Please speak to a member of staff for more information.

**Vegan options available.**  
Please ask for our **GLUTEN FREE MENU**  
Vegan options available.

## Sharing Platters

<b>Tana Thai Classic</b> For 2 people	£19.20
Chicken satay, Thai spring rolls, prawns on toast, spicy squid🔥, Thai fish cakes & Thai prawn crackers	
<b>Seafood Lovers</b> For 2 people	£28.20
Grilled giant tiger prawns, tiger prawns tempura, spicy squid🔥, spicy whitebait🔥, steamed mussels & Thai prawn crackers	

## Starters

<b>Thai Spring Rolls</b> V	£7.10
Homemade by Tana Thai served with sweet chilli dip	
<b>Duck Spring Rolls</b>	£7.99
Served with hoisin sauce	
<b>Sunny Pork</b>	£8.10
With spicy sauce dip	
<b>Thai Corn Fritter</b> V	£7.99
With sweet chilli dip	
<b>Chicken</b> or <b>Tofu</b> V <b>Satay</b>	£7.99
With peanut sauce & Thai cucumber relish	
<b>Grilled Pork</b>	£8.10
Marinated in soy sauce with chilli flakes & roasted rice dip	
<b>Vegetable Tempura</b> V	£7.10
Selection of mixed vegetables in a light batter served with plum dip	
<b>Supreme Thai Ribs</b>	£8.10
Pork spare ribs with hoisin sauce	
<b>Thai Meatball</b>	£8.10
Served with Tana Thai spiced sweet chilli dip	
<b>Thai Prawn Crackers</b>	£3.99
Served with sweet chilli sauce	

## Once upon a Thai

<b>Spicy Chicken</b> or <b>Tofu</b> V 🔥	£7.99
<b>Spicy Squid</b> or <b>Whitebait</b> 🔥	£8.80
Served with Tana Thai spicy sauce	
<b>Thai Money Bags</b>	£8.25
Homemade by Tana Thai with minced prawn & pork, & water chestnuts served with plum dip	
<b>Tiger Prawn Tempura</b>	£8.80
With sweet chilli dip	
<b>Thai Fish Cakes</b>	£8.80
Homemade by Tana Thai served with sweet chilli, crushed peanuts & cucumber relish	
<b>Prawns on Toast</b>	£8.80
Served with sweet chilli dip	
<b>Salt &amp; Pepper Squid</b>	£8.80
Served with hot chilli sauce	
<b>Steamed Mussels</b>	£9.70
With lemongrass & sweet basil served with fresh chilli sauce	
<b>Grilled Giant Tiger Prawns</b>	£17.85
With homemade spicy dip & sweet chilli dip	

## Soup Aholics

<b>Tom Yum</b> 🔥	
Medium spicy hot & sour soup with mushrooms, cherry tomatoes, lemongrass, lime leaves, galangal, fresh chilli & coriander	
<b>Tom Kha</b> 🍵	
Mild spicy coconut soup with mushrooms, fresh chilli, cherry tomatoes, lime leaves, galangal, lemongrass & coriander	
With a choice of:	
<b>Vegetables</b>	£8.70
<b>Chicken</b>	£8.70
<b>Tiger Prawns</b>	£8.90
<b>Tom Yum Po Taek</b> 🔥🔥	£9.90
Very spicy mixed seafood soup with mushrooms, lemongrass, galangal, chilli, lime & holy basil	

## Thai Salad

<b>Som Tam</b> 🔥	£10.20
Green Papaya salad with green beans, dried shrimps, cherry tomatoes, peanuts & fish sauce in a sweet & sour chilli dressing	
<b>Som Tam Talay</b> 🔥	£17.80
Classic Som Tam with mixed seafood	
<b>Plar Goong</b> 🔥	£16.40
Spicy prawn salad with lemongrass, fresh chilli, fish sauce, chilli in oil, mint, lime juice, red onion, lime leaves & coriander	
<b>Yum Woon Sen</b> 🔥	£10.20
Spicy glass noodle salad with minced pork, dried shrimps, chilli, lime juice, tomatoes, celery, onion, coriander & peanuts	
<b>Yum Talay</b> 🔥🔥	£17.80
Mixed seafood salad with chilli, garlic, cherry tomatoes, celery & onion in a very spicy Thai dressing	
<b>Lab Moo</b> 🔥	£10.20
Pork salad with dried chilli, crunched roasted rice, red onion, mint, spring onion, lime juice & coriander	



## A Monks Delight

<b>Stir Fried Morning Glory</b> 🔥	£8.80
With salted soybean, oyster sauce, fresh chilli & garlic	
<b>Stir Fried Pak Choi</b>	£7.80
With oyster sauce & garlic	
<b>Stir Fried Mix Vegetable</b>	£7.80
With oyster sauce & garlic	

## Noodles & Rice

<b>Khao Pad Graprao Khai Dao</b> 🔥🔥	
Stir fried minced meat with fresh chilli, garlic, onion, green beans, spring onion, bamboo shoots & holy basil served with fried egg on top of jasmine rice	
<b>Khao Pad</b>	
Stir fried rice with eggs, onion, spring onion, tomato & ground pepper served with cucumber slices	
With a choice of:	
<b>Chicken</b> or <b>Pork</b>	£14.90
<b>Beef</b>	£15.90
<b>Pad Thai</b>	
Classic Thai stir fried rice noodles with tamarind juice, fish sauce, palm sugar, bean sprouts, spring onion & egg, chives leaves, served with chilli flakes, lime & roasted peanuts	
<b>Pad See Eiw</b>	
Stir fried rice noodles with egg, black soy sauce, spring greens, oyster sauce, garlic & carrot	
<b>Pad Kee Mao</b> 🔥🔥	
Spicy rice noodles with chilli, garlic, oyster sauce, bean sprouts, soy sauce, mushrooms, green beans & holy basil	
<b>Pad Woon Sen</b>	
Stir fried glass noodles with egg, carrot, spring onion, tomato, white cabbage, celery, sweet basil, bean sprouts, & oyster sauce	
With a choice of:	
<b>Vegetable</b> or <b>Tofu</b>	£13.80
<b>Chicken</b> or <b>Pork</b>	£13.80
<b>Beef</b>	£14.80
<b>Duck</b> or <b>Tiger Prawns</b>	£16.80
<b>Mix Seafood</b>	£17.80

## Curries

<b>Gaeng Daeng</b> 🔥	
Red curry with coconut milk, bamboo shoots & sweet basil	
<b>Gaeng Kiew Warn</b> 🔥	
Classic green curry with coconut milk, carrots, courgette, green beans, bamboo shoots & sweet basil	
<b>Gaeng Massaman</b>	
Mild coconut curry with peanuts, carrots, onion & potato	
<b>Gaeng Panaeng</b> 🔥	
Aromatic curry with green beans, coconut milk, sweet basil & lime leaves	
<b>Gaeng Karee</b> 🍵	
Classic Thai yellow curry with potato, coconut milk, onion & carrot	
<b>Gaeng Pa</b> 🔥🔥	
Jungle curry with red curry paste, basil, peppercorn & mixed vegetables	
<b>Gaeng Kua Sabparod</b> 🍵	
Classic Thai curry with coconut milk, tamarind juice, cherry tomatoes, pineapple & lime leaves	
With a choice of:	
<b>Vegetable</b> or <b>Tofu</b>	£13.80
<b>Chicken</b> or <b>Pork</b>	£13.80
<b>Beef</b>	£14.80
<b>Duck</b> or <b>Tiger Prawns</b>	£16.80
<b>Mix Seafood</b>	£17.80

## Main Dishes

<b>Pad Cashew Nut</b> 🍵	<b>Chicken</b> or <b>Tofu</b>	£15.90
Stir fried with chilli oil, cashew nuts, mushrooms, water chestnuts, toasted sesame oil, spring onion, fried chilli, peppers & oyster sauce		
<b>Pad Prieu Wan</b>	<b>Chicken</b> or <b>Tofu</b>	£15.90
Stir fried with cucumber, pineapple, onion & tomatoes in sweet & sour sauce		
<b>Moo Pad Khing</b>		£14.90
Stir fried pork with mushrooms, oyster sauce, celery, ginger, onion & spring onion		
<b>Nuea Pad Tao See</b>		£15.90
Stir fried beef with black bean, garlic, pepper, spring onion, celery, onion & ginger		
<b>Goong Pad Ta Krai</b>		£17.90
Stir fried tiger prawns with lemongrass, oyster sauce, mixed vegetable & sweet basil		
<b>Pad Grapao</b> 🔥🔥		
Stir fried with fresh chilli, garlic, onion, green beans, spring onion, bamboo shoot & holy basil		
With a choice of:		
<b>Vegetable</b> or <b>Tofu</b>		£13.80
<b>Chicken</b> or <b>Pork</b>		£13.80
<b>Beef</b>		£14.80
<b>Duck</b> or <b>Tiger Prawns</b>		£16.80
<b>Mix Seafood</b>		£17.80

Gluten Free & Vegan options available.

Thank you for your support.