

Disciples of Christ

Central Christian Church



May 2019



Birthdays This Month

9th Rick Frederickson
 9th Zach Shutt
 10th Judy Osgood
 18th Sarah Sade
 22nd Teresa
 VanWaardhuizen
 24th Colette Bengé
 25th Tammy Losing
 30th Mary Horn
 31st Dean Mitchell

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Faith Matters

It is a very exciting time at Central Christian Church as our kitchen gets a makeover. Several people have been working very hard behind the scenes to make some much needed changes. Appliances had stopped working, the tile floor was coming up and overall the kitchen just needed to be refreshed with some cleaning and overhaul.

Thus, can be life. We can get caught in the same old patterns – not

paying attention to the care we need, until all the sudden, things stopping working. Self-care is an important part of Jesus' teachings. Time after time in scripture, we find Jesus going away to be alone so he can rest or pray. Jesus knew it was important to set some healthy boundaries and we need to learn to practice this too.

I have talked with many people who don't think they have time for self-care – they don't have time to slow down and do some-

thing for themselves. But that kind of thinking only leads to more strain and stress, and eventually we also need an overhaul and cleaning up of our lives. We are a society that is taught to think about our physical health and make sure we get our regular checkups with our physicians, but what about our emotional and spiritual health? Do they not need the same focus and attention?



We can't be at our best for others when we aren't providing

the needed care and maintenance for ourselves. In Genesis it talks about humanity's responsibility to care for all of creation. This call is not limited to the Earth or to animals – it is also a call on our own lives, to honor and care for what God has created in each of us. We too need times of refreshment – to be renewed in ourselves – but also to be renewed in who we are in Christ.

Pastor Diana

April 2019 Board Splinters

Robin Anctil, Board Chair, called the meeting to order and offered a prayer. The calendar check was completed.

Property: Bob Cook

Bob has the costs to re-key all doors, and will continue with this.

The ramp floor near the east doors is often wet, Bob and Mike are working on this: caulking windows, considering repair to the bottoms of the doors, and we will continue to explore eliminating these doors, depending on fire marshall's requirement. Mike has requested to do some painting. We are waiting on more information about the roof leaks. Mike has also requested to divert water from the northwest door away from the parking lot, behind the bushes via black pipe. This is agreeable to the board.

Kitchen: Memorial money was received that will cover most, if not all, of the appliances and flooring. The board is very grateful for this Marlys Southard Memorial Gift. The vent hood exhaust does not work consistently. It is also badly in need of cleaning. At this time, in the interest of food safety, we have a bid to clean it (\$150 - \$200); repair is on hold.

Removal of old appliances: The price bid for new included removing the old. Marcia also has contacted folks locally who would remove the old appliances. The main concern is allowing time in between removal and installation to do the flooring.

The motion was made by Melia C.: That we move ahead with purchasing the new refrigerator

and stove, flooring, hood cleaning, and removal and disposal of the old appliances. Second by Carolyn T. Approved.

Purchase orders will be written for the appliances and flooring. The final choice of flooring color will be completed before board members leave this evening. Karen will contact Captain Clean to clean the range hood/vent.

Personnel: Marcia Gossett

Mike Nablo is doing a great job and is finding things that need to be done. He is the person who first found someone sleeping on third floor, and again on April 9. Mike is looking into ways to save money on purchasing supplies for the church. He will give Marcia something to present at the next PP&F meeting.

Finance/Treasurer: Jim Gossett

Giving was above the anticipated amounts and expenses below. This is good news. Week of Compassion contributions total \$456.

Deacons: Carolyn Thompson

Deacons are needed for the Maundy Thursday service. The gluten-free wafers have been disappearing so will be kept in the deacons' closet between services.

Worship: Robin Anctil

No Report.

Christian Ed: Melia Chapman

No Report.

Elders: Jim Anctil

No Report.

Congregational Representatives:
Marla Cook and Carolyn Thompson

No Report.

Missions: Judy Osgood
No Report.

DWF: Sarah Sade

In March, 7 cards were sent. Served one funeral lunch. Donated Kleenex and sacks to area elementary schools.

Pastor's Report: Diana

Triumph Recovery Center is willing to contribute more if their building use is leading to increased utility costs. We thank them, but it isn't an issue at this time.

There is a discount code for those wishing to attend General Assembly in Des Moines. See Diana or bulletin inserts.

Be The Church Sunday is in planning stage. If you know members who need help, give that information to Pastor Diana. The date has not been set for this.

Sunday, help will be needed to move pews to prepare for Maundy Thursday and Easter services.

Because of schedule conflict at the Conference Center, The Women's Retreat will be rescheduled.

Camp registrations and payments are due April 16. Donations and payments will be coordinated.

A June 9-13 youth mission trip is being planned.

Upcoming events include honoring graduates, Mothers Day, and the Bill Spangler-Dunning appreciation potluck on June 2. Dates Pastor Diana will be gone are on the calendar.

The importance of treating all building staff with respect was stressed. Karen N. is very much appreciated and we need

April 2019 Board Splinters Continued

to let her know that more often! As the office manager, she often is the first person people speak with; please conduct those conversations cordially.

Building security: There has been an intruder in the building. Police have a key to the church. They will check doors and may enter as they feel necessary. Mike Nablo is the first call. Remember to check the doors when entering or leaving the building.

Old Business: Robin crafted a Security Policy and shared the draft. This was discussed and changes suggested. The policy will be shared Sunday, and copies provided to members and those who use the building. In light of the current situation, the following will occur: 1. Policy adopted by board; 2. Inform the

congregation Sunday; 3. Address concerns at the next board meeting.

Specific one-time events such as wedding and funerals will be addressed as situations arise. The motion was made by Marla C. ... "to accept and adopt the short term safety proposal with noted changes." Marcia G. seconded, motion was approved. A copy of the proposal is in the church office and will be printed in the next newsletter.

For long-term safety planning, a Safety Ministry Team will include Pastor Diana, Karen N., Jim A., Mike N., Robin A., and Jim G.

In accordance with 2016 guidelines from the Disciples Home Mission that replaces some of the language in our by-laws, the Pastoral Relations Committee will carry over with members from last year. This was approved by

the board. PRC includes 5-7 members plus Pastor Diana, with membership not determined solely by committee involvements.

New Business/Other Items:

- Honoring Karen Nablo for her work that benefits all of us
- Information about the shower project is in the Newsletter. More discussion to clarify continued, looking at different requirements and methods among Habitat, RSVP, Disciples Home Mission, Week of Compassion. There is the possibility that we will work on this independently.
- Issue of a service dog or other dog in the Triumph Center will be addressed by Pastor Diana.
- Members are asked to be quiet during the worship organ prelude and bells music out of respect to the musicians.



Gatherers

Jim and Carolyn Thompson will be hosting May Gatherers on Sunday, May 19th at 5:30PM at Zenos.

Yummy pizza! Hope you can join us! Good fun, good food and good fellowship!



Shower Project

The shower project off of the Fellowship Hall is on hold. The group discussed local issues affecting rebuilding, some of which have impacted the shower project, which would be funded by

Week of Compassion. Jim Gossett has volunteered to participate in the Habitat for Humanity building blitz and will try to get more information about the process to get and give help with

community projects. Meanwhile, please let a Board member or Pastor Diana know of members or their families who still need help with recovery.

Security Policy

On April 11 our Church Board approved the following Security Policy for Central Christian Church. Copies were handed out in church the following Sunday. It is hoped that inclusion in this newsletter will ensure that the information is reaching everyone. Please contact a Church Board member if you have any questions!

Short-Term Solution

We need to create a safer and more secure church environment TODAY for the safety of our staff, members and invited guests. To accomplish this, effective immediately, Central Christian Church is implementing the following facility-related practices:

- We are limiting the number of doors open for public access. The south/ramp door will remain locked at all times, and anyone who wishes to enter will be required to press the doorbell/security buzzer (*even if he/she has a church key*) during church office hours. (Church Office Hours are Tuesday through Friday from 9 am to 1 pm.) In this way, the church staff will know who's in the building. At the church staff's discretion, the west/gathering area door can be locked if no one is within eyesight/earshot to monitor incoming traffic or unlocked if staff are able to monitor traffic. All other doors are to remain locked at all times unless being used as an emergency exit.

- On Sunday mornings, the south/ramp and west/gathering area doors will be open from 8:30 until 10:10 am, at which time the south/ramp door will be locked by the deacon captain. Anyone wanting access to the building after 10:10 am should use the west door, where incoming traffic can be seen by the congregation.

- Signage will be posted so that members and guests know how and when to access the building on any given day.

- A copy of this short-term proposal will be provided to all members and invited building guests (e.g. Girl Scouts, Triumph Recovery Center, Narcotics Anonymous, Nesting Congregation, etc.). The proposal will be incorporated into our Building Usage Form, and invited guests will be asked to sign a new form.

- ◆ Any members who violate this proposal will be asked to turn in their building key if they have one.

- ◆ Any invited building guests who violate this proposal will be asked to find another location for their meetings/events.

- The church will re-key the building with non-duplicatable keys. Those to be assigned keys include: all staff, Board Chair, Board Vice Chair, Treasurer, Property Committee members, Finance Committee members, Christian Education Chair, Worship Committee Chair, DWF Chair, DWF Hospitality

(funerals/weddings) Chair, and Deacon Chair. **Anyone who wants a church key can contact the Board Chair or other Board member and the Board will consider that request at its next meeting; staff members are not authorized to assign keys.** The Office Administrator will keep track of all assigned keys, and key assignments will be reviewed annually (December/ January) by the Church Board. Those who need a church key for an event (e.g. Rummage Sale, Holiday Stroll meal, youth event, facility rentals, Vacation Bible School, etc.) can check one out from the church office for a specific time period, at which time the key should be returned. There will be a \$10 security deposit for checked out keys, which will be returned when the key is returned to the office.

- Training and instructions on how to operate the buzzer/access system will be provided to any member interested. Training dates will be announced in the church newsletter.

The Church Board invites comments, questions, and suggested improvements to this proposal. All feedback will be considered at upcoming monthly Board meetings, which are open to the congregation.

Longer-Term Security Policy

As a follow-up to the Security Policy approved at the April Board meeting, a committee is being established to do some additional research and make recommendations for a more comprehensive church security policy. This is our longer-term proposal:

Online resources consistently identify a fairly standard process for developing a Church Safety Plan:

1. Develop a Safety Ministry Team – Should include staff, church leadership, and trained professionals within the membership (police/fire, EMS, military veterans)
2. Review multiple online resources and determine which additional issues and/or measure should be considered for Central Christian Church (e.g. security cameras, two-way radios, door alarms)

3. Invite discussion and feedback from church members, invited building guests, and local law enforcement professionals

4. Create a plan that addresses all relevant emergencies

5. Train and communicate on a regular, ongoing basis

6. Review/update the plan annually

Watch future newsletters for additional information and updates.

Mission News



The mission project for May will be a special offering for blankets that will be taken May 12 & 19 in honor of our mothers. Special envelopes will be in the bulletins, or members can just note "blanket donation" on their checks or giving envelopes.

A \$10 donation buys one blanket. The blankets are ordered through Disciples Mission Fund, and are

distributed through that organization to victims of natural disasters in this country and around the world. In addition to providing warmth, the blankets provide shelter and are often used to carry personal belongings.

What a great way to honor your own mother, or someone who has been a mother figure in your life!

Kitchen Updates

At its April meeting, the Church Board approved the purchase of a new restaurant-grade 10-burner gas stove, a new commercial-sized refrigerator, cleaning of the hood vent over the kitchen stove, and installation of new kitchen flooring. It is anticipated that all of this will be done and in place by early May.

The kitchen upgrades are being paid through a generous memorial in honor of Marlys Southard, a long-time church member and devoted DWF lady who spent many hours in that kitchen.

Additional kitchen upgrades are needed and may be considered

down the road a bit, but the Board is excited about these first important steps!

Special thanks to those who spent much time and effort researching appliances, flooring, and all the rest, particularly Bob and Marla Cook and Marcia Gossett.

Pastoral Relations Committee

The Pastoral Relations Committee (PRC) is a small group of members that meets regularly to provide support for the pastor. One of the functions of PRC is to facilitate communications between the pastor and the congregation. With that goal in mind, the PRC wants to share this information and ask for your consideration:

- It's extremely helpful to the Pastor if you make appointments to discuss specific needs or topics with her, rather than dropping in unexpectedly. Drop-in meeting requests will be accommodated as time allows, but priority will understandably be given to those with appointments.
- Drop-in traffic in the church

office is expected and welcomed, but please consider that it can sometimes present a challenge for the church staff, who have weekly To Do Lists and project deadlines. Because none of our staff are in their offices/positions 40 hours a week, they are required to be highly focused to get all of their weekly tasks done. They enjoy seeing you, they're happy to talk with you or help you, but we hope you'll remember that you are **one of many** who are in and out of the office daily.

- Pastor Diana is out of the office on a fairly regular basis for several reasons: 1) she makes hospital and home visits, 2) she represents Central Christian at local and

regional events, 3) she sometimes compensates for long days and late night meetings, 4) she works from home on occasion, and 5) she's entitled to vacation, educational, bereavement, and sick leave time.

I think it goes without saying (but I'm saying it anyway) that this congregation and its needs are of paramount importance to our wonderful church staff. We have a small but mighty group of people who do a whole lot of things (some seen and many unseen) that benefit all of us each and every day. With ongoing mutual grace and consideration, there is literally no end of amazing things that we can continue to accomplish together!

Sincerely, Robin Anctil



Save the Date: June 9-13, 2019

Chi Rho and CYF aged youth will be traveling to Minneapolis on a mission trip. Further details are forthcoming.

Youth Activities

The youth in grades 5th through 12th will be enjoying food and fun beginning at 6:00 p.m. on Tuesday, May 14th.

On Friday, May 17th travel to Principal Park in Des Moines for an I-Cubs game.

On Wednesday, July 24th travel to General Assembly in Des Moines.

Iowa State Fair bound on Wednesday, August 14th.

Rummage Sale

The annual rummage sale will be held this August. So, please get your goods ready and we will let you know in the June newsletter and on our Facebook page the date that we will begin accepting donations. The usual applies: *nice - clean - unbroken* items.

It's going to be another great sale with everyone's giving and volunteering. You are all great. Thank You!

Sandi Miller

From Judy and Carl Osgood:

Carl and I would like to thank all of you for your thoughts and prayers, cards, visits, food, messages, phone calls and offers of help during the past two weeks during all of his health issues! Thank you, Pastor Diana, for sitting with Jeff and me during Carl's surgery. He is slowly making progress.



From Karen Nablo:

The surprises and words of appreciation that I received in observance of Administrative Assistance Day filled my heart with joy. Thank you all!

Prayer Concerns

Erin Jacobson, Ruth Himes, Jan Bringman, Linda Blackford, Bill McLeland, Virginia Gilson, Jackie Fiscus, Marilyn Denton, Catherine Hickok, Dorothy Borton, Penelope Adkins-Jacobson, Shawn Cooke, Carol Hoing, Arlene Cripps, Corban Pierce & Family, Lisa Smith, Barbara Burt, Rob & Peggy White, Diana Spick, Roger Osgood, Karen Barret, Bobby Weishaubt, Leanna Bowers, AnnaMarie Charloft, and those who are homebound.

May Schedule

May 5

Worship: Sarah Sade
 Elder: Melissa Osgood
 Driver: Jim Anctil

May 12

Worship: Allen Miller
 Elder: Mary Hazelwood
 Driver: Ed Phillips

May 19

Worship: Judy Osgood
 Elder: Beth Campbell
 Driver: Jeff Sommerlot

May 26

Worship: Jan Bringman
 Elder: Jim Anctil
 Driver: Dennis Paxson

Deacons

Carolyn Thompson
 Lanese Thompson
 Autumn Thompson
 Jeff Sommerlot
 Karen Nablo

Sound Booth

Mark Shutt

Greeters

Jim & Jody Maxted
 Carl Osgood
 Connie Cooper



		April 2019
March 2019	March 2019	Giving Total
Giving Total	Expenses	\$9,454.00
\$15,705.00	\$11,960.00	
vs	vs	Special Offerings:
Monthly Budget	Monthly Budget	Week of Compassion
\$11,935.00	\$15,346.00	\$439.00
		Easter
		\$365.00



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Triumph Recovery Center Hours are Monday - Friday 11:00am - 4:00pm			1 9am Ups n Downs 6-8pm Nesting Congregation 6pm Bell Choir 7pm Vocal Choir	2	3 7pm Narcotics Anonymous	4
5 9am Adult SS 10:10am Worship With Rev. Bob Thornton 10:30am Youth SS 5-7pm Nesting Congregation	6	7 7-9pm Heart of Iowa Chorus	8 9am Ups n Downs 6-8pm Nesting Congregation 6pm Bell Choir 7pm Vocal Choir	9 Pastor Diana Out of Office 1pm Group DEMF 5:30pm Missions 6:30pm Property, Personnel, Finance	10 Pastor Diana Out of Office 7pm Narcotics Anonymous	11 12-3pm Triumph Recovery Center
12 Mother's Day Food Box Sunday 9am Adult SS 10:10am Worship 5-7pm Nesting Congregation	13	14 6pm Youth Activity 7-9pm Heart of Iowa Chorus 7pm Group Rebecca	15 9am Ups n Downs 6-8pm Nesting Congregation 6pm Bell Choir 7pm Vocal Choir	16 9am Quilters 6:15pm Elders 7pm Board	17 5pm Youth Activity I-Cubs 7pm Narcotics Anonymous	18 9am Group Lydia
19 9am Adult SS 10:10am Worship 10:30am Youth SS 5:30pm Gatherers @ Zeno's 5-7pm Nesting Congregation	20	21 Newsletter article deadline 7-9pm Heart of Iowa Chorus	22 9am Ups n Downs 6-8pm Nesting Congregation	23	24 Pastor Diana Out of Office 7pm Narcotics Anonymous	25 12-3pm Triumph Recovery Center
26 9am Adult SS 10:10am Worship 5-7pm Nesting Congregation	27 Memorial Day	28 Karen N Out of Office 6pm Youth Activity 7-9pm Heart of Iowa Chorus	29 Karen N Out of Office 9am Ups n Downs 6-8pm Nesting Congregation	30 Karen N Out of Office	31 Karen N Out of Office 7pm Narcotics Anonymous	June 1

CENTRAL CHRISTIAN CHURCH

Disciples of Christ

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Marshalltown IA 50158**

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Email: Chalice@centraldoc.org

May 2019 News



We are Disciples of Christ, a movement for wholeness in a fragmented world. As part of the one body of Christ, we welcome all to the Lord's Table as God has welcomed us.
Disciples of Christ Statement of Identity

Central Christian Church Disciples of Christ

Phone: (641) 753-3129

Website: www.centraldoc.org

Email: Chalice@centraldoc.org

Facebook: Central Christian Church
(Disciples of Christ) Marshalltown

Adult Sunday School 9:00 am

Worship: 10:10 am

Pastor: Diana Frieberg

Board Chair: Robin Anctil

Elders Chair: Jim Anctil

Deacon Chair: Carolyn Thompson

Organist: Colette Benge

Choir Director: Valerie Sondag

Custodians: Ken Fiscus, Mike Nablo

Office Administrator: Karen Nablo