All information entered will be kept confidential in your file according to HIPPAA regulations.					
Name:					Birth Date: / /
Name.					Diffit Date. 1
					(if Veteran) SSN:
Address:					
City:			State:	Zip:	
Preferred Phone:	()	-		email:
Secondary Phone:	()	-		may we email you special offers? Y N

how did you hear about us?

In Case of Emergency Contact:

Occupation:

Phone: Relationship:

Are you being treated elsewhere?

Current medications, supplements, vitamins:

Primary concern you would like addressed:

Medical History: Mark with C for current or P for past			
arthritis	bleeding tendency	cancer	headaches
allergies	high blood pressure	chronic fatigue	heart disease
anemia	low blood pressure	diabetes	hepatitis
continual hunger	COPD	BPH/ prostate issue	PTSD
asthma	bronchitis	digestive issues	HIV
insomnia	infertility	irregular menses	depression
anxiety	depression	infections	thyroid issues

Lifestyle: Mark with "C" for co		
Alcohol	Recreational Drugs	Exercise
Tobacco	Birth Control Pills	Meditation
Caffeine	Special Diet	Vitamins/Supplements
Stress level (rate 1-10)		

Mark area of pain along with severity (1-10)

)	Mark any that	currently apply
The state of the s	Sudden New Constant Sharp Tingling Numbness Spasm/Tremor Pain is only when	Gradual Old Chronic Intermittent Dull Burning Radiates from to

Review of Systems- circle any that apply					
Mood	Normal Sad Happy Stressed Angry Depressed Vacillating				
Energy	Normal Low Excessive Low after eating				
Sleep	Normal (hours) Awake rested Awake Tired				
Thirst	Desire cold Desire hot No thirst Unquenchable thirst Thirst w/o desire to drink				
Appetite	Normal Increased Decreased Ravenous Craving				
Diet	Vegetarian Vegan "Normal" Special				
Digestion	Gas Hiccups Belching Reflux Bad Breath Nausea Vomit Full/Bloating				
Bowels	Healthy (how often?) Diarrhea Constipation Other				
Urine	Normal Dark Bloody Burning Cloudy Wake to urinate (how many times)				

Women			
Date of last menses:	long cycle irregular	short cycle currently on hormonal BC	
Amount:	heavy	scanty	
Color:	pale bright red cloudy	brown dark red clotted	
Vaginal Discharge	white green brown	yellow strong smelling other	
History	PID STD Cysts	endometriosis surgery other	
Pregnancies (#):	(#) abortions complications	(#) births vaginal or C-section	
IVF: date:	(#) IVF attempted IUI attmepted	(#) eggs harvested how many will be transferred?	
Libido:	normal dryness with intercourse pain with intercourse	low high	