

# Maintain Clean Blood And Enhance Blood Circulation

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Cupping (hijama, bekam) and Pure Salt therapy is a unique, safe and effective alternative medicine for the treatment of many diseases by cleaning the blood and promoting blood circulation. All the major killer diseases like heart attack, heart failure, stroke, cancer are directly linked to poor blood circulation. There is hardly any disease that cannot be treated, get relief or cured by cleaning the blood and improving blood circulation. Therefore the key to good health is to ensure that each of the estimated 20 trillion human cells receives via the blood circulation system a continuous supply of nutrients, oxygen, antibodies, enzymes, and hormones to produce energy, fight off infection, sustain life and reproduce itself. In addition the blood circulation system must excrete harmful chemicals, heavy metals and acidic toxic waste which progressively accumulate and overwhelm the body which then become weak, inflamed, cancerous or die.

The human body has limited ability to clean its own blood and removing acidic toxic waste that reduce or block vital blood flow to affected cells, tissues and organs. Cupping (hijama, bekam) and Pure Salt therapy can perform this vital function and bring relief or cure symptoms of chronic aches and pain, weakness, fatigue, organ malfunction and premature aging. The percentage of blocked blood vessels is directly linked to a person's age but can be lowered by adopting a healthy lifestyle and treatment with this unique therapy. For example on average a 20 year old has 20% blockage in his/her blood vessels while a 60 year old has a 60% blockage. Death occur at about 80% blockage. This means that the risk of diseases and pain increase with age and the onset of disease generally start at age 35 years which is the right age to start Cupping (hijama, bekam) and Pure Salt Therapy. By the time you reach age 50 years it is common for most people to have chronic diseases like high blood pressure, high cholesterol, heart disease, diabetes or arthritis

Examples of diseases that can be treated with Cupping (hijama or bekam) and Pure Salt therapy include stroke, heart disease, angina, hypertension (high blood pressure), high cholesterol, metabolic syndrome, cancer, diabetes, kidney disease, hepatitis, skin diseases, arthritis, female infertility, Alzheimer, migraine, back pain, IBS, constipation, diarrhea, heartburn, eye infection, throat infection, ear infection, muscle aches and pain. This therapy is based on more than 15 years of proven success in the treatment of diseases based on modern, safe, and hygienic techniques. The best results are obtained when it is combined with drinking of distilled water (not mineral or processed water), eating nutritious food, regular exercise, breathing fresh air, reducing stress level and adopting a healthy lifestyle.

Many websites talk about air or fire cupping which is less effective than blood or aggressive as it cannot clean your blood or remove the accumulated acidic toxic waste. Fire cupping is a safety hazard as it uses a burning moxa or cotton wool to create a vacuum and should be replaced by hand or electric vacuum pump. Most websites on blood cupping still utilize razor blade or knife to make incision on the skin to release blood instead of making tiny needle holes with our special cupping pen and lancet.

<http://www.bestcuppingtreatment.com>

