

Cosmetic Chinese Medicine

By [Christine Dionesse](#)

Cellulite Reduction

Want to replace expensive visits to the endermologist, chemical injections, and cellulite creams that make false promises... Try Cupping!

The procedure:

Chinese Medical doctors have traditionally been using cupping for preventing colds and flu, reducing headaches, and easing backaches in their everyday practices. As patients grow increasingly more aware of its benefits, other new exciting applications for this simple and safe procedure are being developed.

A small amount of massage oil is applied to the buttocks, hip, low back, and along the upper portion of the leg. These are our problem areas that will benefit the most from the application of cupping. A cotton ball soaked in alcohol is placed on the end of a surgical hemostat and lit. This lit end is placed inside the cup then quickly withdrawn. Almost simultaneously as the hemostat is removed, the cup is rapidly placed upon the skin.

The Results:

Continued cupping treatment will rapidly and safely encourage metabolic waste elimination via the lymph system at a fraction of the time and cost of endermologie, chemical injections, and topical creams. Patients can expect a visible appearance of smoother skin within one or two treatments. Treatment length and frequency is determined on an individual basis.

Christine M. Dionesse L.Ac MSTOM
Integrative Approach to Healing