## Diabetes Treatment With Cupping And Pure Salt Therapy

By Mohd Hashim Shaari

There are two types of diabetes namely diabetes insipidus and diabetes mellitus.



Diabetes insipidus is a rare metaboilc disorder in which the patient produces large quantities of urine and is constantly thirsty. It is due to a deficiency of the pituitary hormone vasopressin, an antidiuretic hormone which regulates reabsorption of water in the kidneys. Treatment is by administration of vasopressin to the patient and cannot be treated by Cupping and Pure Salt therapy as the pituitary glands are located deep inside the brain.

Diabetes mellitus affects about 7% of the general population and can be divided into type 1 (insulindependent) and type 2 (non insulin-dependent). Type 1 accounts for about 10% while type 2 represent 90 % of all diabetes mellitus. Type 1 normally affect children and teenagers which have little or no ability to produce the hormone insulin and patients are entirely dependent on insulin injections for survival. The hormone insulin is produced by the pancreas and helps to regulate the blood sugar level when it exceeds the preset limit. It is thought that type 1 is caused by damage to the pancreas tissues that produce insulin due to misplaced attack of the pancreas by the patient's own immune system (autoimmune attack). Cupping and Shin Gum Pure Salt therapy cannot treat type 1 because of permanent damage to the pancreas.

Type 2 being the most common diabetes was prevalent amongst patients in the middle and old age. However, in recent years the number of young people suffering from type 2 diabetes has increased. It can be found in young people in the twenties and thirties. Type 2 diabetes is due to inadequate production of insulin to meet the needs of the patient or the result of the body becoming resistant to the effects of insulin. The accumulation of sugar leads to its appearance the blood (hyperglycaemia) and then in the urine. Symptoms include thirst, excessive production of urine, aging and itching skin, loss of sensation, loss of teeth, blurring of vision, constant hunger, and lost of weight due to the use of body fats as an alternative source of energy to sugar. Risk factors include incidence in family members (genetics), obesity, lack of exercise, sedentary lifestyle, diabetes during pregnancy and unhealthy eating habits (too much sugar, excessive carbohydrates, overeating).

Long term complications of type 2 diabetes include higher risk of heart attack (myocardial infarction) and stroke attack (cerebro vascular accident), highest incidence of blindness due to damage of blood vessels supplying the optic nerve (diabetic retinopathy), highest cause of kidney failure requiring dialysis (diabetic nephropathy), thigh pain and progressive weakness of knee extension (diabetic amyotrophy), pain or numbness of the feet due to nerve damage (diabetic neuropathy), amputation of legs due to gangrene, and impotence due to damage nerves of the penis (erectile dysfunction).

Type 2 diabetes can be treated with cupping of points 2, 3, 6 and 8 with only 30% success rate due to the fact that the pancreas are located deep inside the viscera behind the liver. However, a much higher success rate is achieved by applying Aggressive Cupping combine with Pure Salt therapy. For diabetes type 2 Pure Salt therapy comprise of daily one hour exercise, gradual reduction of food followed by fasting, daily pure salt half body bath, consumption of pure salt (preferably 200 hour pure salt or minimum 30-hr pure salt), stress reduction techniques and adopting a positive mental attitude to diabetes.