

Musical Massages

Therapeutic Music To Support, Soothe & Comfort



Sound Sessions

Vibrational Sound Therapy (VST) combines powerful vibration and tones to induce an immediate relaxed state. The tones are generated when singing bowls, which are placed on your body, are struck with a felt mallet. You feel the vibration of the bowls which puts you in a state of relaxation. VST is a gentle, relaxing service that can be done with your clothes on or incorporate into a massage session.

Harp Therapy provides live therapeutic music exclusively on the small therapy harp to support healing of body, mind and spirit offering comfort, relaxation and release of emotions wherever that recipient may be - in a chair, in bed, on a gurney, in a room, a hallway or a waiting area. The recipient need do nothing but rest into the gentle sounds of the harp which has been used as an instrument of healing since Biblical times. To experience this is to understand why so many people love it and so easily relax into it. The specific effects of the harps unique timbre promotes a sense of well-being in the recipient as well as in the player. Taking harp lessons has its own benefits. Harp music can help soothe, support and celebrate.

1

HARP THERAPY

Tammy offers live harp therapy sessions at the bedside/chair at her studio or travels to client, or can be combined with a Swedish Massage.

2

SINGING BOWLS

Carla offers a grounding or clearing with each singing bowl/ VST session. Available for individuals or small groups in her studio.

3

COMBINATION

Personal sound sessions combining a variety of selected VST instruments with/out complementing a Swedish or Therapeutic massage.



Carla Jorgenson
massagebycarlaalgoma.com

(920) 255-0166



Tammy Kazmierczak
www.46strings.com

(920) 883-9793

Algoma Medical Center



Studios located inside the west end of Algoma Medical Center building at 1510 Fremont Ave, Algoma, WI 54201 entrance on Sunset Ave.

Benefits of Live Therapeutic Music

*Would you like relief from stress and tension?
Do you need to improve your circulation or digestion?
Are tight muscles or high blood pressure a problem?*

If you answered yes, then a musical massage is for you!*

Improve your health. Rejuvenate your body.

Therapeutic music and massage can:

- Relieve stress and tension
- Improve digestion
- Lower blood pressure and heart rate
- Calm nerves
- Relieve tension headaches
- Relax tight muscles
- Clear mind and release emotions

*Not recommended for clients that are pregnant or with medical conditions that include pacemakers or metal replacements or PTS.

Individual Sound Sessions start at \$45 for 30 minutes offering:

- Singing Bowls: \$50 (includes Grounding or Clearing)
- Live Therapy Harp at bedside or in chair; \$50-100/30-60 minutes
- Combination of collective Vibrational Instruments with two musicians; \$90

Couples Sound Sessions start at \$100, additional \$20 per person for 30 or 60-minute sessions offered exclusively in our Algoma studio space.

*Sound Messages can be combined with a Swedish or Therapeutic Massage during singles or couples massages based upon availability.

*Price based upon custom-designed service. 24-hour cancellation notice or a minimum of \$25 cancellation fee will be applied.



“personal comments”

“I'm so relaxed!”

“Feeling like myself again.”

“I can breathe again!”

“I love the atmosphere here...”

Feel good and give yourself or your loved one the gift of a great experience where the ambiance is relaxing and warm, and the sounds are soothing. Special packages for couples. Gift certificates available. Call or visit website for prices. Fees subject to change. Schedule your appointment today!!

ABOUT THE THERAPISTS

Algoma based **Carla Jorgenson** is a fully insured, state licensed, nationally board certified Massage Therapist through Blue Sky School and Vibrational Sound Therapy Certified Practitioner who has been practicing professionally since 2005. She offers the following services for individuals or couples: Swedish/Therapeutic Massages with/out Aromatherapy, Vibrational Sound Therapy, Hot Stone Massage, Raindrop Therapy, among other specialties. Her reputation in providing the benefits of massage therapy and serving each individual with the unique care and special attentiveness they deserve is attributed to her strive in excellence and years of experience with the elderly and her incredible special touch.

Tammy Kazmierczak is a Christ-centered & Hospital-Certified Harp Therapist, & in 2018 completed her certification at Bedside Harp in Bensalem, PA, interning at Robert Wood Johnson University Hospital in Hamilton, NJ, serving all patients & bringing soothing harp music right to the bedside. She has a special experience in hospice and cancer treatment centers along with memory care units, assisted living communities & intensive care units keeping her qualified to custom tailor live therapeutic music to meet a wide range of circumstances in healthcare, wellness, & private settings for patients, staff & the worried-well. 30 years of experienced playing & teaching professionally has enabled Tammy to be a more sensitive musician who can assess a patient to provide the most appropriate music to facilitate healing music. She also offers private lessons, group harp circles, recordings, & music at special events in NEW.

