

### Tattoo Aftercare:

The aftercare following a tattoo is very important to promote good healing for your tattoo and prevent any risks of infection.

For the first week or so after having your tattoo it is normal for the area to be red and tender. Infections with any form of body art can be a risk, so it is important to follow the instructions given to you by the artist regarding taking care of your tattoo.

#### **Hand washing:**

It is very important to ensure you have clean hands before touching the area of the tattoo. Wash your hands thoroughly with warm water and liquid soap; always dry your hands after with a clean towel or paper towel. This will remove most germs and therefore eliminating germs being transferred to the affected area.

#### **Aftercare:**

- Your tattoo will be covered up by the artist using cling film and micropore tape after the tattoo is complete. Three hours after having your tattoo you should remove the cling film and micropore tape and wash the tattoo down with warm soapy water, then rinsing the area with warm water until all soap is removed. Then dry the area with a clean paper towel, and allow the area to air dry for 20 minutes. Then apply a thin layer of cream, creams that we recommend to use are cocoa butter or Tattoozzz Aftercare. Creams can be purchased from the practitioner or a pharmacist.
- We then recommend to leave the tattoo unwrapped, as the air can reach the tattoo. Repeat the washing down routine of the tattoo 3 times a day, using the warm soapy water, allowing the area to air dry then applying cream. Aftercare cream should be applied after every time the tattoo is washed, and additional cream should be applied when the tattoo looks / feels dry or is itchy / flaky.

#### **Please note:**

When removing the cling film that is used to wrap the tattoo, there may be plasma that has formed around the tattoo, this will be black and have a gooey texture. It is an unformed scab and it is perfectly normal for this black plasma to form over the tattoo and it is important not to worry about this. It should come off as you wash the tattoo, as it will be loose, if it doesn't come off with ease, it is important not to try and remove the plasma by picking it off.

Tattoos become itchy, as with any healing wound. It is important not to itch the area of the tattoo, and when the tattoo feels itchy or dry, simply apply another thin layer of cream.

Submerging the tattoo in water is not recommended so we suggest avoiding swimming and baths for two weeks after having the tattoo.

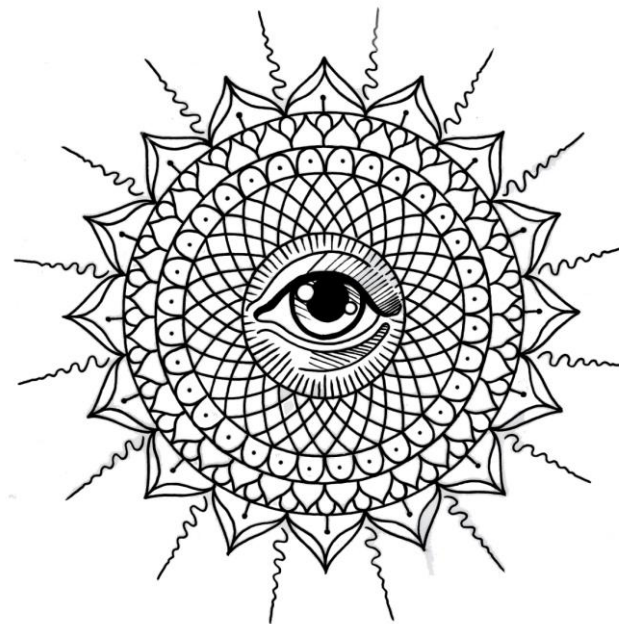
We also recommend avoiding direct sunlight for two weeks prior to having the tattoo.

If the appropriate aftercare procedure is NOT followed, there is an increased risk of infection.

So it is very important to follow the aftercare instructions. If have any concerns regarding your tattoo, speak to the artist or seek medical attention.

# Real

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