## MILEAGE CHAMPIONS

Congratulations to the 20 Trispokes who participated in this year's Offseason Mileage Competition! We had an influx of newer members participating as well as a sprinkling of veterans. Some people were in full-on training for triathlons and runs, others were coming off of injuries, some were rounding into shape or even doing it just for the fun! No matter what your reason, we hope you enjoyed playing, and now you can bask in the glory of conquering this two-month endeavor!

## Joe Butkiewicz



Maria Jose Araujo


Joe Butkiewicz, the 2021 mileage winner and a longtime club member, and Maria Jose Araujo, one of the club's newest members, both passed the leaders in the final week of the competition to reign as this year's men's and women's Offseason Mileage Competition champions.

From the get-go, the men's division was closely contested between Joe and last year's champion, Sam Torres. As expected, Joe amassed huge swim points, while Sam piled on the run points. Sam held a mere 7-point overall lead after eight weeks, but Joe's final burst in Week 9 claimed the title.

2,639.25 Total points to win overall title by just 51 over Sam Torres
1,987 Number of swim points ( 22,078 yards per week and a total of 113 miles) 267.50 Points scored in final week, which was only four days
10 Number of discipline victories, most in the men's division ( 9 swim, 1 bike)

The women's division became a race between two of the club's newest members. Maria didn't start playing until Week 3 but slowly cut into Zenilda Thompson's lead with consistency in all three disciplines. At the end of Week 8, Zenilda still held a 21-point lead, but Maria put on a final-week surge.
830.90 Total points to win women's division by 84 over Zenilda Thompson
305 Total bike points to win the women's discipline by just 20 points
279 Total swim points to win the women's discipline by more than 200 points
13 Number of discipline victories, most of any competitor ( 7 swim, 4 bike, 2 run)

## TRISPOKES MILEAGE COMPETITION 2024 -- BY THE NUMBERS

## FINAL OVERALL RESULTS

OVERALL POINTS (January 1 through February 29, 2024)
100 yards swim = 1 point 1 mile bike $=1$ point 1 mile run $=3$ points

| MALE | TOTAL | Swim | Bike | Run | FEMALE | TOTAL | Swim | Bike | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Joe Butkiewicz | 2,639.25 | 1,987.00 | 492.50 | 159.75 | Maria Jose Araujo | 830.90 | 279.00 | 305.00 | 246.90 |
| Sam Torres | 2,588.60 | 292.00 | 454.00 | 1,842.60 | Zenilda Thompson | 746.17 | 76.54 | 285.90 | 383.73 |
| Elliot Feng | 2,022.75 | 614.00 | 907.50 | 501.25 | Tonia Holmes | 504.50 | 47.00 | 69.60 | 387.90 |
| Ryan Dembosky | 1,774.33 | 703.00 | 917.08 | 231.45 | MichelePackebush | 397.09 | 49.20 | 82.30 | 265.59 |
| Louis Bravos | 1,678.88 | 747.20 | 891.36 | 40.32 | Christina Branson | 255.90 | 13.40 | 177.00 | 65.50 |
| Mike Barella | 1,015.44 | 220.00 | 396.83 | 398.61 | Susie Evans | 258.18 | 26.18 | 58.90 | 173.10 |
| Graham Bailey | 1,000.48 | 184.75 | 319.74 | 495.99 | Donna Henderson | 207.10 | 0.00 | 99.70 | 107.40 |
| Danny Edwards | 932.50 | 183.23 | 534.39 | 214.88 | Marti Sanders | 52.50 | 0.00 | 0.00 | 52.50 |
| Joshua Cash | 779.39 | 0.00 | 170.20 | 609.19 |  |  |  |  |  |
| Hong Tang | 728.36 | 166.36 | 94.00 | 468.00 |  |  |  |  |  |
| Clint Waller | 300.90 | 34.00 | 188.90 | 78.00 |  |  |  |  |  |
| Floyd Reading | 135.10 | 72.00 | 25.00 | 38.10 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| SWIM |  |  |  |  | SWIM |  |  |  |  |
| Joe Butkiewicz | 1,987.00 |  |  |  | Maria Jose Araujo | 279.00 |  |  |  |
| Louis Bravos | 747.20 |  |  |  | Zenilda Thompson | 76.54 |  |  |  |
| Ryan Dembosky | 703.00 |  |  |  | MichelePackebush | 49.20 |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| BIKE |  |  |  |  | BIKE |  |  |  |  |
| Ryan Dembosky | 917.08 |  |  |  | Maria Jose Araujo | 305.00 |  |  |  |
| Elliot Feng | 907.50 |  |  |  | Zenilda Thompson | 285.90 |  |  |  |
| Louis Bravos | 891.36 |  |  |  | Christina Branson | 177.00 |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| RUN |  |  |  |  | RUN |  |  |  |  |
| Sam Torres | 1,842.60 |  |  |  | Tonia Holmes | 387.90 |  |  |  |
| Joshua Cash | 609.19 |  |  |  | Zenilda Thompson | 383.73 |  |  |  |
| Elliot Feng | 501.25 |  |  |  | MichelePackebush | 265.59 |  |  |  |
|  |  |  |  |  |  |  |  |  |  |

## RESULTS BY SEGMENT

Male, female winners by segment, January 1 through February 29, 2024

| MEN | Overall | Swim | Bike | Run | WOMEN | Overall | Swim | Bike | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ONE | Torres | Butkiewicz | Feng | Torres | ONE | Thompson | Packebush | Thompson | Thompson |
| TWO | Torres | Butkiewicz | Dembosky | Torres | TWO | Holmes | Packebush | Thompson | Holmes |
| THREE | Butkiewicz | Butkiewicz | Dembosky | Torres | THREE | Araujo | Araujo | Araujo | Holmes |
| FOUR | Torres | Butkiewicz | Dembosky | Torres | FOUR | Araujo | Araujo | Thompson | Packebush |
| FIVE | Torres | Butkiewicz | Butkiewicz | Torres | FIVE | Evans | Araujo | Branson | Evans |
| SIX | Butkiewicz | Butkiewicz | Feng | Torres | SIX | Araujo | Araujo | Araujo | Holmes |
| SEVEN | Torres | Butkiewicz | Dembosky | Torres | SEVEN | Araujo | Araujo | Araujo | Araujo |
| EIGHT | Butkiewicz | Butkiewicz | Bravos | Torres | EIGHT | Thompson | Araujo | Thompson | Thompson |
| NINE | Butkiewicz | Butkiewicz | Bravos | Torres | NINE | Araujo | Araujo | Araujo | Araujo |
|  | Segments | Segment victories | Discipline victories | Sw/Bi/Rn |  | Segments completed | Segment victories | Discipline victories | Sw/Bi/Rn |
| Butkiewicz | 9 | 4 | 10 | 9/1/0 | Thompson | 9 | 2 | 6 | 0/4/2 |
| Torres | 9 | 5 | 9 | 0/0/9 | Packebush | 9 |  | 3 | 2/0/1 |
| Feng | 9 |  | 2 | 0/2/0 | Branson | 8 |  | 1 | 0/1/0 |
| Dembosky | 9 |  | 4 | 0/4/0 | Araujo | 7 | 5 | 13 | 7/4/2 |
| Bravos | 9 |  | 2 | 0/2/0 | Holmes | 7 | 1 | 3 | 0/0/3 |
| Barella | 9 |  |  |  | Evans | 7 | 1 | 1 | 0/0/1 |
| Bailey | 9 |  |  |  | Henderson | 3 |  |  |  |
| Edwards | 9 |  |  |  | Sanders | 1 |  |  |  |
| Tang | 9 |  |  |  |  |  |  |  |  |
| Cash | 8 |  |  |  |  |  |  |  |  |
| Waller | 3 |  |  |  |  |  |  |  |  |
| Reading | 3 |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |

Past winners: 2023: Sam Torres (men), Michele Packebush (women)

2022: Ryan Dembosky, Heidi Jaramillo
2019: Aaron Lee, Katie Reimers
2017: David Plyler, Pam Plyler

2021: Joe Butkiewicz, Nicole Giumarra 2018: Elliot Feng, Abby Epton 2016: Aaron Orndorff, Jessica Moore

## SOME MILEAGE HIGHLGHTS ...

1,842.60 The number of run points amassed by Sam Torres to win the discipline by more than 1,200 points

Torres
917.08 The number of bike points scored by discipline winner Ryan Dembosky (the overall 2022 champion) in one of the closest bike competitions. Ryan finished 10 points ahead of Elliot Feng and 26 ahead of Louis Bravos
747.20 The number of swim points totaled by well-known cyclist Louis Bravos to finish second in the disci-
 pline ahead of such swim stars as Ryan Dembosky and Elliot Feng
387.90 The number of run points scored by Tonia Holmes to win the women's discipline in an extremely close finish. Tonia scored just four points more than Zenilda
 Thompson

7 The number of consecutive swim disciplines won by overall women's champion Maria Jose Araujo

11 The number of Trispokes participating in all nine weekly segments

5 The number of segment victories each by Sam Torres and Maria Jose Araujo, most in the competition

3 The number of Trispokes breaking 2,000 points (Joe Butkiewicz, Sam Torres, Elliot Feng)

