

TRIATHLON					DUATHLON				
Super sprint	200y swim	6m bike	1.5m run	TIME	Super sprint	1m run	6m bike	1.5m run	TIME
Elliot Feng	2:54	14:16	8:53	26:03	Elliot Feng	5:46	14:51	9:22	29:51
Brenton Hulstrom	2:59	15:27	10:17	28:43	Franck Pichard	6:26	15:23	10:58	32:47
Franck Pichard	3:13	15:07	10:29	28:49	Brenton Hulstrom	6:45	17:47	11:24	35:56
M.Colmenares	2:28	17:33	12:05	32:06	NicholeDavenport	7:07	18:20	10:52	36:19
Henry Rivera	5:29	21:16	12:43	39:28	Jessa Sandlin	12:21	38:25	18:36	1:09:22
Jessa Sandlin	4:25	24:38	18:54	47:57	Danny Edwards		17:52		
Christina Branson	5:16	21:11	26:42	53:09					
Sid Hessler	4:27	33:35	22:27	1:01:29					
Danny Edwards	3:55	17:49			Sprint	1.5m run	12m bike	3m run	TIME
Sprint	500y swim	12m bike	3m run	TIME	Elliot Feng	9:23	34:17	19:55	1:03:35
Elliot Feng	7:25	30:15	19:02	56:42	Franck Pichard	11:05	32:10	21:42	1:04:57
Franck Pichard	10:16	30:37	21:39	1:02:32	Bren.Hulstrom	10:39	39:58	21:48	1:12:21
Bren.Hulstrom	8:40	31:37	23:19	1:03:36	NicholeDavenport	11:57	37:59	23:43	1:13:39
M. Colmenares	6:30	34:01	24:15	1:04:46	Jessa Sandlin	17:12	47:29	34:42	1:39:23
Jessa Sandlin	12:15	55:09	36:51	1:44:15					
Danny Edwards	9:47	35:30							
Brooke Ambrose			23:00						
Olympic	1,500y swim	25m bike	6m run	TIME					
Franck Pichard	30:45	1:05:42	42:26	2:18:53	Olympic	3m run	25m bike	6m run	TIME
Brenton Hulstrom	24:32	1:10:44	44:26	2:19:43	Bren.Hulstrom	21:44	1:11:04	41:28	2:14:16
M. Colmenares	19:30	1:13:45	53:01	2:26:16	Franck Pichard	22:05	1:11:07	42:50	2:16:02
Brooke Ambrose	41:00	1:25:00	45:00	2:51:00	Jessa Sandlin	39:47	1:37:26	1:43:09	4:00:22
Jessa Sandlin	35:42	1:51:07	1:09:18	3:36:07					
Elliot Feng			40:57						
					Long course	6m run	50m bike	12m run	TIME
Half	1.2m swim	56m bike	13m run	TIME	Franck Pichard	44:49	2:26:15	1:31:19	4:42:23
Elliot Feng	27:54	2:28:56	1:42:00	4:38:50	Brenton Hulstrom	43:30	2:28:51	1:36:58	4:49:19
Franck Pichard	37:57	2:50:00	1:35:00	5:02:57	M. Colmenares		2:49:22		
Brenton Hulstrom	34:36	2:49:52	1:45:03	5:09:31					
Full	2.4m swim	112m bike	26m run	TIME					
AQUABIKE									
Super sprint	300y swim	8m bike	TIME		SPLASH & DASH				
Elliot Feng	4:36	20:10	24:46		Super sprint	300y swim	2m run	TIME	
M. Colmenares	3:45	24:00	27:45		Elliot Feng	4:21	13:10	17:31	
Danny Edwards	5:42	24:11	29:53		Brenton Hulstrom	5:33	13:35	19:08	
Brenton Hulstrom	5:50	25:06	30:56		Sid Hessler	6:35	38:54	45:29	
Jessa Sandlin	7:21	39:51	47:12		Danny Edwards	5:52			
Sprint	800y swim	12m bike	TIME		Sprint	500y swim	3.5m run	TIME	
M.Colmenares	10:03	33:12	43:15		Elliot Feng	7:25	24:15	31:40	
Elliot Feng	11:31	35:57	47:21		Brenton Hulstrom	8:24	27:20	35:44	
Brenton Hulstrom	13:58	34:05	48:03		Danny Edwards	9:37			
Danny Edwards	15:04	36:00	51:04						
Jessa Sandlin	27:52	54:03	1:21:55		Olympic	1500y swim	6m run	TIME	
					Elliot Feng	23:00	40:57	1:03:57	
Olympic	1,500y swim	25m bike	TIME		Brenton Hulstrom	24:39	50:59	1:15:38	
Elliot Feng	22:19	1:09:46	1:32:05						
Brenton Hulstrom	24:31	1:13:10	1:37:41		Long course	1.2m swim	13m run	TIME	
M. Colmenares	19:03	1:20:10	1:39:13		Brenton Hulstrom	37:26			
Danny Edwards	34:15	1:16:13	1:50:28						
Jessa Sandlin	35:42	1:51:07	2:26:49						
Half	1.2m swim	56m bike	TIME						
Brenton Hulstrom	32:38	2:47:16	3:19:54						
M. Colmenares	28:27	3:07:56	3:36:23						
Danny Edwards	45:59	3:11:13	3:57:12						
Full	2.4m swim	112m bike	TIME						