TRISPOKES ANNUAL PARTICIPATION CHALLENGE
January 1, 2022 – December 31, 2022

WHAT IS IT?
A year long competition rewarding club members for participating in events, volunteering, showing up for club workouts, and overall being active club members. This competition is not based on how well you do in a triathlon, only that you show up or help out. In this sense it is much more fair to all club members, rewarding you for supporting the Bakersfield Trispokes rather than how fast you are.

HOW DO I SCORE POINTS?
The point value are as follows:
<u>1 Point</u>
A social media post to the bakersfield trispokes facebook page

<u>5 Points</u>
Participating in a workout of 3 or more trispokes members

<u>10 Points</u>
Attending monthly meetings
Attending scheduled club workshops (transition clinic, swim clinic, bike cleaning clinic ect.)
Volunteering at an event (tri or non tri)

<u>15 Points</u>
Racing in an organized Non-Tri event
Racing in a triathlon outside of the central valley

<u>20 Points</u>
Racing or volunteering in a designated "club triathlon" (list to follow)
Racing in a non-club central valley triathlon

<u>25 Points</u>
Racing or Volunteering in a Bakersfield Triathlon (Lake Evans or Lake Ming)

Categories do not stack, with the exception of social media posts. For example you can do a club workout with 3 people and post to the facebook page, this would total 6 points. However you cannot race a club triathlon and volunteer for the same event to earn 40 points. Also someone else like a wife or husband or kid cannot volunteer for you and earn points for you.

HOW DO I TURN IN MY RESULTS?
For monthly meetings and club workshops a sign in sheet will be used to record participation, for all other events you will need to submit them via the form. The bakersfield trispokes facebook page will be periodically scanned for posts and credit applied.

SUBMIT YOUR RESULTS ON https://bakersfieldtrispokes.org/ there will be a form to fill out on the website

WHEN DO I TURN IN MY RESULTS?
You can input your results daily if you like, but there are deadlines for inputting results on a two-week basis. This keeps participants from hoarding their results and suddenly inputting massive points in at the end.

Schedule for Submittals:

Date Range	Submit by
Jan 1st - Jan 16th	Submit by Jan 18th
Jan 17th - Jan 30	Submit by Feb 1st
Jan 31st - Feb 13th	Submit by Feb 15th
Feb 14th - Feb27th	Submit by March 1st
Feb 28th - Mar 13th	Submit by March 15th
Mar 14th - Mar 27th	Submit by March 29th
Mar 28th - Apr 10th	Submit by April 12th
Apr 11th - Apr 24th	Submit by April 26th
Apr 25 - May 8th	Submit by May 10th
May 9th - May 22nd	Submit by May 24th
May 23rd - Jun 5th	Submit by June 7th
Jun 6th - Jun 19th	Submit by Jun 21st
Jun 20th - Jul 3rd	Submit by July 5th
Jul 4th - Jul 17th	Submit by Jul 19th
Jul 18th - Jul 31st	Submit by August 2nd
Aug 1st - Aug 14th	Submit by August 16th
Aug 15th - Aug 28th	Submit by August 30th
Aug 29th - Sept 4th	Submit by September 6th

Sept 5th - Sept 18th	Submit by September 20th
Sept 19th - Oct 2nd	Submit by October 4th
Oct 3rd - Oct 16th	Submit by October 18th
Oct 17th - Oct 30th	Submit by November 1st
Oct 31st - Nov 13th	Submit by November 15th
Nov 14th - Nov 27th	Submit by November 29th
Nov 28th - Dec 11th	Submit by December 13th
Dec 12th - Dec 31st	Submit by January 2nd