

January 22, 2020

The Bakersfield Trispokes' board of directors, in light of the significant jump in cases and deaths in Kern County and the nation regarding COVID-19, has voted unanimously to maintain safety measures implemented and in place since March 2020. Club monthly meetings and board meetings will be regularly held through social networking platforms, such as Zoom, and official activities will continue to be offered through a virtual format. Club activities that involve face-to-face interaction in large groups will not take place at this time, and then will be evaluated depending on the prevalence of the virus in Kern County.

Despite the restrictions, the Trispokes will continue to strive to inspire local triathletes of all levels of interest, ability and experience. The club encourages informal small-group gatherings that promote a healthy lifestyle through the training and camaraderie of multisport while practicing safety measures including wearing of masks before and after activities, and social distancing.

The Trispokes also encourage members to participate in any events that are approved in the Central Valley that provide a clear outline of safety measures taken before, during and after the race.

Trispokes board

Danny Edwards

Abby Epton

Tracey Crawford

Mike Toland

Brooke Ambrose