## Jingle Bell Run

Bakersfield, California
December 19, 2019

## 5-kilometer

${ }^{* *}$ Abby Collins, 28:12.0, 60th overall, 13thin women's 30-39
** Matt Collins, 28:12.2, 61st overall, 6thin men's 40-49

## California International Marathon

## December 8, 2019

Sacramento, California (7,502 finishers)
** Frank Martin, 3:05:50, 1,257th overall, 105th in men's 40-44
** Charles Brown, 3:27:41, 2,272nd overall, 219th in men's 40-44
** Steve Dalke, 3:38:13, 2,784th overall, 102nd in men's 55-59

Mr. Toad's Wild Run

December 7, 2019
Bakersfield, California
20-kilometer (84 finishers)
** Lynelle Summers, 2:01:30.71, 20th overall, 1st in women's 50-59

## Bakersfield Marathon

November 17, 2019
Bakersfield, California
Marathon (275 finishers)
** David Plyler, 3:18:34.1, 20th overall, 1st in men's 50-59
** Kenny Lawrence, 3:28:13.4, 29th overall, 9th in men's 30-39
Half-marathon (838 finishers)
** Frank Martin, 1:32:13.7, 28th overall, 6th in men's 40-49
** Mike Toland, 1:51:19.7, 118th overall, 4th in men's 60-69
** Kim Brown, 1:55:28.8, 145thoverall, 17th in women's 40-49
** Lynelle Summers, 210thoverall, 2:00:21.8, 7th in women's 50-59
** Brian Cain, 3:22:07.8, 782nd overall, 90th in men's 40-49
10-kilometer (343 finishers)
** Robert Meyer, 43:08.0, 9thoverall, 2nd in men's 20-29
** Matt Collins, 55:15.8, 52ndoverall, 6th in men's 40-49
** Abby Epton, 56:11.9, 60thoverall, 9th in women's 30-39
** Floyd Reading, 1:39:14.9, 324th overall, 29th in men's 40-49
** Michele McDermott, 1:39:18.0, 325th overall, 50th in women's 40-49
5-kilometer (784 finishers)
** Donna Winkley, 27:42.4, 85th overall, 1st in women's 50-59
** Pam Plyler, 53:57.3, 624thoverall, 59th in women's 50-59

## Monster Mash Dash 5k

October 27, 2019
Bakersfield, California (199 finishers)
** Matt Collins, 27:38.3, 22nd overall, 6th in men's 40-49
** Abby Collins, 27:44.4, 24th overall, 6th in women's 30-39

## Hoffman Hospice Run to Remember

October 26, 2019
Bakersfield, California
10-kilometer ( 68 finishers)
** Donna Winkley, 59:22, 21st overall, 6th in women's 50-59

## Chicago Marathon

October 13, 2019
Chicago, Illinois (45,000 entrants)
** David Plyler, 3:19:27, 299th in men's 50-54, 4,085th overall
** Pam Plyler, 3:50:07, 181st in women's 50-54, 12,916th overall, 3,562nd female overall
** Lori Soriano, 4:04:53, 929th in women's 40-44, 17,975th overall, 5,686th female overall

## Judgment Day Half Marathon

October 12, 2019
Bakersfield, California ( 322 finishers)
** Steve Dalke, 1:38:02. 09, 13th overall, 2nd in men's 55-59
** Lynelle Summers, 1:56:50.76, 73rd overall, 1 st in women's $50-54$, 18th female overall
** llham Lamnaji, 2:05:37.50, 107th overall, 10th in women's 40-44, 31st female overall

## San Jose Rock 'n Roll

October 4-5, 2019
San Jose, California
5-kilometer (1,231 finishers)
** Cheryl Vianzon, 25:34, 117th overall, 32nd among women, 7th in women's 35-39
Half-marathon ( 6,370 finishers)
** Cheryl Vianzon, $1: 54: 28,1,156$ overall, 221 st among women, 35 th in women's 35-39

## She Is Beautiful Runs

September 14, 2019
Santa Barbara, California
10-miler (209 finishers)
** Donna Winkley, 1:47:03, 99th overall, 6th in women's 50-54

## Hell of a Half Marathon

August 17, 2019
Exeter, California
** Lynelle Summers, 2:12:32.82, 160th overall, 39th among women, 3rd in women's 5054
** Ilham Lamnaji, 2:15:02.00, 174th overall, 43rd among women, 7thin women's 35-39

## Tehachapi Mountain Gallop

August 17, 2019
10-kilometer run (36 finishers)
** Donna Winkley, 1:01.07, 13th overall, 2nd in women's 50-59, 4th overall female

## Jack and Jill Marathon

July 27, 2019
Snoqualmie Pass, Washington
693 finishers
** David Plyler, 3:32.26, 158th overall, 14th in men's 50-54
** Pam Plyler, 3:51.23, 277th overall, 120th among women, 8th in women's 50-54

## Rock to Pier Run

July 20, 2019
Morro Bay, California
Half-marathon ( 254 finishers)
** David Plyler, 1:32:35, 10th overall, 2nd in men's 50-54
** Pam Plyler, 1:57:50, 55th overall, 1st in women's 50-54, 13th female overall
** Lynelle Summers, 2:05:57, 83rd overall, 3rd in women's 50-54, 27th female overall
10-kilometer (833 finishers)
** Norma Diaz, 1:09:32, 351st overall, 13th in women's 55-59, 161st female overall
** Donna Henderson, 1:39:47, 658th overall, 47th in women's 50-54, 370th female overall

## Shoreline Half Marathon

July 14, 2019
Ventura, California
** Donna Winkley, 2:19:12, 171st overall, 11th in women's 50-59, 94th overall female

## Bass Lake Triathlon 5k Poker Run

Bass Lake, Oakhurst, California
June 1, 2019 (75 finishers)
5-kilometer run
** Lori Blodorn, 36:39, 37th overall, 3rd in women's 45-49
** Terri Wheeler, 46:47, 62nd overall, 4th in women's 55-59

## H.A.L.T. Rescue Run

Bakersfield, California
June 1, 2019
10-kilometer (33 finishers)
** Frank Martin, 42:51, 2ndoverall, 1st in men's 40-49
** Donna Winkley, 1:00:37, 15th overall, 1st in women's 50-59
5-kilometer (124 finishers)
** Norma Diaz, 32:41, 27thoverall, 2nd in women's 50-59

## Hot Fudge Sundae Run

Bakersfield, California
June 1, 2019
5-kilometer (190 finishers)
** Lynelle Summers, 25:49.0, 30th overall, 1st in women's 50-59

## Bay to Breakers

May 19, 2019
San Francisco, California
12-kilometer (50,000 participants)
** Louis Bravos, 1:05:39, 1,988th overall, 19th in men's 60-64

Mother's Day Run
Bakersfield, California
May 12, 2019
5-kilometer (176 finishers)
** Lynelle Summers, 25:55.8, 19th overall, 2nd in women's 50-59

Reno's Biggest Little Half Marathon
May 5, 2019
Reno, Nevada (331 finishers)
** Donna Winkley, 2:32:18, 233rd overall, 104th female, 7th in women's 50-54

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May 4, 2019
Bakersfield, California
5-kilometer adult (153 finishers)
** Rich Wilson, 27:16, 29thoverall, 7th in men's 40-49
** Jessica Wilson, 33:56, 53rdoverall, 7th in women's 30-39
5-kilometer child
** Erik Wilson, 27:15, 2nd overall!
2-kilometer child
** Torri Wilson, 17:06, 2nd overall!

## Delaware Half Marathon

April 28, 2019
Wilmington, Delaware
** Ben Villasenor, 1:44:33.6, 67th overall, 5th in men's 35-39

## San Luis Obispo Half Marathon

April 28, 2017
San Luis Obispo, California (1,465 entrants)
** Anna Oleson, 2:01:20, 544th overall, 80th in women's 25-29, 190th female

## Kern River Trail Runs

April 27, 2019
Bakersfield, California
10-mile (82 finishers)
** Lori Thompson, 2:00:44, 25th overall, 2nd in women's 50-59
** Lynelle Summers, 30th overall, 3rd in women's 50-59
5-kilometer (29 finishers)
** Donna Winkley, 33:01, 12th overall, 2nd overall female, 1st over-50 female

Diablo Trails Challenge<br>April 13, 2019<br>Walnut Creek, California<br>Half-marathon<br>** Donna Winkley, 3:41:24, 217th overall, 7th in women's 50-54, 51st female

Carlsbad 5000
Carlsbad, California
April 6, 2019
** David Plyler, 19:15, 72nd among 922 men, 72nd among all over-40 men, 17th in men's 50-54
** Frank Martin, 19:31, 83rd among 922 men, 83rd among all over-40 men, 32nd in men's 40-44
** Lori Soriano, 22:25, 66th among 894 women, 53 rd among all over- 40 women, 25 th in women's 40-44
** Pam Plyler, 25:37, 171st among 894 women, 138th among all over-40 women, 22nd in women's $50-54$

## Los Angeles Marathon

March 24, 2019
Approximately 20,000 finishers
** David Plyler, 3:11:58, 292nd overall, 15th in men's 50-54
** Brian Cain, 12,055th overall, 5:38:17. 973rd in men's 40-44

## Napa Valley Women's Half Marathon

Napa, California
March 24, 2019 (2,025 finishers)
** Lori Thompson, 2:00:01, 327th overall, 11th out of 165 in 55-59
** Donna Winkley, 2:31:06, 1,099th overall, 99th in 50-54

Building Bridges Super '70s Run
March 23, 2019
Bakersfield, California (109 finishers)
5-kilometer
** Frank Martin, 20:00, 2nd overall, 1st in men's 40-49
** Norma Diaz, 44:37, 74th overall, 6th in women's 50-59
** Donna Henderson, 48:23, 84th overall, 9th in women's 50-59

## Are You Faster Than a Fifth-Grader <br> February 23, 2019

Bakersfield, California
4-mile run (45 finishers)
** Frank Martin, 26:57, 3rd overall, 1st in men's 40-49

## Heavenly Half Marathon

Auberry, California
March 17, 2019
581 finishers
** Steve Dalke, 1:31:27.35, 19th overall, 3rd in men's 50-59
** Lynelle Summers, 1:50:54.96, 91st overall, 4th in women's 50-59, 33rd female
** Ilham Lamnaji, 1:55:52.35, 129nd overall, 21st in women's 50-59, 54th female
** Michele McDermott, 2:54:15.89, 468th overall, 98th in women's 40-49, 274th female
** Floyd Reading, 3:02:52.07, 496th overall, 59th in men's 40-49

St. Patrick's Day Run

March 16, 2019
River Walk, Bakersfield
5-kilometer (126 finishers)
** Norma Diaz, 38:40.17, 89th overall, 10th in women's 50-59

## Bakersfield Donut Run

March 10, 2019
Bakersfield, California
5-kilometer (320 finishers)
** Lynelle Summers, 25:32.8, 27th overall, 1st in women's 50-59
** Norma Diaz, 48:23.3, 250th overall,
** Sid Hessler, 58:39.2, 301st overall

## Field 'N' Dale

March 9, 2019
Bakersfield, California
12-kilometer (62 finishers)
** Lori Thompson, 1:08:07, 6th overall, 1st female overall! 1st in women's 50-59
6-kilometer (107 finishers)
** Donna Winkley, 38:11, 26th overall, 3rd in women's 50-59
** Donna Henderson, 1:03:01, 79th overall
** Sid Hessler, 1:03:24, 81st overall

End of the Trail
Saturday, February 23, 2019
Visalia, California
Half-marathon (528 finishers)
** Patrick Mason, 1:41:62.59, 59th overall, 19th in men's 30-39
** Ilham Lamnaji, 2:11:29.08, 253rd overall, 39th in women's 30-39, 103rd female overall
10-kilometer (360 finishers)
** Lori Thompson, 50:19.98, 30th overall, 1st in women's $50-59$ overall, 1 st in women's master's, 11th female overall

Valentine's Day Run
February 9, 2019
CSUB campus, Bakersfield, California
10-kilometer (84 finishers)
** Preston Fernandes, 42:05.43, 8th overall, 4th men's 30-39
** Brenton Hulstrom, 42:13.81, 9th overall, 3rd men's 40-49
** Lori Thompson, 51:35.97, 27th overall, 1st women's 50-59
** Lynelle Summers, 54:58.23, 34th overall, 3rd women's 50-59
5-kilometer (292 finishers)
** Frank Martin, 20:29.19, 7th overall, 1st men's 40-49
** Danny Edwards, 24:12.45, 25th overall, 2nd men's 60-69
** Kaden Hulstrom, 26:38.31, 38th overall, 1st male 11-12
** Donna Winkley, 28:31.04, 48th overall, 1st women's 50-59
** Sid Hessler, 44:09.45, 187th overall, 5th in women's 60-69
** Floyd Reading, 44:17.93, 190th overall, 13th in men's 40-49
** Michele Packebush, 44:18.24, 191st overall, 24th in women's 40-49
** Norma Diaz, 48:49.04, 209th overall, 9th in women's 50-59

Riverbed Runs Through It
January 26, 2019
Bakersfield, California
Half-marathon (115 finishers)
** Charles Brown, 1:32:16, 11th overall, 1st in men's 40-49
** Preston Fernandes, 1:35:58, 16th overall, 7th in men's 30-39
** Lori Thompson, 1:58:57, 50th overall, 3rd in women's 50-59
** Lynelle Summers, 2:02:48, 55th overall, 5th in women's 50-59
5 -kilometer (113 finishers)
** Donna Winkley, 27:09, 30th overall, 2nd in women's 50-59
** Norma Diaz, 43:38, 88th overall

## Fog Run

January 5, 2019
Lake Ming, Bakersfield, California 10-kilometer ( 185 finishers)
** Elliot Feng, 39:56, 3rd overall, 2nd in men's 20-29
** Dane Oleson, 52:31, 44th overall, 9th in men's 20-29
5-kilometer ( 414 finishers)
** Steve Dalke, 21:08, 13th overall, 1st in men's 50-59
** Donna Winkley, 28:33, 101st overall, 4th in women's $50-59$
** Norma Diaz, 48:23, 338th overall, 28th in women's 50-59

