

TRISPOKE RUNNING 2023

Judgment Day Half Marathon

October 8, 2023

Bakersfield, California (231 finishers)

** Sam Torres, 1:46:41.59, 39th overall, 7th in men's 35-39

Santa Rosa Marathon

August 27, 2023

Santa Rosa, California (952 finishers)

** Sam Torres, 3:19:24, 168th overall, 55th in men's 30-39

Hood to Coast Relay

August 25-26, 2023

Mt. Hood/Portland, Oregon

** Panda Master, 31:24:46.7 for 198 miles (Trispokes Hong Tang was a member of the 11-person team)

Hell of a Half Marathon

August 5, 2023 (325 finishers)

Exeter, California

** Sam Torres, 1:39:48.12, 28th overall, 6th in men's 35-39

Rock to Pier

July 22, 2023

Morro Bay, California

Half-marathon (134 finishers)

** Mike Atkison, 1:53:42, 30th overall

10-kilometer run (592 finishers)

** Norma Diaz, 1:32:26, 414th overall

** Donna Henderson, 1:44:12, 469th overall

** Janae Dixon, 3:04:02, 592nd overall

Shoreline Marathon

July 16, 2023

Ventura, California

** Susie Evans, 5:37:17, 137th overall, 46th female, 18th in women's 18-29

The Great American Race 5k

July 2, 2023

Visalia, California

** Tonia Holmes, 45:14.4, 170th overall, 82nd female, 21st in women's 30-39

Rock 'n' Roll San Diego

June 3, 2023

San Diego, California

Half-marathon

** Michele Packebush, 3:00:01, 11,944th overall, 5,821st female, 367th in women's 50-54

Visalia Half-Marathon & 10k

April 30, 2023

Visalia, California

Half-marathon (296 entrants)

** Sammy Torres, 1:33:04.85, 12th overall, 3rd in men's 35-39

** Tonia Holmes, 3:36:05.34, 243rd overall, 127th female, 24th in women's 30-34

Big Sur International Marathon

April 30, 2023

Big Sur, California

11-miler (1,690 finishers)

** Michele Packebush, 2:20:03, 753rd overall, 477th female

Bakersfield Marathon

March 26, 2023

Bakersfield, California

Marathon (178 finishers)

** Hong Tang, 4:05:26.09, 52nd overall, 4th in men's 45-49

Half-marathon (454 entrants)

** Sam Torres, 1:30:58.47, 18th overall, 4th in men's 35-39

** Matt Collins, 2:02:14.35, 136th overall, 11th in men's 40-44

** Joanna Trigo, 2:09:47.11, 170th overall, 11th in women's 45-49

10-kilometer (247 finishers)

** Michele McDermott, 1:16:45.90, 141st overall, 7th in women's 50-54

6-kilometer (475 finishers)

** Norma Diaz, 1:15:37.92, 315th overall, 17th in women's 60-64

** Floyd Reading, 1:33:24.48, 454 nd overall, 13th in men's 50-54

Bakersfield Donut Run

March 25, 2023

Bakersfield, California

5-kilometers (503 finishers)

** Michael Atkison, 22:57, 20th overall, 2nd in men's 50-59

Los Angeles Marathon

March 19, 2023

Los Angeles, California (22,000 participants)

** Hong Tang, 4:10:02, 3,064th overall, 200th in men's 40-49

San Joaquin River Trail Run

March 4, 2023

Auberry, California

10-kilometer (82 finishers)

** Armando Camacho, 1:03:22.7, 13th overall, 1st men's 40-49

** Heidi Jaramillo, 1:16:49.7, 32nd overall, 2nd in women's 40-49

Ventura Marathon

February 26, 2023

Ventura, California

777 entrants

** Sammy Torres, 3:13:38, 108th overall, 18th in men's 35-39

Bakersfield Coffee Run

February 18, 2023

River Walk, Bakersfield

10-kilometer (125 finishers)

** Mike Atkison, 50:02.49, 17th overall, 4th in men's 50-59

Fresno Valentine 5k Run

February 11, 2023

300 finishers

** Armando Camacho, 23:23, 21st overall, 1st in men's 40-49

** Heidi Jaramillo, 26.:51, 40th overall, 4th in women's 40-49

** Janae Dixon, 1:32:44 (participated with young son for part of run)

Fog Run

January 7, 2023

Lake Ming, Bakersfield, California

10-kilometer (159 finishers)

** Joshua Cash, 51:34, 45th overall, 11th in men's 30-39

5-kilometer (253 entrants)

** Tonia Holmes, 44:52, 194th overall, 104th female, 24th in women's 30-39

** Donna Henderson, 49:58, 214th overall, 121st female, 15th in women's 50-59

** Norma Diaz, 54:09, 223rd overall, 128th female, 12th in women's 60-69

