



■ Lawrence Legion Basketball – Parent Info Sheet

1st & 3rd Grade Teams

Check out **LawrenceLegion.com** for updates, photos, and announcements!

■ Practice Day – Wednesdays

1st Grade: 6:30 PM – 7:30 PM

3rd Grade: 7:30 PM – 8:30 PM

Attendance matters! We expect all players to attend practice and arrive on time. However, we understand that life happens—please communicate as soon as possible if your player will miss so we can plan accordingly. Parents are welcome to stay and watch practice or drop off and pick up at the end of the session.

■ Snacks

1st Grade: We'll create a parent snack schedule (posted on GameChanger) for after games. This helps introduce our youngest athletes to team culture and community.

3rd Grade: This year, there will be no mandatory weekly snack/drink assignments. At this age, we're shifting focus toward effort and accountability—everything earned, nothing expected. You're always welcome to bring something if you wish, but there won't be a set rotation. ■■

■ Fan Behavior

We know it's not always easy to stay calm during games—we've all been there! Please remember to yell encouragement and whisper constructive criticism. Let's set the tone for our athletes and lead with

positivity from the sidelines. Our behavior as fans directly influences our athletes' confidence and their sense of sportsmanship.

■ Parent Communication & Attendance

Times are different—we have blended families, co-parenting, and everything in between. What makes things tough for coaches is when communication slips through the cracks. We want to stress how important communication and attendance are so our kids stay consistent, engaged, and supported all season long. Your communication as parents truly makes a huge difference in helping the team function smoothly and keep everyone informed.

■ Coach's Ask

Please take a little time each week—15, 30, or even 45 minutes—to practice with your child. Dribble together, shoot a few baskets, or just talk about the game. That extra time helps your player grow, builds confidence, and reinforces what they learn in practice. Consistency at home builds better understanding and motivation during games.