Parent Meeting Agenda

Legion Flag Football

LawrenceLegion.com

This is a non-contact sport

Legion CEO and Coach: Robert Bethea

Preferred way of contact: GameChanger, SportsEngine or cellphone:

785-218-0386

Background:

We originally began as Super Sonix, and thanks to the success and positive impact it had on the kids and the team, we've since launched Lawrence Legion Athletics, LLC. This is now an established business with a focus on developing athletes across multiple sports, with the goal of keeping the same group of kids and families connected throughout their athletic journeys. Our vision is to grow together as a unified Legion community.

We started by planting the core value: "Eyes to see, ears to hear, mind to learn." This season, we are building on that with: "If it's to be, it's up to me." Each year, we'll continue introducing new guiding principles to help our athletes grow - not just in sports, but as individuals.

Parent Must-Know

Website engagement

As part of launching Lawrence Legion Athletics, LLC, we've also created a central website: LawrenceLegion.com. This site is your go-to resource for updates across all sports, schedules, announcements, and more. We encourage every parent to check the website first when looking for information. If you don't find what you need there, feel free to reach out to me directly. We'll continue adding details for each sport as new seasons begin, so the site stays current and helpful.

We've noticed that many of the questions we receive via text are already answered on the site. That's why we strongly encourage regular use of the website—it helps keep communication efficient and ensures you stay informed.

Registration Info:

If you haven't registered for LYF Flag yet, please do so as soon as possible. The main reason we haven't been able to consolidate communication into one app (SportsEngine) is because we're still waiting on a few sign-ups.

Once all registrations are complete and rosters are finalized, we'll fully transition to SportsEngine for team communication, practice schedules, and game updates.

Practice Schedules

Sundays: All Grades - Skills Development

Tuesdays: 2nd Grade

Wednesdays: Kindergarten & 1st Grade

Thursdays: 3rd & 4th Grade

Practice Location: Broken Arrow Park

Gear Requirements

- Mouthpiece and cleats are required for all players—please make sure your child has both at every practice and game.
- Flags will be provided by Legion and must be returned at the end of the season.
- Uniforms: Visit LawrenceLegion.com for full details.

o Cost: \$60

o Includes: Fitted jersey, bottoms, and undergarment

Attendance

Expectation is that each player attends all practices and is on time. However, I know life happens, please coordinate and communicate ASAP so I can plan accordingly.

Snacks

I will come up with a parent schedule for snacks after the games.

*Any allergies, please share with me now or later so I can coordinate snacks accordingly.

Fan Behavior

As a parent, I completely understand the emotions that come with watching your child play. That said, I'm asking everyone to keep comments from the sidelines positive. Please yell only encouragement, any constructive feedback

should be kept for private conversations after the game. Let's model the behavior we want our athletes to follow.

Coach Ask

I encourage and ask each of you to take just a little time out of your day—whether it's 15, 30, or even 45 minutes—to work with your child. It doesn't have to be intense; simple activities like tossing the ball, walking through the playbook, or helping them understand positions can make a big difference. A little extra practice at home goes a long way in building confidence on the field!

Upcoming events:

- Summer Barbecue
 - o 8/17, 6:00PM
 - o Sign-up sheet for food
- Attend a high school game as a team info coming
- Community Service