

Sri Krishna was raised in a pastoral setting in Gokula and nearby Brindaban on the banks of the Yamuna River, having been secretly carried there by his father Vasudeva immediately after his birth to Devaki in the prison in Mathura. (Miraculously, the locked doors had opened and the guards had fallen into a deep stupor, allowing the infant to be carried safely to his foster home.) His foster parents were a kindly cowherd Nanda and his loving wife Yasoda. As a child in Brindaban, Krishna amazed all with his precocious wisdom and display of incredible powers. His inner joy frequently erupted in prankish outbursts—to the amusement and delight, and sometimes consternation, of those at whom his fun was directed.

One such incident was the cause of revealing to Yasoda the divine nature of the child she was mothering. The infant Krishna loved to snatch away and consume the cheese made by the milkmaids. Once he had so stuffed his cheeks that Yasoda feared he would choke, so she rushed to pry open his gorged mouth. But instead of cheese (popular accounts say it was mud he had eaten), she beheld in his open mouth the whole universe—the infinite body (vishvarupa) of the Creator including her own image. Awestricken, she turned away from the cosmic vision, happy to see and clasp to her bosom once again her beloved little boy.

Beautiful in form and feature, irresistible in charm and demeanor, an embodiment of divine love, giving joy to all, the young boy Krishna was beloved of everyone in the community, and an entrancing leader and friend to his childhood companions, the gopas and gopis, who with him tended to village herds of cows in the sylvan environs.

-God Talks With Arjuna The Bhagavad Gita Paramahansa Yogananda

Please join us this August for our upcoming services and special events. We will celebrate Janmashtami (the birth of Sri Bhagavan Krishna) on August 25th. Cake and light refreshments will be served after our meditation and reading services.

### Weekly Service Schedule

Sunday Services Meditation Service 10:00AM - 10:50AM Reading Service 11:00AM - 12:00PM

### First Saturday of the Month

Aug 3 -- Long Meditation Service 9:00AM-12:00PM EEs 8:40AM

## **Upcoming Services and Events**

Aug 4 -- Beholding God Amidst Life's Dualities Aug 11 -- Bring Forth Your Divine Nature Aug 18 -- Yoga-The Divine Science Aug 25 -- Janmashtami (Birth of Bhagavan Krishna)

Announcements:

There will be an Inspirational Monastic Visit on Wednesday, Oct 9th. The schedule of events and details are posted on our upcoming services schedule and there is a tab in the drop down menu entitled Inspirational Visit on our website. (To view click on link below) Please let us know if you have any questions.

All are welcome to our meditation and reading services. If you would like to volunteer in any capacity, please call 478-213-0667 or email srfsanantonio@gmail.com. We hope to see you soon.

Master's Blessings, San Antonio Meditation Group of Self-Realization Fellowship

# San Antonio Meditation Group of SRF

# He who serves Me with undeviating devotion transcends the gunas and is qualified to become Brahman.

Arjuna had asked "How does a man rise beyond the gunas? Lord Krishna now answers that question. "By Bhakti Yoga," he says. "By unswerving devotion to God, by love for Him so complete that one's mind has no room for thought of self."

A reply of sweetness and profound simplicity, offering man divine hope and encouragement.

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