



He who serves Me with undeviating devotion transcends the gunas and is qualified to become Brahman.

Arjuna had asked “How does a man rise beyond the gunas?” Lord Krishna now answers that question. “By Bhakti Yoga,” he says. “By unswerving devotion to God, by love for Him so complete that one’s mind has no room for thought of self.”

A reply of sweetness and profound simplicity, offering man divine hope and encouragement.

-God Talks With Arjuna The Bhagavad Gita  
Paramahansa Yogananda

Please join us for August’s upcoming special services and events.

### **Weekly Service Schedule**

#### **Sunday Services**

Meditation Service 10:00AM - 10:50AM

Reading Service 11:00AM - 12:00PM

#### **Saturday Long Meditation**

Aug 16 -- Janmashtami Three-Hour Livestream Meditation with Brother

Chidananda 9:00AM-12:00PM

EEs 8:40AM

### **Upcoming Services and Events**

Aug 3 -- What Is The Soul

Aug 10 -- Janmashtami (birth of Bhagavan Krishna)

Aug 16 (Saturday) -- Janmashtami Livestream Three-Hour Meditation w/ Br. Chidananda

Aug 17 -- Surmounting Life’s Trouble (Kirtan)

Aug 24 -- Proof of the Existence of God (General Membership Meeting)

Aug 31 -- Health Through Union With Cosmic Life (Tea and Cookies)

#### **Announcements:**

\* The birth of our beloved Sri Krishna will be commemorated on August 10th. Please bring a flower (one’s favorite if possible) and if you are able, a monetary donation. All donations will be used by Mother Center for sharing these sacred teachings with other truth seeking souls.

\* Brother Chidananda’s livestream three-hour meditation will be held on August 16th from 9:00AM-12:00PM. EEs at 8:40AM.

- \* A 30 minute Kirtan (devotional chanting) will take place on August 17th at 12:15pm in our chapel.
- \* A general membership meeting will be held after reading service on August 24th. We highly encourage participation and welcome all insight from our community.
- \* Tea and Cookies will be served after services on August 31st.

All are welcome to attend our meditation and reading services as well as any event scheduled for August.

If you would like to volunteer in any capacity, please call 478-213-0667 or email [srfsanantonio@gmail.com](mailto:srfsanantonio@gmail.com). We hope to see you soon.

Master's Blessings,  
San Antonio Meditation Group of Self-Realization Fellowship

**San Antonio Meditation Group of SRF**

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