



It is Mahavatar Babaji who revived in this age the lost scientific meditation technique of Kriya Yoga. Babaji said, "The Kriya Yoga that I am giving to the world in this nineteenth century is a revival of the same science Krishna gave millenniums ago to Arjuna; and that was later known to Patanjali and Christ, and to St. John, St. Paul and other disciples." -Autobiography of a Yogi.

Let us come together this July for our upcoming events and special Commemoration Service for Mahavatar Babaji on July 20th. All are welcome to attend our meditation and reading services.

Weekly Service Schedule

Sunday Services

Meditation Service 10:00AM - 10:50AM

Reading Service 11:00AM - 12:00PM

First Saturday of the Month

Long Meditation Service 9:00AM-12:00PM

EEs 8:40AM

Upcoming Services and Events

July 5 -- Three-Hour Meditation with SRF/YSS President Brother Chidananda (9:00AM - 12:00PM) EEs 8:40AM

July 6 -- Patriotism That Will Endure

July 13 -- The Science of Kriya Yoga

July 20 -- Mahavatar Babaji's Commemoration Service

July 27 -- Becoming Ideal Citizens of the World (Sister Draupadi)

Announcements:

Mahavatar Babaji's Commemoration Service will be held on July 20th. Please bring a flower (one's favorite if possible) and if you are able, a monetary donation. All donations will be used by Mother Center for sharing these sacred teachings with other truth-seeking souls.

There will be a catered luncheon on July 27th following our reading service. A variety of Indian food will be served. All are welcome to attend.

If you have any questions or wish to volunteer in any capacity, please email srfsanantonio@gmail.com or call 478-213-0667.

San Antonio Meditation Group of SRF

"Whenever anyone utters with reverence the name of Babaji," Lahiri Mahasaya said, "that devotee attracts an instant spiritual blessing."

-Autobiography of a Yogi

“Even in the world, the yogi who faithfully discharges his responsibilities without personal motive or attachment treads the sure path of enlightenment.”

-Mahavatar Babaji

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