



The San Antonio Meditation Group of SRF sends our warmest greetings to all our fellow devotees and friends. As Paramahansa Yogananda has said, "Behold the altar of God in the stars, beneath the earth, and behind the throb of your feelings. He, the neglected Reality, is hidden everywhere. If you follow the

path steadfastly and meditate regularly you will see Him in a golden robe of light that spreads throughout eternity. Behind each thought you will feel His blissful presence.”

-Paramahansa Yogananda

Let us come together this June for our upcoming services.

Weekly Service Schedule

Sunday Services

Meditation Service 10:00AM - 10:50AM

Reading Service 11:00AM - 12:00PM

First Saturday of the Month

Long Meditation Service 9:00AM-12:00PM

EEs 8:40AM

Upcoming Services and Events

June 1 -- The Cosmic Play of Life and Death

June 7 -- (Saturday) Long Meditation Service

June 8 -- Success Through Superconscious Power

June 15 -- God's Nature in the Father

June 22 -- Uniting Religion Through Practice of Yoga

June 29 -- Evenmindedness is Yoga (Potluck)

- June
22
through
June
28
-
-
2025
Self
Realization
Fellowship
World
Convocation
(online
and
in
person)

Announcements:

SRF's Annual World Convocation (June 22-June 28) will be on-line as well as in person. You may register at convocation.yogananda.org. This event offers a weeklong immersion in the teachings of Paramahansa Yogananda. All are welcome to attend Convocation. If you have any questions regarding how to register, or how to attend, please e-mail or call us.

We will have our monthly vegetarian potluck on June 29th after reading service. Please bring any dish you would like to share with our group. If you are unable to bring a dish, please join us anyway.

If you would like to volunteer in any capacity, please email srfsanantonio@gmail.com.

In divine friendship,
San Antonio Meditation Group of SRF

San Antonio Meditation Group of SRF

Every day you should sit quietly and affirm, with deep conviction: "No birth, no death, no caste have I; father, mother, have I none. Blessed Spirit, I am He, I am the Infinite Happiness." If you again and again repeat these thoughts, day and night, you will eventually realize what you really are: an immortal soul.
-Paramahansa Yogananda, "Man's Eternal Quest"

©2025 San Antonio Group of SRF | 202 Holland Ave, San Antonio, TX 78212, US

[Web Version](#)

[Forward](#)

[Unsubscribe](#)

Powered by
[GoDaddy Email Marketing](#)®