





Dear Friends,

Warm greetings and love to all of you. Swami Sri Yukteswar's pursuit of Truth led him to the great sage Lahiri Mahasaya, who extolled the sacred science of Kriya Yoga meditation as the most effective means of attaining God-realization, and who was the first to teach openly that ancient science in modern times. In 1920 Swami Sri Yukteswar sent his foremost disciple, Paramahansa Yogananda, to America to disseminate a knowledge of the liberating science of Kriya Yoga to Truth-seekers around the world.

"Each day with him was a new experience in joy, peace, and wisdom...Sri Yukteswar was reserved and matter-of fact in demeanor. There was naught of the vague or daft visionary about him. His feet were firm on the earth, his head in the haven of heaven. Practical people aroused his admiration...I dare say he would have been the most sought-after guru in India had his speech not been so candid."

-Paramahansa Yogananda (Autobiography of a Yogi)

Please join us for May's upcoming special services to include Swami Sri Yukteswar's Birthday Commemoration.

Weekly Service Schedule

Sunday Services

Meditation Service 10:00AM - 10:50AM

Reading Service 11:00AM - 12:00PM

Upcoming Services and Events

May 3 -- CANCELLED Long Meditation Service CANCELLED

May 4 -- Sri Yukteswar's Birthday Commemoration Service

May 11 -- God's Nature in the Mother

May 18 -- Sojourn in Freedom: The Astral Universe

May 25 -- God's Nature-Mindedness—Key to Freedom (vegetarian potluck)

Announcements:

May 3rd's Long Meditation is cancelled. We encourage you to visit

onlinemeditation.yogananda.org to join Swami Sri Yukteswar's Commemorative Three or Six-Hour Meditation Service. Our Vegetarian/Vegan Potluck will be on May 25th. If you are unable to bring a dish, please join us anyway. Also, if you would like to volunteer in any capacity, please email srfsanantonio@gmail.com.

In divine friendship,
San Antonio Meditation Group of SRF

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"Love rules the court, the camp, the grove,
The men below and saints above:
For love is heaven and heaven in love."

-Stanza 2 from the third canto of The Lay of the Last Minstrel, by Sir Walter Scott

"Love is God," not merely as the noblest sentiment of a poet but as an aphorism of eternal truth. To whatever religious creed a man may belong and whatever may be his position in society, if he properly cultivates this ruling principle naturally implanted in his heart, he is sure to be on the right path to save himself from wandering in this creation of Darkness, Maya."

-Swami Sri Yukteswar (The Holy Science)

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