San Antonio Meditation Group of Self-Realization Fellowship

202 Holland Ave. San Antonio, TX 78212

November 2018—January 2019



"Be a true Christian, let Christ be born in you as the great joy of God."

-Paramahansa Yogananda From "Ehe Great Light of God"

Special Meditation Services

Our group will conduct our All-Day Christmas Meditation on Saturday, December 15th from 9:00AM-3:00PM.

A 20 minute intermission will be held at 12:00PM. More in-depth instructions will be given closer to this date.

The Paramahansa Yogananda Commemorative Meditation will be held on Saturday, January 12th from 9:00AM-3:00PM with a 20 minute intermission at 12:00PM.

Annual Business Meeting

We will be holding our annual business meeting on Sunday, January 20th to elect the coordinator, secretary, and treasurer for 2019. The meeting will be held at the chapel immediately following the Readings Service at 12:00PM. The meeting should span no longer than 20-30 minutes. All group members are encouraged to attend this meeting.

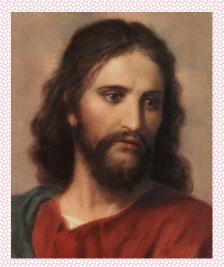
These elections are held by all SRF Centers and Groups on an annual basis. Any members who may be interested in serving in these positions may contact us at any time.

Special Service

One special commemoration service is planned for the coming months. Master's birthday will be celebrated on Saturday, January 5th from 6:00PM-7:30PM. A meditation will be held from 6:00-6:30PM and the Commemoration Service will be from 6:30PM-7:30PM. Please bring a flower and a donation to this service. Donations will be sent to Mother Center.

Contact Us At sanantonio.srf@gmail.com (210) 617-3254 www.srfsanantonio.org

For Tax deductible donations made to "202 Holland Ave Fellowship Church" please ask for a receipt.





Sunday Services

Meditation Service

10:00am-10:50am

Readings Service

11:00am-12:00pm

Third Thursday of the Month

Evening Meditation Service 6:30pm-7:30pm

First Saturday of the Month

Long Meditation Service 9:00am-12:00pm

Upcoming Sunday Services

Ways to Overcome Nervousness

November 4th

Practicing Yoga in World Affairs

November 11th

Freedom From Habit Slavery

November 18th

Giving Thanks for Life's Blessings November 25th

The Universality of Religion

December 2nd

Finding the Joy in Life

December 9th

The Nature of a Master

December

16th

Celebrating Christmas in the Silence of the Soul

December 23rd

Controlling Your New Year's

December 30th

Kriya Yoga— The Royal Science of Realization

January

The Art of Developing Memory

January 13th

Why Life's Tests are Thrust Upon Us January 20th

Making the Most of Sundays

January 27th