



# Kern Bridges

## Managing Aggressive Behavior

# Youth Homes

### MAB

THURSDAY - FRIDAY, FEBRUARY 6-7, 2025 (9 AM - 5 PM )

Managing Aggressive Behavior (MAB) equips professionals with skills to de-escalate and handle challenging behaviors safely, emphasizing proactive prevention, effective communication, and safe interventions to ensure the well-being of both staff and clients

#### Benefits

- **Prevention of Escalation:** MAB offers strategies to recognize and manage early signs of aggression, preventing crises.
- **Safe Intervention Techniques:** MAB training provides non-harmful methods for safe interventions in high-stress situations.
- **Enhanced Communication Skills:** MAB emphasizes clear, compassionate communication to build trust, facilitating effective de-escalation of challenging behaviors.

SPACE IS LIMITED

#### Details

- \$175 per participant
- This will include a participant manual and breakfast
- Completion will earn a certificate in MAB
- 16 credit hours

Alexandria Stevenson, Training Coordinator at Kern Bridges Youth Home, is a certified trainer in youth care and trauma-informed practices with years of direct experience empowering children and families.

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Cancellation Policy: All cancellations must be given at least 48 hours in advance. Without advanced notice, no refunds will be given, however, a credit may be applied to future trainings.