



Kern Bridges Youth Homes

Trauma Informed Child Development

ROOTS OF RESILIENCE MARCH 14, 2025 (10 AM - 12 PM)

This training examines how trauma affects child development, shaping behavior, emotions, and learning. Participants will learn to identify trauma's impact on developmental milestones and acquire strategies to support healing and growth. Emphasizing resilience, the training offers tools to create safe environments for children. It is designed for parents, teachers, and caregivers, equipping them to positively influence children's lives.

Benefits

- **Enhanced Understanding of Trauma:** Learn how trauma impacts a child's brain, behavior, and developmental milestones.
- **Practical Skills and Tools:** Gain actionable strategies to support healing and foster resilience in children.
- **Improved Communication:** Discover techniques to connect with children in ways that build trust and security.
- **Confidence in a Trauma-Informed Approach:** Feel equipped to create nurturing environments that promote growth and emotional well-being.

SPACE IS LIMITED

Details

- \$100 per participant
- 2 credit hours
- Groups of 5 or more are eligible for a 10% discount

Alexandria Stevenson, Training Coordinator at Kern Bridges Youth Home, is a certified trainer in youth care and trauma-informed practices with years of direct experience empowering children and families.

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Cancellation Policy: All cancellations must be given at least 48 hours in advance. Without advanced notice, no refunds will be given, however, a credit may be applied to future trainings.