



Kern Bridges Youth Homes

CPR and First Aid

ALL AGES CPR AND FIRST AID BLENDED LEARNING FORMAT SCHEDULED AS NEEDED

Equip yourself with life-saving skills! This training covers essential CPR techniques and First Aid basics to confidently respond to emergencies. Learn how to assess and assist in critical situations, ensuring safety and care for children, youth, and adults. Certification available upon completion.

Benefits

- **Emergency Preparedness:** Be ready to respond effectively to medical emergencies, ensuring the safety and well-being of children and youth in your care.
- **Regulatory Compliance:** Meet state and organizational requirements for certified CPR and First Aid training in residential care and daycare settings.
- **Increased Confidence:** Gain the skills and knowledge to handle accidents, injuries, or sudden illnesses with calm and competence.
- **Enhanced Safety Culture:** Promote a safe and secure environment by being equipped to act swiftly in life-threatening situations.

SPACE IS LIMITED

Details

- \$60 per participant
- This will include the online class, an in person skill check and a digital CPR Card
- This course will prepare participant to take life saving action if needed
- Groups of 5 or more are eligible for a 10% discount

Alexandria Stevenson, Training Coordinator at Kern Bridges Youth Home, is a certified trainer in youth care and trauma-informed practices with years of direct experience empowering children and families.

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Cancellation Policy: All cancellations must be given at least 48 hours in advance. Without advanced notice, no refunds will be given, however, a credit may be applied to future trainings.