

## In memory of Jay McCabe

### JOHN "JAY" MCCABE

November 2, 1952 - February 1, 2019



John Allen McCabe was born on November 2, 1952 in King City, California to Ada Looney and John McCabe. John passed peacefully on February 1, 2019. He is preceded in death by his parents, and brother Robert.

He survived by his wife Vicki McCabe, sons Shaun and Tricia McCabe, Ben McCabe and daughter, Nancy Bier, stepsons Jason and Michelle Williams, Danny and Brooke Williams, and fourteen grandchildren.

John served in the Marines for ten years. He retired from AT&T after thirty years of service. He was active member of the Telecom Pioneers. He enjoyed fishing, hunting, camping and golfing. He was an avid Green Bay Packer fan. He had a grumpy personality but a kind and gentle heart. He will be

truly missed.

Services will be on Friday, February 22, 2019 10:45am at the Bakersfield National Cemetery, 30338 E Bear Mountain Blvd.

In lieu of flowers, a donation can be made to Disabled American Veterans, [www.dav.org](http://www.dav.org).

[www.bakersfield.com/obits](http://www.bakersfield.com/obits)

To say that Jay made a difference at KBYH is to significantly understate the scope of who he was and how he contributed to our agency. Jay was one of the original AT&T Telecom Pioneers to begin volunteering for KBYH during the formative years of the agency, and went on to help at countless events over the course of 30+ years. As the obituary states, he could be a grump, but that didn't get in the way of his ability to always communicate his care and love for others. Jay will be sorely missed at our camping trips, as Santa during Christmas, and in all the ways he made KBYH a better place. Thank you, Jay, for your dedication to the foster youth of this agency, and for a life well lived.



### Easter Party

April 13, 11:00-1:00

Skateland on Ming Ave.



### Resource Parent & Volunteer

Appreciation Dinner

May 9, 6:00-8:00 PM

Coconut Joe's Banquet Hall

### Upcoming Trainings

(please RSVP)

**March 11, 6:00-8:00PM:** "Managing Aggressive Behavior" with Mark Dominguez. RSVP to 661-865-2352

**April 13, 9:00-11:00AM:** "Supporting Children & Non-Minor Dependents in School" with Bibi Carrasco. RSVP to 661-428-2915

### Ongoing Trainings

Mark Dominguez will be offering the following trainings on an ongoing basis (participants must RSVP by the Thursday prior to the training to 661-865-2352):

**CPR/1st Aid Recertification** (*for anyone who has previously had CPR/1st Aid training*): First **Monday** of every month from 10:00am-Noon and from 6:00-8:00pm.

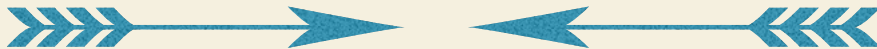
**CPR/1st Aid-Initial Course** (*for those who have never had the training before*): First Saturday of February, May, August, and November, 10:00am-3:00pm.



## THANK YOU!



Thank you to Amy Smith and the Twilight Rotary Foundation for their generous donation towards replacing damaged blinds in the KBYH office buildings.



## Welcome Aboard

KBYH would like to welcome Michael O'Doherty aboard to the Kern Bridges family. Michael has vacated his seat on our Board of Directors in order to become our Vice-President of Finances. Michael was once a participant on Family Feud in 1978. The O'Doherty family defeated the Yelonosky family and won the fast money portion of the game as well.



### Child Birthdays

#### March

- Domini'que L: 4 years
- Christian R: 16 years
- Marissa W: 16 years
- Keeli-Shay D: 18 years



### Resource Parent Birthdays

#### March

- Sheila Drummer: March 1
- Tony Martinez: March 4
- Jennifer Mercier: March 6
- Christen Suorsa: March 14
- Reginald Webster: March 17
- Laura Cruz: March 18
- Anita Caudillo: March 24
- Christopher Dohzier: March 24
- Rochelle Davis: March 25

### KBYH Staff Birthdays

#### March

- Marco Richard: March 8
- Mark Dominguez: March 19
- Aaron McDonald: March 20
- Carrie Wombacher: March 26



### KBYH Staff Anniversaries

#### March

- Ronny Copeland: 4 years
- Jose Soto: 4 years
- Leon Smith: 2 years
- Martha Pantoja-Gonzales: 1 year



KBYH Foster Youth of the Month:

Noah L, Andres R, Roman R, David R

These four young men wrote a poem as a thank you at Christmas to their Resource Family, the Caudillo's  
A Heart Felt Thank You

Thank you for taking us in  
 Thank you for not treating us like we're full of sin  
 Thanks for the environment that doesn't feel like the pin  
 Thank you for the love and care  
 Thank you for helping kids for over 30 years  
 Thank you for giving us your ears  
 Thank you just being here  
 Thank you for improving us and making us into men  
 Thank You for not treating us like we were back then  
 You are a farmer and we are your hens  
 You are a farmer and we are your plants  
 You help us to grow  
 Lessons you show  
 Thank you for talking to us cool  
 Thank you for taking us to school  
 You give us what we never had  
 You give us lectures but you do not remain mad  
 You offer help when we feel sad  
 For taking us in we are extremely glad  
 Sorry we are sometimes treating you bad  
 Thank you for making a home  
 Especially since you get aches in your joints and bones  
 This environment makes us feel not that much alone  
 Thank you for treating us good  
 Thank you for doing everything that you could  
 Thank you for giving us another chance

KBYH Employee Spotlight: Sharon Fry

Sharon and her family have had a long-standing (and outstanding) relationship with Kern Bridges. Our journey began in 2011, when Kern Bridges wrote the Fry's Adoption Home Study for the adoption of their daughter, Kati. We quickly learned that the Fry family was special. Sharon and her husband, Greg, along with their two daughters, Kati and Abby, began attending KBYH's Adoption Support group when it commenced in 2012. They immediately became a core family within the group, due to their expert knowledge in many areas concerning adoption and foster care related issues. When Kern Bridges began the process of planning the annually held Camp Forever, it was a no-brainer that Sharon should be our Camp Nurse. Sharon did not hesitate to do so, and we are about to begin planning our fifth camp. When our group homes had a need for a RN for their program, Sharon was, again, our first choice. Then, once again, Sharon was asked to be our FFA RN, which she did without hesitation. Thank you, Sharon, for your continued dedication to the children we serve! You have always been a great asset to Kern Bridges!



# Poisoning Prevention

## Key Prevention Tips

- **Lock them up and away.**  
Keep medicines and toxic products, such as cleaning solutions and detergent pods, in their original packaging where children can't see or get them.
- **Know the number.**  
Put the nationwide poison control center phone number, 1-800-222-1222, on or near every telephone in your home and program it into your cell phone. Call the poison control center if you think a child has been poisoned but they are awake and alert; they can be reached 24 hours a day, seven days a week. Call 911 if you have a poison emergency and your child has collapsed or is not breathing.
- **Read the label.**  
Follow label directions carefully and read all warnings when giving medicines to children.
- **Don't keep it if you don't need it.**  
Safely dispose of unused, unneeded, or expired prescription drugs and over the counter drugs, vitamins, and supplements. To dispose of medicines, mix them with coffee grounds or kitty litter and throw them away. You can also turn them in at a local take-back program or during National Drug Take-Back events.

-From: Centers for Disease Control and Prevention ([www.cdc.gov](http://www.cdc.gov))



## ISFC

### Intensive Services Foster Care

Intensive Services Foster Care is a state licensed Foster Family Agency model for eligible foster children whose needs for safety, permanency, and well-being require specially trained resource parents and intensive professional and paraprofessional services and support in order to remain in a home-based setting, or to avoid or exit congregated care in a short-term residential therapeutic program, group home, or out-of-state residential center.

"Children who need love the most will always ask for it in the most unloving of ways"

ISFC Resource parents are required to complete 40 hours of pre-placement training. Those who have completed 12 hours of pre-approval caregiver training (already have been approved as resource parents) only need an additional 28 hours to complete the required 40 hours of pre-placement training. 24 hours of on-going training is required within 12 months of placement and 12 hours per year for each year thereafter. ISFC Resource parents will receive a higher rate of pay.

### Eligible youth

KBYH's ISFC program will serve foster children, youth and NMDs who manifest a variety of behavioral characteristics requiring intervention services. These include, but are not limited to:

- Anger, hostility and/or aggression
- Poor boundaries and impulse control
- Oppositional Defiant Disorder
- Sexual acting out or compulsivity
- Juvenile Justice involvement, history of criminal misconduct, truancy, and/or runaway
- Manifest mental illness, i.e., depression, anxiety disorder, AD/HD, Schizophrenia, et cetera
- Suicidal ideations and/or gestures, including self-harm
- Substance use/abuse

### To set up an orientation, please contact us:

Kern Bridges Youth Homes  
1321 Stine Road  
Bakersfield, CA 93309  
Marina Hernandez, Resource Family Specialist  
661-396-2353  
[marina@kernbridges.com](mailto:marina@kernbridges.com)  
[www.kernbridges.com](http://www.kernbridges.com)