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KBYH STRTPs: Making Yard Work Fun

As adults, most of us can look back on our childhood and remember a time when we had to go pick weeds out in the yard and there is no reason why today's generation shouldn't do the same! The early onset of Bakersfield springs can jumpstart garden weeds and giving our boys the task of pulling weeds is a great way to teach responsibility. It is one of those tough jobs that no one really wants to do but is necessary for healthy grass growth. Weed picking really helped to teach our boys endurance and patience in completing a task when they would probably rather be off playing with friends or video games. Moreover, there are so many benefits to getting our boys to help outdoors. Not only did our boys learn responsibility in doing a task that needs to be completed, but they also got the added benefits of a great workout and some added team building skills. Also, giving our boys the task of digging, raking, and dumping weeds by themselves made them feel more responsible in getting the job done and raised their self-esteem. Likewise, being able to see the finished product of a nicely cut lawn and clean yard did instill pride in a job well done for our boys. And YES, the boys did earn bonus allowance for their hard work and dedication to this project.



“Your self-sacrificing devotion to your purpose in life and your unwavering faith will carry you through times of difficulty” MLK.

IFSC Spotlight:



Calixto Gamboa

KBYH would like to welcome our newest Rehabilitation Specialist for the ISFC program, Calixto “Cali” Gamboa. Cali is from a family of 6 and lives in Delano. He describes himself as an introvert but a go getter. He enjoys reading mystery books, playing basketball, new challenges, and spending time with family and close friends. He also loves to dance, listen to music and recently became a PUG dad. His professional goals include increased professional knowledge and training and attain a leadership role.

KBYH is thrilled to have Cali’s passion for his work and his years of experience to further enhance the services of the ISFC program. Welcome Cali!

Upcoming Trainings

March 8, 6:00 - 8:00pm
“Managing Aggressive Behavior”
with Mark D. RSVP to
mark@kernbridges.com

April 10, 9:00-11:00am
“Prudent Parent Standard,
Child Development” with
Catherine Santerre. RSVP
to
csanterre@kernbridges.com

CPR/1st Aid

CPR and First Aid trainings are on an as needed basis at this time.

Contact your KBYH Social Worker if you need to renew your certification.

ISFC Training & Support Group

Trainings are open to any Kern County approved ISFC Resource Family.

RSVP to Carrie Wombacher
carrie@kernbridges.com

“Self-Care and Secondary Trauma”
March 23, 2021

SAFETY

Childproofing

Learn the highest risk areas for unintentional injury and death in and around your home. Take steps to “childproof” your home and be sure to extend your efforts beyond toddlers. Develop a home safety plan, and practice different ways to get out of your home. An ounce of prevention is worth a pound of cure.

Risks of Button Batteries

Young children have a tendency to put things in their mouths. Every parent knows this, but parents don't always recognize the hidden dangers lurking inside seemingly harmless items, such as remote control devices and keyless remote door openers for vehicles. Button batteries if swallowed can cause serious injury or death.

Staying Safe at School

As summer draws to a close and children start heading back to school, family life can get pretty hectic. It's important to remember – and share with your children – some key tips that will help keep them safe and healthy throughout the school year

Playground Safety

Playgrounds are a place for fun and a place for skinned knees. Nearly 80% of playground injuries are caused by falls. Parents can take the hurt out of the equation by familiarizing themselves with safety risks and watching for potential hazards.

Concussions

Every three minutes, a child in the U.S. is treated for a sports-related concussion. Learn how to identify concussion symptoms and steps to keep kids safer on the playing field.

Children and Medicines

Dangerous poisons are lurking in your medicine cabinet. Prescription and over-the-counter medications can be deadly, especially for children. Store medicine up and away from small children. Talk with older kids about the danger of using medications in unintended ways.

Window Safety

More than 3,000 children are injured seriously enough in falls out of windows to require medical attention every year. One child dies every month from window cord strangulation. Learn about risks children face around windows, and also how windows are vital to survival as emergency escape routes. Taken from: NSC.org

March



Child Birthdays

- Isis H. 3 17 years
- Cristian H. 4 18 years
- Brayden T. 10 17 years
- James J. 21 6 years
- Bella G. 28 13 years

Resource Parent Birthdays

- Sheila Drummer 1
- Jennifer Mercier 6
- Laura Cruz 18
- Rochelle Davis 25
- Ryan Rohlfling 29

Happy Birthday!!!



HAPPY ANNIVERSARY

KBYH Staff Anniversaries

- Raymond Brown 1 years
- Martha Pantoja-Gonzalez 3 years
- Ronny Copeland 6 years



Family Spotlight: Laura Daniels

This month we honor Ms. Laura Daniels. She is a single mother who is waiting to adopt 3 beautiful children. In addition to caring for these three, she has 3 others in her home, making family of 6! An incredible task for a single parent. Ms Daniels is also a working mother who is undertaking graduate studies with the goal of attaining a Master's Degree. She also manages a care facility for adults. Ms Daniels has been a resource parent with Kern Bridges for over 2 years. Ms. Daniels has proven to be a loyal and dependable Resource Parent who has cared for very challenging children. She is a strong and experienced mother and professional who has dedicated a significant part of her life to caring for traumatized children who have needed a stable home and caring family. Ms. Daniels has raised her minor children well. She encouraged her children to perform well in school and become good citizens. She taught her children good manners and how to behave at home, school and in public. Ms. Daniels was always seen with a smile. She tackles challenges without once complaining. She is a valuable asset to this agency and we appreciate all she does. We thank you, Ms. Daniels, for your dedicated service to child care, and we hope your adoption comes soon, is rewarding and is filled with much success and satisfaction.

Child Spotlight: Patricia V.

Patricia was placed with Kern Bridges Youth Homes in October, 2020. This was her initial placement in foster care and she has settled in well with her resource family. Being new to the foster care system this has been an adjustment for Patricia, but, she has shown perseverance in working through these issues. She has focused on her goals, specifically graduating from high school and planning out her future after graduation. She has shown responsibility in her academics by beginning independent studies and completing 20 credits in a short time span (month and a half). After a minor setback with the school, Patricia did not give up and worked through the setback, allowing her to maintain her attendance and carry on with the independent studies program to graduate on time. While settling into her placement, there were some differences and adjustments that had to be made. Patricia was willing to work on these differences. Patricia has shown growth and determination in working towards her goals. We wish her great success in meeting her goals and all her future holds for her.