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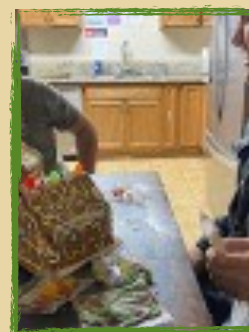
The Most Wonderful Time of The Year

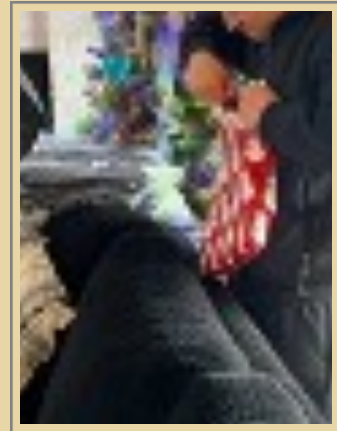
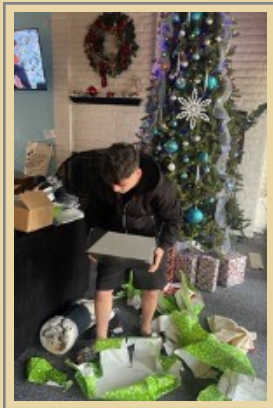
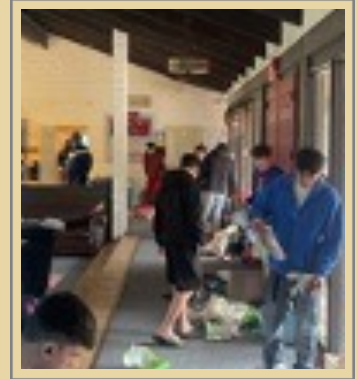
What a wonderful holiday season it was for the KBYH STRTP children. There are plenty of reasons why they say the Christmas season is the most magical time of the year for children. From Secret Santa, to seeing decorative lights plus delicious food to ringing in a new year, what's not to love? Our greatest joy during this time of the year is to see the children living in our STRTPs smile from ear to ear when they receive unique charitable Christmas gifts. The kindness and generosity of our community showed to our children this Christmas. All those who helped with our Wishmas Tree Donations, gift collections, and those who volunteered their time with wrapping, really made this Christmas memorable, sensational, and one-of-a kind. A famous peace activist once said, "Wisdom is knowing what to do next; virtue is doing it." Our community is obviously both wise and virtuous. Likewise, we would like to thank all our Direct Care Workers for cooking such a wonderful Christmas Day lunch and dinner. Also, a big thank you to those workers who helped with decorating our homes and for setting the Christmas spirit: the ambiance at both homes were astounding.



Sincerely,

Kern Bridges Youth Homes





Wishmas Tree Toy Drive

We had a fabulous year!

Ch-17, Three-Way Chevrolet, Pedi-Medi, and Citizens Business Bank all combined to put together a phenomenal media message featuring Kern Bridges that got us over 700 presents. Over 40 businesses requested Wishmas Trees, and Les Schwab Tires delivered four truckloads of presents. We had a super fun gift-wrapping day and everyone had a Christmas of Amazing Proportion!! Plus, we now have a great supply of presents to help all the children we have yet to meet.

**Congratulations to the
Supervised Visitation's
newest member!**

Tate Moore

We would like to thank Shannan
Martinez, our Stine Rd.
Coordinator, for adding this
bundle of joy to our team!
December 28, 2022, 7 lbs. 10 oz,
20.5 inches



ISFC

ISFC Resource Parents are required to complete 40 hours of training to be an approved ISFC home. These hours can be completed online or in person. Foster Parent College is a great resource for online trainings. There are a variety of trainings that are available, and you can complete them at your own pace. If you have not already been signed up for this site, please let your Social Worker know or contact Marina at 661 742-3330 or email marina@kernbridges.com.

TRAINING



Upcoming Trainings

February 2, 8:00-11:00 am

“Assisting with Self-Administration of Psych. Medications, Emancipation & Independent Living ”

with

RSVP to marina@kernbridges.com

CPR/1st Aid

CPR and First Aid trainings are on an as needed basis at this time. Contact your KBYH Social Worker if you need to renew your certification.

ISFC Training & Support Group

Trainings are open to any Kern County approved ISFC Resource Family.
RSVP to marina@kernbridges.com

“IEP and Education ”

February 21, 2023

6:00 pm - 8:00 pm



Resource Family Spotlight

Welcome to Marina Acosta and Mario Villa, our newest approved Resource Family

We take great pleasure introducing our new Resource Family, Marina Acosta and Mario Villa and family, who joined Kern Bridges Youth Homes on December 22, 2022. Mrs. and Mr. Acosta have three sons, Angel, Miguel, and Mario, one daughter, Alison, and foster daughter Alicia.

The Acosta and Villa's transferred to us from Safe Haven Foster Family Agency for the purpose of accessing Intensive Services Foster Care for Alicia. The family looks forward to working with our incredible ISFC teams.

Please join us in welcoming this very special family to our organization.



Happy Birthday



Child Birthdays

1/10 Devin S. 13 years
1/25 Jose E. 16 years

Resource Parent Birthdays

1/3 Maria Allison
1/12 Marche Jackson
1/20 Linda Hogg
1/31 Lorena Rivera

KBYH Staff Birthdays

1/4 Lizvette Alvarez
1/16 Donte Williams
1/26 Diana Gil
1/28 Isaiah Guzman
1/28 Trina Smith
1/29 Patricia Ramirez

KBYH Staff Anniversaries

1/1 Rick Ramirez
1/30 Karissa Aguinaga
1/31 Marco Richard



Happy Anniversary!



Car Seat Refresher



Make sure children are properly buckled in a car seat, booster seat, or seat belt—whichever is appropriate for their age, weight, and height.

- Use a **rear-facing car seat** from birth until ages 2–4.
 - Infants and toddlers should be buckled in a rear-facing car seat with a harness, in the back seat, until they reach the maximum weight or height limit of their car seat. This offers the best possible protection.
 - Check the car seat manual and labels on the car seat for weight and height limits.
 - Never place a rear-facing car seat in the front seat. Front passenger air bags can injure or kill young children in a crash.



- After outgrowing their rear-facing car seat, use a **forward-facing car seat** until at least age 5.
 - When children outgrow their rear-facing car seat, they should be buckled in a forward-facing car seat with a harness and a [top tether](#), in the back seat.
 - Children should stay in their forward-facing car seat until they reach the maximum weight or height limit of this seat.
 - Check the car seat manual and labels on the car seat for weight and height limits.



After outgrowing their forward-facing car seat, use a **booster seat** until the seat belt fits properly.

- When children outgrow their forward-facing car seat, they should be buckled in a belt-positioning booster seat with a seat belt, in the back seat, until the seat belt fits properly without a booster seat.
- A seat belt fits properly when the lap belt is across the upper thighs (not the stomach) and the shoulder belt is across the center of the shoulder and chest (not across the neck or face, and not off the shoulder). This usually occurs when children are between 9 and 12 years old.
- Tip: Seat belt fit can vary by vehicle, so check seat belt fit in all vehicles where the child will ride to make sure the child no longer needs to use a booster seat. Sometimes a child might need a booster seat in one vehicle but not in a different vehicle.



- When the seat belt fits properly without a booster seat, use a **seat belt on every trip**.
 - Children no longer need to use a booster seat when the seat belt fits them properly. A seat belt fits properly when the lap belt is across the upper thighs (not the stomach) and the shoulder belt is across the center of the shoulder and chest (not across the neck or face, and not off the shoulder).
 - Proper seat belt fit usually occurs when children are between 9 and 12 years old.
 - Seat belt fit can vary by vehicle, so check seat belt fit in all vehicles where the child will ride to make sure the child no longer needs to use a booster seat. Sometimes a child might need a booster seat in one vehicle but not in a different vehicle.
 - Keep children properly buckled in the back seat through age 12 for the best possible protection.



Install and use car seats and booster seats according to the car seat/booster seat manual. You can get help installing them from a [certified child passenger safety technician](#).

- [Find a child passenger safety technician near you.](#)
- [Find a local car seat inspection station near you.](#) Note: Some inspection stations now offer virtual appointment options in addition to in-person appointments.

Buckle all children ages 12 and younger in the back seat.

- Buckle children in the middle of the back seat, when possible (using a lap and shoulder belt), because it is typically the safest position in the vehicle.
- Air bags can kill young children riding in the front seat. Never place a rear-facing car seat in front of an air bag.
- Buckle children in car seats, booster seats, or seat belts on every trip—no matter how short the trip.
- Set a good example and help protect everyone in the car by always using a seat belt.



Using the correct car seat or booster seat can be a lifesaver. Make sure your child is always buckled in an age- and size-appropriate car seat or booster seat.



Keep children age 12 and younger properly buckled in the back seat.

*Recommended age ranges for each seat type vary to account for differences in child growth and weight, height limits, of car seats and booster seats. Use the car seat or booster seat manual to check for important information about installation, the seat, weight and height limits, and proper seat use.

Child passenger safety recommendations: American Academy of Pediatrics (AAP) 2018.

www.cdc.gov/transportationsafety/child_passenger_safety



Courtesy of: Centers for Disease Control and Prevention (<https://www.cdc.gov/injury/features/child-passenger-safety/index.html>)