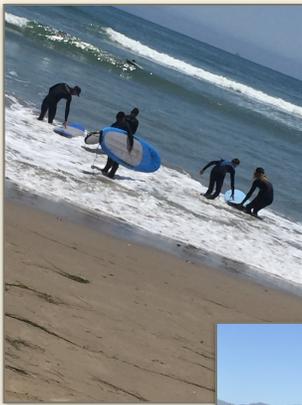
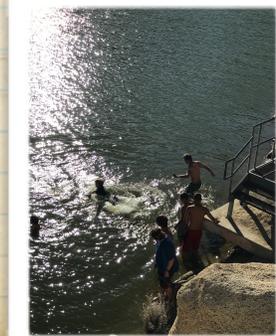


## Surf & Turf



The KBYH Group Home boys explored several amazing outdoor activities during the month of June 2017. Our adventures took us to many destinations which included camping in Kernville, surfing at Mondo Beach in Ventura, and Hiking at Pelican Cove Park near Cabrillo Beach. It was an exciting time for many of our boys as this was their first time surfing and camping. It's our goal to meet challenges through critical thinking and help our boys build resiliency with these experiences. We believe there are emotional benefits for kids who participate in these types of outings and spend time outdoors.



## CAMP!

KBYH's annual foster youth summer camp is coming up July 30-August 2. If your KBYH social worker hasn't talked to you yet, ask them for details. In the meantime, please be sure your child has proper cold weather clothes that still fit and an adequate sleeping bag (child/youth bags will not suffice).



### Foster Children and Dental Procedures

Taking our foster children to the dentist for a procedure can be confusing when it comes to consent for pain and anti-anxiety medication. Because reducing fear and anxiety is not the same as preventing pain, minimal or moderate oral conscious sedation is often accompanied by a nitrous oxide/oxygen combination, which when inhaled produces some pain relief. The two most popular drugs in use today for oral conscious sedation in pediatric dentistry are Midazolam (brand name Versed) and Hydroxyzine (brand name Vistaril or Atarax). These drugs are both relatively safe and fast acting, however, it's important to note that no sedative is completely risk-free. Keep in mind that ANY type of conscious sedation, in any form, needs to be approved through the juvenile court or the child's biological parent. The only commonly used pain reliever used in dental procedures that Resource Parents can consent to is Novocain. Regardless of what the dental office may tell you, it is important to know what you can and can't consent to. Please ask your KBYH social worker or County social worker if you have questions about this.

### Upcoming Trainings

(please RSVP)

**July 12, 6:00-8:00PM:** "Trauma Informed Care" with Carrie Wombacher

**August 17, 6:00-8:00PM:** "Managing Aggressive Behavior" with Mark Dominguez

**September 9, 9:00-11:00AM:** "Administration of Psychotropic Medications, Emancipation and Independent Living" with Joe Ortega

### Ongoing Trainings

Mark Dominguez will be offering the following trainings on an ongoing basis (participants must RSVP by the Monday of the week of training):

**CPR/1st Aid Recertification** (*for anyone who has previously had CPR/1st Aid training*): First Thursday of every month from 10:00am-Noon and from 6:00-8:00pm.

**CPR/1st Aid-Initial Course** (*for those who have never had the training before*): First Saturday of February, May, August, and November, 10:00am-3:00pm.



# SAFETY

As caretakers, we want to keep our children safe from harm. Take some basic steps to keep your children safe:

- Install the right child safety seat in your car.
- Teach children how to cross the street safely
- Make sure they wear the right gear and equipment for sports.
- Install and test smoke alarms and carbon monoxide detectors
- Store medicines, cleaners and other dangerous substances in locked cabinets
- Babyproof your home
- Don't leave small children unattended

-From MedlinePlus ([medlineplus.gov/childsafety.html](http://medlineplus.gov/childsafety.html))

## Child Birthdays

August 9: Malena T.  
 August 12: Ambria G  
 August 16: Kayla M  
 August 17: Jonathan F



## Foster Parent Birthdays

August 11: Chris Boss  
 August 17: Amando Reyna  
 August 27: Bryan Morris

## KBYH Staff Birthdays

August 23: Jim VanderZwan  
 August 26: Isaiah Jones

## KBYH Staff Anniversaries

Clark Weathers: 2 Years  
 Nicole Juarez: 2 Years  
 Tienna Ortiz: 2 Years  
 Diana Gil: 3 Years  
 Judy Pilchard: 3 Years  
 Fernando Ortega: 4 Years  
 Marlon Wilkerson: 9 Years  
 Bibi Carrasco: Forever

## Foster Child of the Month: Johnathan C.

This month we would like to recognize Johnathan C. as child of the month. Johnathan was placed in the Padron/Reyna home on 9-15-16 along with his 2 siblings. When Johnathan was first placed, he was very introverted and non-verbal. With unconditional love and early intervention speech therapy, Johnathan now has a bright affect and is an outgoing little boy. He affectionately calls the resource parents "Mom and Dad". Johnathan is going through the terrible two's and his favorite word now is "NO!". The Padron/Reyna family is now in the process of giving Johnathan and his siblings a forever home.

## Resource Family of the Month: Monica and Jose Alfaro

We take great pleasure in recognizing Monica and Jose Alfaro as July's Resource Parents of the Month. Since their initial certification, the Alfaro's have consistently taken in children with high needs that require exceptional skill and patience. Since they have a swimming pool, they become the center of attention for many family events. They often have family get-togethers and barbecues. Throughout the year they have numerous planned outings and always take the children placed in their home with them. Presently, they are waiting for updates on an infant they hope to adopt. This child has brightened the Alfaro home and the Alfaro's anxiously await that moment where the child becomes a permanent member of the family. The Alfaro's are dedicated and caring parents who have been instrumental in making significant improvements in the lives of the children placed in their home. Thank you Mrs. and Mr. Alfaro for being part of the Kern Bridges Youth Homes family.

## Social Worker Spotlight: Susan Rutledge

This month, Kern Bridges Youth Homes would like to recognize KCDHS Adoption Social Worker, Susan Rutledge. Susan has worked for KCDHS for many years and has been an asset to our adoptions department. She has been a highly competent and dedicated worker to her families. Susan has made it a point to complete her family's adoptions in a timely and efficient manner. Her families have spoken highly of her for her support and guidance throughout the adoption process. Thank you Susan for all your knowledge and hard work!