

July/August 2018

kernbridges.com



661-396-2301

KERN BRIDGES YOUTH HOMES

661-396-2349

KBYH recently completed its reaccreditation process with the Council on Accreditation (COA). COA is an international, independent, nonprofit, human service accrediting organization. Founded in 1977, their mission is to partner with human service organizations worldwide to improve service delivery outcomes by developing, applying, and promoting accreditation standards. COA accredits the full continuum of child welfare, behavioral health, and community-based social services. They currently accredit more than 2,200 organizations and programs serving more than 7 million individuals and families. KBYH is proud to have passed the rigorous requirements with flying colors and we wish to thank COA for a very professional experience.





KBYH's annual FFA camp will be held July 29-August 1 at Lake Lopez. Your KBYH FFA Social Worker will be providing details in the coming days. Please be sure to plan to attend the mandatory meeting on July 26 at 4:30 here at KBYH if any of your children will be attending.





Ugmo

Kathy and Bill Irwin recently lost their dog Ugmo after weeks of him being ill. Ugmo has long been a part of the KBYH family, attending events and visiting the KBYH offices. Ugmo has a very special place with both the staff and the youth of KBYH. He will be sorely missed and we wish to extend our condolences to the Irwin family for their loss.



Upcoming Trainings

(please RSVP)

August 16, 6:00-8:00PM: "Managing Aggressive Behavior" with Mark Dominguez

September 8, 9:00-11:00AM: "Effects of Domestic Violence on Children and Nonminor Dependents" with Marina Hernandez. RSVP to 396-2353

October 10, 6:00-8:00PM: "Effects of Drug and Alcohol Abuse on Children and Nonminor Dependents" with Mike Ramirez. RSVP to 978-6538

Ongoing Trainings

Mark Dominguez will be offering the following trainings on an ongoing basis (participants must RSVP by the Thursday prior to the training to 661-865-2352):

CPR/1st Aid Recertification (for anyone who has previously had CPR/1st Aid training): First Monday of every month from 10:00am-Noon and from 6:00-8:00pm.

CPR/1st Aid-Initial Course (for those who have never had the training before): First Saturday of February, May, August, and November, 10:00am-3:00pm.



· 27-3.

A PARTY NAME OF PERSONS

Congratulations to the Alfaro family who finalized their adoption of Jayden on July 13.



Child Birthdays

July

Nathien C: 13 years

Freeland S: 14 years

August

Giavanni W: 1 year

Jaxton S: 6 years

· Ambria G: 8 years

Ryan J: 9 years

Mya W: 13 years

Victoria G: 15 years

Kayla M: 17 years

Resource Parent Birthdays

July

Mohesly Palencia: July 11

Carmen Cercado: July 16

August

Christopher Boss: August 11

Michael Robb: August 12

Amando Reyna: August 17

KBYH Staff Birthdays July

Ruth Jackson: July 4

Diana Cisneros: July 12

Miguel Alvarez: July 23

Fernando Ortega: July 23

Willie Smith: July 28

August

Jim VanderZwan: August 23

KBYH Staff Anniversaries

July

Joe Ortega: 18 years

Ronnie Wofford: 13 years

Trina Smith: 10 years

Carrie Wombacher: 8 years

Michael Ramirez: 3 years

August

Marlon Wilkerson: 10 years

Fernando Ortega: 5 years

· Bibi Carrasco: 21 years

Judy Pilchard: 4 years

Diana Gil: 4 years

Tienna Ortiz: 3 years

Nicole Juarez: 3 years

Clark Weathers: 3 years

Stephen Zuniga: 1 year

Ť



Foster Youth of the Month: Shania E.

This month we are happy to recognize Shania as our youth of the month! After graduating from South High School in May, Shania was accepted to CSU Bakersfield and will be attending college in the fall. Shania was also accepted into the Guardian Scholars Program on campus. The CSU Bakersfield Guardian Scholars Program supports current and former foster youth who are college bound by providing access, maintaining a support network that promotes student academic success, and connecting students with their potential to be successful. The Guardian Scholars Program also assists foster youth with admission to the University and coordinates priority housing and priority registration. Many colleges throughout California have similar programs, sometimes under different names, to provide foster youth with similar resources to ensure success.

Camp Forever

Camp Forever is a weekend retreat for adoptive families held at the Canyon Creek Retreat Center near Lake Hughes. Camp includes a variety a fun activities for the whole family including Go-Karts, Ropes Course, Archery, Mini Bikes, Skate Park, camp fire time, parent training, kid olympics, and much more. Eligibility requirements for a family to attend include: 1) the family has adopted (or completed adoptive placement) through the Kern County foster care system and the adoptee is still a minor, 2) all children attending must be *ages 5-17, 3) families* are willing and able to share bunkbed accommodations with other families, 4) participants are able to navigate a campground setting. Camp registration is \$40.00 per person. 50% of your registration fee will be refunded after attending camp. Registration forms can be dowloaded **starting July 1, 2018** at www.kernbridges.com or emailing carrie@kernbridges.com Questions? Call Carrie at 661.396.2352



Safety Notes

Taking part in sports and recreation activities is an important part of a healthy, physical active lifestyle for kids. But injuries can, and do, occur. More than 2.6 million children 0-19 years old are treated in the emergency department each year for sports and recreation-related injuries. Thankfully, there are steps that parents can take to help make sure kids stay safe on the field, the court, or whatever they play or participate in sports and recreation activities.

Key Tips

- Gear Up When children are active in sports and recreation, make sure they use the right protective gear for their activity, such as helmets, wrist guards, knee or elbow pads.
- Use the Right Stuff Be sure that sports protective equipment is in good condition, fits appropriately, and is worn correctly all the time for example, avoid missing or broken buckles or compressed or worn padding. Poorly fitted equipment may be uncomfortable and may not offer the best protection.
- Get an Action Plan in Place Be sure your child's sports program or school has an action plan that includes information on how to teach athletes ways to lower their chances of getting a concussion and other injuries.
- Pay attention to temperature Allow time for child athletes to gradually adjust to hot
 or humid environments to prevent heat-related injuries or illness. Parents and
 coaches should pay close attention to make sure that players are hydrated and
 appropriately dressed.
- Be a good model Communicate positive safety messages and serve as a model of safe behavior, including wearing a helmet and following the rules.