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JULY 2022

[kernbridges.com](http://kernbridges.com)

## Congratulations Class of 2022!

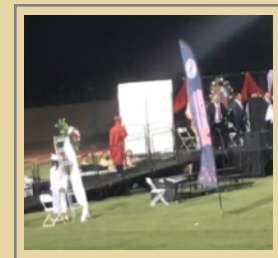


Three boys living in KBYH's STRTP graduated high school last month. Congrats to all of you for your hard work and determination! The deepest desire in every one of us is to reach our fullest potential and rise to our highest level of achievement and fulfillment.

KBYH would like to take this opportunity to thank the McFarland High School. We believe in the old passage that "it take a village to raise a child". KBYH wants to thank you for really working with our youth through troubled times and we ask for your continued support with our program moving forward.



KBYH believes graduation is important because it is a rite of passage. When a person graduates, it signifies the move from a previous form of existence to a more mature being. Many youths come to the realization that graduation can be life changing; two phases of life that helps tie different parts of a life together. A graduation is not just an end; it is a new beginning and the start of a new chapter in a person's life, whether it is another school year, or the entry into the workforce.




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### KBYH FFA Class of 2022



Aaron 8<sup>th</sup>

Bella 8<sup>th</sup>

Nate 8<sup>th</sup>

Riley 8<sup>th</sup>

Mackenzie 8<sup>th</sup>

Micah HS

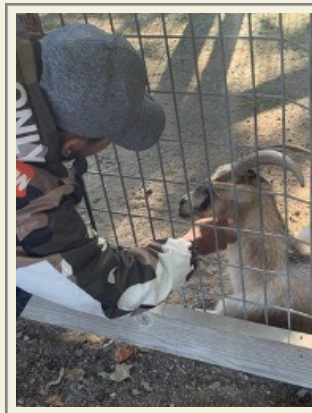
Freeland HS

Jonathan HS

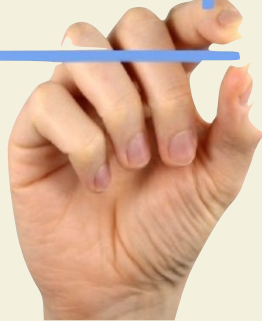
### Congratulations Graduates!!!

## ALMKLOV & CASA DE NIÑOS TAKE ON LOPEZ LAKE

Youth from both of our STRTP homes got the opportunity to enjoy three days of the camping life at Lopez Lake in Arroyo Grande. Our residents have experienced lots of suffering in their life, and KBYH strives to give youth a chance to explore and have fun in a safe environment where they can work on life skills. On the trip, youth were able to work on their mental health by participating in activities such as setting up camp, hiking, fishing, going to the beach and animal farm, rope course, and zip-lining. These activities helped youth work on interpersonal relationships, empathy, cope with stress and emotion, and work 1-1 with their clinicians. The youth learned a ton about themselves and celebrated their strengths. Overall, the trip was successful and left our youth asking when the next trip was. 😊



TRAINING



### Upcoming Trainings

“Trauma Informed Care and Attachment”  
with Marina Hernandez.  
July 26, 6:00-8:00pm

RSVP to [marina@kernbridges.com](mailto:marina@kernbridges.com)

### CPR/1st Aid

CPR and First Aid trainings are on an as needed basis at this time. Contact your KBYH Social Worker if you need to renew your certification.

### ISFC Training

Trainings are open to any Kern County approved ISFC Resource Family.  
RSVP to [marina@kernbridges.com](mailto:marina@kernbridges.com)

“Trauma Informed Care and Attachment” with Marina Hernandez.  
July 26, 2022, 6:00 pm - 8:00pm



## July 2022

### Foster Youth Birthdays

- Freeland S.                    1    18 years
- Micah M.                        7    18 years
- Greg'Anthony W.            12   17 years
- Ryder B.                        14   18 years
- Destiny A.                    21   16 years
- Chase B.                      21   10  
years
- Byreon J                        25   17 years
- Nathaniel S.                 25   14 years
- Angelica G.                 27   16 years

### Resource Parent Birthdays

- Molesly Palencia                7/8
- Shana Doverspike             7/19

### Resource Parent Anniversaries

- Lorena and Horacio Rivera.    1 year
- Luirelys Mirena                3 years



### KBYH Staff Birthdays

- Ruth Jackson                    7/4
- Kylie Krause                    7/12
- Fernando Ortega               7/23
- Willie Smith                     7/28

### KBYH Staff Anniversaries

- Crisol Jimenez                    1 year
- Krizia Garcia                    1 year
- Sean Brown                      2 years
- Mike Ramirez                    7 years
- Trina Smith                      14 years
- Ronnie Wofford                 17 years





## Renovation Update

KBYH is excited to announce that the renovations to our building B (north building) are complete! The building is now occupied by the Supervised Visitation Program as well as various staff members. Demolition of building A has since commenced and is slated for completion in 2-3 months.

If you will be visiting our Stine Rd. offices, the front (east) entrance of building B is now for the Supervised Visitation Program only. All other visitors should enter through the middle corridor and enter through the side doors on the south side of building B.



### New Staff Spotlight

KBYH welcomes Stephanie Martinez to our foster care program. Stephanie and her husband were Resource Parents for KBYH for several years and she has now accepted a position as our Resource Family Specialist. Stephanie will be heading up new resource parent recruitment and helping new families navigate the approval process. Welcome (again) Stephanie!



# Heatstroke

## SAFETY



Heatstroke is one of the leading causes of non-crash-related fatalities among children. Vehicle heatstroke occurs when a child is left in a hot vehicle, allowing for the child's temperature to rise in a quick and deadly manner. Heatstroke begins when the core body temperature reaches about 104 degrees and the thermoregulatory system is overwhelmed. A core body temperature of about 107 degrees is lethal. Unfortunately, even great parents can forget a child in the back seat. Other risk factors include caregivers who aren't used to driving kids, or whose routine suddenly changes.

Whether you're a parent, caregiver, or bystander of a child left in a car, it's vitally important to understand children are more vulnerable to heatstroke than adults.

### Prevention Tips

- Look before you lock. Make it a habit to look before you lock, and try these [tips to avoid putting children at risk of heatstroke](#).
- Keep your vehicle locked and keep your keys out of reach; nearly 3 in 10 heatstroke deaths happen when an unattended child gains access to a vehicle.
- TAKE ACTION if you notice a child alone in a car! Protecting children is everyone's business—learn [what to do if you see a child alone in a car](#).

### What You Need to Know, Now.

- It is never okay to leave a child alone in or around a car for any reason. [See how much you know about preventing child heatstroke](#).
- Even in cooler temperatures, your vehicle can heat up to dangerous temperatures very quickly. An outside temperature in the mid-60s can cause a vehicle's inside temperature to rise above 110 degrees Fahrenheit. The inside temperature of your car can rise almost 20 degrees Fahrenheit within the first 10 minutes.
- Heatstroke does not only occur during the summertime or in the Sun Belt States. This deadly issue can occur at any time of year, in any weather condition, in any community—for any parent.



-Taken From: *NHTSA* (<https://www.nhtsa.gov/road-safety/child-safety>)





## Youth Spotlight: Isis T.

This month we would like to recognize Isis T. as child of the month. Isis was placed in the Drummer home along with her sibling on May 30, 2019. Her other sibling was placed in the home on January 13, 2020. Isis initially had a hard time adjusting to foster care. When Isis was first placed, she was the parentified child. The resource parents informed Isis that it was their responsibility to take care of her and her siblings and it was her job to be a normal six-year-old. Isis took the Drummer's words to heart and has received numerous rewards from school. Isis received straight A's for the second time this year. Although her life has taken many turns, Isis and her siblings have found a forever home with the Drummer family.