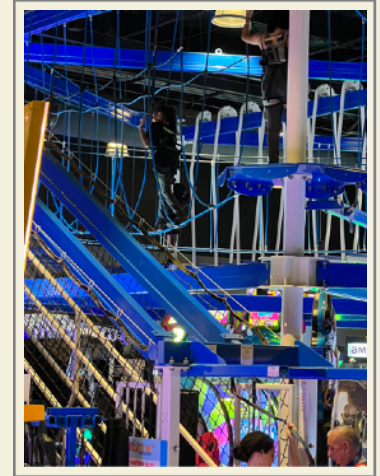


Wildin' Out Adventures

When it comes to adventure, Kern Bridges STRTP's are unmatched! It doesn't matter where we go to have an adventure necessarily- it doesn't matter about exotic locations, expensive holidays, or impressive adventuring equipment, our STRTP does it all. Month after month the boys living in our STRTP's are exposed to new adventures that takes them beyond their imagination. It should come as no surprise that adventure helps both the physical and mental develop of our boys, especially with more and more children favoring video games or television over physical activity. In fact, beautiful memories come from adventures that go a little awry. We believe our crazy adventures teach all our boys that they can do hard things, overcome their fears, and work as a team. Last month our boys experienced the thrill of floating through the air when they adventured to Newport Beach Balboa Parasail. This event had breathtaking panoramic views of Newport Beach at high altitude as our boys were lifted to 800–1200 foot flights. In addition, our boys did adventurous four-wheel ATV riding on the dunes near Pismo Beach. The dunes at Pismo Beach have a beautiful landscape and near-perfect weather and it has become one of the most popular off-road destinations for people from all over the United States to let loose on their ATVs. Adventure sports are undeniably attractive to many energetic and thrill-seeking kids. They don't have many of the rules and pressures of traditional team sports and they still have all the benefits of outdoor physical activity.



Our ISFC Rehab Specialists have been busy with planned summer activities for the youth in our ISFC program. We have had bowling events, The Blvd, John's Pizza and this week some summer fun at Island Water Park in Fresno. These events not only allow the youth to have fun, but also gives them the opportunity to have positive peer and community interactions. Thank you to our RS's for all you do.



SVP has been eager to meet and form relationships with each family that has entered our doors. Memories are made each day with parents and children doing crafts, watching movies and eating popcorn, playing outdoors, and just spending time together. With each visit, SVP staff gets to witness the children grow, learn, and find the confidence and ability to see different ways to enjoy life. We are saddened when it's time for our adventure with them to come to an end, but we will always be rooting for them in wherever their journey may lead them!

Former visiting parents have brought toys their children have outgrown and donated them here to the SVP. We are thankful for them as now the children here may enjoy them!



Upcoming Trainings

August 16, 2023

6:00 pm - 8:00 pm

“Managing Aggressive Behavior”

RSVP to marina@kernbridges.com

CPR/1st Aid

CPR and First Aid trainings are on an as needed basis at this time. Contact your KBYH Social Worker if you need to renew your certification.

ISFC Training & Support Group

Trainings are open to any Kern County approved ISFC Resource Family.

RSVP to marina@kernbridges.com

“Substance Use/Abuse ”

August 15, 2023 6:00 pm - 8:00 pm

TRAINING





Resource Parent of the Month: Luirelys Mirena

We take great pleasure honoring Ms. Luirelys Mirena as the Resource Parent of the Month for July 2023. Ms. Mirena is a single Resource Parent who cares for her three children and 1 ISFC level child. In addition to caring for her children, Ms. Mirena has continued undertaking an intense nursing training program. Ms. Mirena has proven to be a loyal and dependable Resource Parent who has cared for very difficult, demanding and challenging children. She has accepted foster children, ISFC level foster children and Probation Department clients. Ms. Mirena has responded without hesitation to provide for respite. In addition to meeting the many needs of the foster children, she provides transportation every morning and evening for her oldest son to attend Independence School and her younger children to attend preschool. This commitment is a great challenge in itself, and Ms. Mirena finds the strength to support this task throughout the school year. Caring for all of the needs for her children is an incredible task for a single parent, and Ms. Mirena has proven to be a strong and experienced mother and child care professional who has dedicated a significant part of her life caring for traumatized children who have needed a stable home and caring family.

Ms. Mirena has raised her children well. She encouraged her children to perform well in school and become good citizens. She taught her children good manners and how to behave appropriately at home, school and public. Ms. Mirena has always displayed a big smile, even in stressful times. She tackled challenges without once complaining. She has been a valuable asset to this agency.

We thank you Ms. Mirena for your continued dedicated service to child care, and we hope you continue offering your services to meet the many needs of needy children.



Happy Birthday



Child Birthdays

David	July 3
Ashley	July 21
Chace	July 21
Joselin	July 23
Byreon	July 25
Nathaniel	July 25

Resource Parent Birthdays

Mohesley Palencia	July 8
Mario Villa Perez	July 19
Shana Doverspike	July 27

Resource Parent Anniversaries

Luirelys Mirena	July 1	4 years
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KBYH Staff

Birthdays

Ruth Jackson	July 4
Savannah Conley Logan	July 11
Kylie Krause	July 12
Amber Jepsen	July 13
Shaderian Williams	July 21
Fernando Ortega	July 23
Willie Smith	July 28

KBYH Staff Anniversaries

Mike Ramirez	July 7	8 years
Crisol Jimenez	July 7	2 years
Leidy Paramo	July 12	1 year
Kelsey Provencio	July 12	1 year
Ronnie Wofford	July 14	18 years
Trina Smith	July 17	15 years
Krizia Garcia	July 21	2 years
Joe Ortega	July 27	23 years



Happy Anniversary!



Families play a vital role in teaching children how important it is to learn to swim and be safe in and around water. The American Red Cross has developed resources to help parents, caregivers and kids learn about water competency which involves a combination of being water smart, having water safety and survival skills, and knowing what to do in a water emergency – even if you don't have access to a pool.

This summer, keep these six water safety tips in mind:

Provide Constant Adult Supervision — Actively supervise children and non-swimmers around the water, even when lifeguards are present. Don't just drop kids off. Avoid distracting activities such as checking email or social media.

1. **Learn to Swim** — No matter your age, learning to swim is one of the best ways to be safer in and around the water.
2. **Look for Lifeguards** — Swim in designated areas supervised by lifeguards.
3. **Swim with A Buddy** — Do not allow anyone to swim alone. Even at a public pool or a lifeguarded beach, use the buddy system.
4. **Wear A Life Jacket** — Adults and kids should always wear a properly-fitted U.S. Coast Guard-approved life jacket while boating. Non-swimmers and inexperienced swimmers should also always wear a life jacket when in and around the water. Inflatable toys can be fun but are not a substitute for U.S. Coast Guard-approved life jackets.
5. **Learn CPR** — Learn how to prevent and respond to emergencies by learning [CPR](#).
6. **Don't play or swim in the Kern River ever!**



Online Courses A variety of online courses are available to take at your convenience:

- [Water Safety for Parents and Caregivers](#) is free and focuses on developing an awareness of the risks of drowning and how to minimize those risks, especially for young children.
- [Becoming a Water Safety Ambassador](#) is free and is intended for anyone (parents, teachers, adult and youth leaders) who want to teach others about making their communities safer in and around the water.
- [First Aid and CPR/AED](#) courses help participants learn how to recognize and care for a variety of first aid, breathing and cardiac emergencies.

[Water Safety Webpage](#) A go-to source for making water safety a priority. It includes a resource center with downloadable materials in English and Spanish.

[Water Safety for Kids Webpage](#) Designed to help teach elementary school-aged children, the page features safety topics from Longfellow's WHALE Tales, videos, activity sheets and quizzes. A discussion guide helps parents and caregivers engage with their children while they are learning.

[Water Watcher Information and DIY Card](#) The concept of a "water watcher" is that someone should always be identified whose sole responsibility is to supervise children during any in-water activity, especially in a group setting, until the next water watcher takes over. Learn more about what it means to be a water watcher and make your own water watcher card.

We hope these resources will help you and your loved ones enjoy a safe, healthy and fun summer.

