



# Kern Bridges Youth Homes

## *Positive Discipline*

### BRIDGES TO BETTER BEHAVIOR

FRIDAY, FEBRUARY 28, 2025 (10 AM - 4 PM)

Explore the journey of building stronger connections with your children while fostering a home filled with respect and positivity. This course offers you practical, easy-to-use strategies to handle parenting challenges with confidence and ease. Create a more peaceful environment and set your family up for lasting happiness and success!

#### Benefits

- **Strengthen Relationships:** Foster respect, connection, and cooperation at home.
- **Promote Positive Behavior:** Teach responsibility, self-discipline, and problem-solving.
- **Reduce Parenting Stress:** Approach challenges with confidence and calm.
- **Practical Tools:** Learn actionable strategies you can use right away.

SPACE IS LIMITED

#### Details

- \$300 per participant
- 6 credit hours
- Groups of 5 or more are eligible for a 10% discount

Alexandria Stevenson, Training Coordinator at Kern Bridges Youth Home, is a certified trainer in youth care and trauma-informed practices with years of direct experience empowering children and families.

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Cancellation Policy: All cancellations must be given at least 48 hours in advance. Without advanced notice, no refunds will be given, however, a credit may be applied to future trainings.