



Kern Bridges Youth Homes

Foster Parent Training

21ST CENTURY CAREGIVING
JANUARY 11-12, 2025 (9AM - 3 PM EACH DAY)

Caring for foster youth requires understanding, patience, and a commitment to growth. The 21st Century Caregiving Training equips foster parents with essential skills and knowledge to provide a supportive and nurturing environment for children in their care. This interactive and engaging course focuses on practical strategies and fosters a deeper connection between foster parents and the youth they serve.

Benefits

- **Enhanced Parenting Skills:** Learn effective techniques for managing challenging behaviors and supporting emotional well-being.
- **Trauma-Informed Care:** Gain insights into how trauma affects children and how to respond with empathy and understanding.
- **Stronger Relationships:** Build meaningful connections with foster youth through positive communication and trust-building strategies.
- **Increased Confidence:** Feel empowered to navigate the complexities of fostering with the support of expert-led training and peer discussions.

SPACE IS LIMITED

Details

- Free to Kern Bridges Families
- \$450 per participant.
- 12 credit hours
- Groups of 5 or more are eligible for a 10% discount

Alexandria Stevenson, Training Coordinator at Kern Bridges Youth Home, is a certified trainer in youth care and trauma-informed practices with years of direct experience empowering children and families.

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Cancellation Policy: All cancellations must be given at least 48 hours in advance. Without advanced notice, no refunds will be given, however, a credit may be applied to future trainings.