



## 2025 Product Catalogue

### Emerging from Nature - A New Beginning

Welcome to the First Collection of Marita Organica Apothecary Skincare.

This collection is a celebration of skin-loving botanicals, earth-born wisdom & intentional self-care. Handcrafted skincare essentials, lovingly made in small batches using 100% certified organic ingredients. Rooted in nature and crafted with purpose, each product is designed to:

- Soothe, protect & honour your skin ~ naturally
- Be gentle enough for all skin types
- Non-toxic nutrition for your skin.

Every product is a unique formulation ~ made with intention, inspired by the wisdom of plants and infused with care.

This is more than skincare. It's a return to what is gentle, pure & true. We use only the most nutrient-rich plant ingredients: unrefined, cold-pressed and extra virgin wherever possible. No synthetics. No fillers. Just the purest offerings from Mother Nature ~ directly to your skin. Please note: as there are no synthetic preservatives keep all products out of direct sunlight & away from heat.

Thank you for allowing Marita Organica to walk with you on this new beginning of skincare.



# New Beginnings

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**Choose to nourish your skin with organically Home Grow, freshly picked botanicals which are slowly dried, oil infused, bottled with care, then into a product crafted especially for you with love.**

#### **Infused Calendula oil.**

A golden infusion using time-honoured methods comes from organically homegrown calendula flowers. Celebrated in traditional herbal medicine, calendula is rich in soothing & restorative compounds that help calm inflammation, support the skin's natural healing process & maintain a healthy complexion. Each batch is prepared with care, ensuring purity & potency in every jar.

*Patiently dried, carefully infused ~ preserving purity. Many of the medicinal ingredients are grown in my own organic garden.*







# New Beginnings

## Rejuvenating Facial Moisturizer



*A light, botanical-rich blend to hydrate, balance & brighten. With aloe, jojoba, rosehip & sea buckthorn, it soothes irritation, softens dryness & restores your skin's natural glow.*

### Key Benefits:

*Hydrates · Calms · Evens tone · Protects*

### Overall Effect:

*Softly moisturised, radiant, balanced skin.*

### Available in:

*50ml Amber Glass Jar £20*

*60ml Amber Glass Jar £24*

*50ml Air Pump Dispenser £24*

*100ml Air Pump Dispenser £48*

## Body Salve

*A rich, comforting salve crafted to soothe, repair & deeply nourish very dry or chapped skin. With olive oil, cocoa butter, Calendula, beeswax & essential oils of tea tree & lavender, it forms a gentle barrier to protect & restore even the roughest skin.*

### Key Benefits:

*Soothes · Softens · Protects · Restores*

### Overall Effect:

*Calms & hydrates skin with long-lasting comfort & protection.*



### Available in:

*100ml Amber Glass Jar £18*

*120ml Amber Glass Jar £20*

*240ml Amber Glass Jar £32*



## Whipped Body Butter

*A rich, velvety-soft butter whipped to perfection to deeply nourish, smooth & protect the skin. Made with olive oil, cocoa butter, coconut oil, cornflour, shea butter & vanilla. It melts in on contact, leaving skin silky & comforted without a greasy feel.*

### Key Benefits:

*Nourishes · Softens · Soothes · Comforts*

### Overall Effect:

*Supple, deeply moisturised skin with a soft, comforting vanilla scent.*

### Available in:

*60ml Amber Glass Jar £7*

*120ml Amber Glass Jar £15*

*240ml Amber Glass Jar £26*





# New Beginnings

## Natural Deodorant

A gentle yet effective deodorant balm made with nourishing plant butters & pure essential oils. With shea butter, coconut oil, beeswax & lavender, teatree. It softens delicate underarm skin while helping to neutralise odour naturally good day long protection — no aluminium, no synthetic preservatives.

### Key Benefits:

Neutralises · Nourishes · Soothes · Protects

### Overall Effect:

Comfortable freshness with calm, healthy skin — all day, naturally.

### Available in:

30ml Amber Glass Jar £7

50ml Cardboard tube £13

60ml Amber Glass Jar £14

75ml Windup stick £17.50



## Healing Balm

A deeply restorative balm formulated with traditional skin-healing herbs and rich plant oils. Infused with Calendula, Plantain, Goldenseal Root Powder, Daisy, Clove & Lavender. It calms irritation, supports skin repair and helps soothe cuts, bites, dryness & inflammation.

### Key Benefits:

Heals · Calms · Restores · Protects

### Overall Effect:

Comforted, nourished skin with visibly reduced redness, dryness and irritation.



### Available in:

30ml Amber Glass Jar £10

60ml Amber Glass Jar £20

120ml Amber Glass Jar £40

## Wonder Joint

A *potent* botanical salve designed to bring comfort & to heal sore joints, tired muscles & areas of tension. Infused with powerful array of herbs & oils - Castor Oil, Horse Chestnut, Arnica, cayenne, Ginger, Black Pepper, Comfrey, Camphor & Clove. A warming blend supports circulation, eases stiffness, promotes deep healing & mild pain relief.

### Key Benefits:

Soothes · Eases · Stimulates · Supports

### Overall Effect:

Targeted relief, improved mobility & long-lasting herbal comfort.

### Available in:

30ml Amber Glass Jar £12

60ml Amber Glass Jar £24

120ml Amber Glass Jar £48

240ml Amber Glass Jar £90





# New Beginnings



## **Radiant Roll ~ Eye & Wrinkle Oil**

A delicate botanical blend formulated to hydrate, soothe, and visibly smooth the fragile skin around the eyes and face. Infused with Sea Buckthorn, Calendula, Rosehip, Frankincense, Helichrysum and Lavender, it nourishes, softens fine lines, and helps restore a bright, refreshed appearance.

### **Key Benefits:**

Hydrates · Smooths · Restores · Revitalises

### **Overall Effect:**

Comforted, radiant skin with improved texture and a soft, rejuvenated glow.

### **Available:**

3ml Amber Glass Roller Travel/Tester £2.50

10ml Amber Glass Roller £10

## **Abracadabra ~ Botanical Blemish Remedy Roll-On**

### **Abracadabra – Botanical Blemish Remedy**

A potent herbal blend designed to calm, purify & restore irritated or blemish-prone skin. Infused with oregano, tea tree, calendula, goldenseal, frankincense & jojoba, it soothes flare-ups, reduces redness and supports skin healing — naturally & effectively.

### **Key Benefits**

- ✓ Clears blemishes & irritation quickly
- ✓ Antibacterial & anti-inflammatory
- ✓ Soothes angry or reactive skin
- ✓ Travel-friendly, precise & mess-free

### **How to Use:**

Roll onto clean skin at the first sign of a spot or irritation. Use 2–3x daily as needed. Avoid eyes & broken skin.

🌿 A little plant magic for the moments your skin rebels.

### **Available:**

3ml Amber Glass Roller Travel/Tester £2.50

10ml Amber Glass Roller £8





# New Beginnings



## **Clear & Calm Healing Moisturiser ~**

A lightweight botanical moisturiser created to calm, balance & nourish youthful skin through the natural changes of adolescence. Formulated with gentle plant actives that hydrate deeply while keeping pores clear and inflammation at bay.

### **What You Can Expect**

**Hydrated, Clear Complexion** – Aloe Vera Gel & Witch Hazel deliver light hydration and a soothing astringent touch that helps keep pores refined. **Blemish Relief & Healing** – Neem Oil, Calendula & Rosehip support the skin's natural repair cycle, easing redness and helping marks fade more quickly.

**Balanced Oil Production** – Jojoba Oil closely mimics natural sebum, teaching the skin to self-regulate and preventing both dryness and congestion.

**Soft, Smooth Finish** – A whisper of Cornflour leaves a silky, matte feel without stripping essential moisture.

**Uplifting Botanical Aroma** – Rose Geranium and a hint of Tea Tree bring freshness, clarity & emotional balance

### **Overall Effect**

Skin feels calm, clear & lightly hydrated, never greasy. With regular use, breakouts lessen, irritation fades & the complexion regains its natural glow.

### **How to Use:**

After cleansing, apply evenly over the face a small amount to damp skin, morning and night. Breathe deeply as you smooth it in, letting the gentle scent of rose geranium remind you that healing comes from balance, not control.

**Available in 3 sizes:** 60ml Amber Glass jar £24, Amber glass pump bottles 50ml £24 or 100ml £48.

## **Calm & Clear Botanical Ritual Cleanser**

A gentle herbal cleanser that calms irritation supports clarity and refreshes the skin without stripping. This light, silky cleansing milk creates a soft natural lather that lifts impurities while keeping the barrier balanced.

### **Key Benefits:**

Calms sensitive skin with aloe vera myrrh or St John's Wort and calendula

Keeps skin clear with tea tree lavender oregano neem and goldenseal

Supports healing with calendula panthenol jojoba and sea buckthorn

Light foam from coco glucoside that leaves skin soft not tight

Fungal safe and suitable for reactive mature or blemish-prone skin

### **Overall Effect**

Skin feels clean calm and balanced with daily use.

### **How to Use**

Massage one to two pumps onto damp skin then rinse with warm water for a soft refreshed finish, wipe away with a damp, clean soft cotton or bamboo flannel.

Available in 2 Sizes: Amber Glass Pump 50ml £28 or 100ml £55.







# New Beginnings

## Golden Mend - Scar Healing Oil



**Skin Benefits & Effects;** Golden Mend is a concentrated botanical repair oil, crafted to support deep skin healing & renewal. With its blend of golden botanicals & ancient plant medicine, it nourishes, protects and restores balance to tired, damaged or stressed skin.

### **What You Can Expect:**

**Powerful Skin Repair** – Tamanu oil & rosehip seed oil work together to encourage cell regeneration, helping reduce the appearance of scars, fine lines & sun damage.

**Anti-Inflammatory** – Calendula jojoba oil & helichrysum calm irritation, soothe redness & comfort sensitive or inflamed skin.

**Vitamin-Rich Glow** – Sea buckthorn and rosehip oils deliver vitamins A, C & E, supporting elasticity and a brighter, more even complexion.

**Protective & Purifying** – Golden seal root powder and frankincense offer natural antimicrobial and antioxidant support, protecting against environmental stressors while aiding skin's natural repair cycle.

**Deep Nourishment** – Jojoba, tamanu, and vitamin E provide lasting hydration, helping to restore skin barrier function and leave the skin supple.

### **Overall Effect:**

Skin feels comforted, resilient, and radiant ~ with a golden glow of renewal. Golden Mend is ideal for scars, blemishes, sun-exposed skin, or whenever your complexion needs an extra layer of restorative care.

**Available in 2 Sizes:** Amber Glass Roller Applicators 10ml £10 or 30ml £28.



## Eye MakeUp Remover – Calm & Cleanse Eye Melt

A gentle, golden balm that melts into the skin to dissolve makeup and soothe the delicate eye area. Made with pure plant oils for calm, cooling and restorative care. Effortlessly removes even waterproof makeup. Calms puffiness and irritation with calendula and cucumber seed oil. Nourishes lashes and leaves skin soft and hydrated. Fragrance-free and essential-oil-free for sensitive eyes.

### **Key Ingredients:**

Coconut oil • Calendula-infused jojoba • Cucumber seed oil • Vitamin E

**How to Use:** Massage a small amount over closed eyes, then wipe away with either a soft tissue or follow immediately with Ritual Cleanser and wash both products off if desired.

**Overall Effect:** Clean, calm, hydrated eye area with nourished lashes.



# New Beginnings

## Seasonal Support

### Herbal Vapour Balm — Breathe & Restore



A natural alternative to conventional vapour rubs formulated with organic plant butters botanical oils & gentle essential oils to ease congestion support clear breathing & soothe the chest without synthetic menthol or petroleum.

#### What You Can Expect:

Deep respiratory relief with eucalyptus radiata & camphor

Immune & antimicrobial support from tea tree & thyme

Calming comfort with lavender & rosemary

Nourishing base of olive oil coconut oil shea butter & beeswax to protect delicate skin.

**How to Use:** Push up applicator which can be applied directly to chest or feet. Use as needed for comfort during cold or flu season.

**Overall Effect:** A clean herbal camphorous balm that gently restores breathing ease and calm to support rest and recovery.

**Key Ingredients:** Organic olive oil • Coconut oil • Shea butter • Yellow beeswax • Vitamin E • Eucalyptus radiata • Camphor • Peppermint • Rosemary • Lavender • Tea tree • Thyme

**⚠ Caution:-** For external use only. Not suitable for children under 2 years or during pregnancy. Avoid the face and mucous membranes.

75ml Cardboard applicator £15

### Immunity Roll — Protective Botanical Blend



A fortifying essential oil roll-on designed to support natural defences & clear breathing. This warming, protective blend brings together immune-supportive botanicals for moments of seasonal strain or lowered vitality.

**Respiratory & Immune Support:** Eucalyptus radiata & thyme help strengthen the respiratory system.

**Antimicrobial Protection:** Clove bud & rosemary offer potent antibacterial & antiviral action. **Uplifting Clarity:** Wild orange brightens mood and eases fatigue. **Gentle Warmth:** Cinnamon bark infused oil boosts circulation and adds comforting heat.

**How to Use:** Apply to chest, throat, spine, wrists, or soles of the feet.

Use up to 3 times daily.

**Caution:** External use only. Avoid eyes, mucous membranes & broken skin. Not suitable in pregnancy or for children under 2.

#### Overall Effect:

A warm, spicy-citrus aroma that encourages strength, clarity and vitality.

**Key Ingredients:** jojoba oil • Cinnamon bark infused olive oil • Wild orange • Eucalyptus radiata • Rosemary • Clove bud • Thyme • Vitamin E

30ml Amber Glass Roller £35



# New Beginnings

## Reflexology

### Circulation Boost – Warmth & Flow

*This invigorating foot salve is designed to gently stimulate circulation, restore warmth & support overall energy flow through the feet & lower legs. Inspired by traditional warming botanicals, it's ideal for tired, cold, or stagnant feet – especially in Elderly, or post walk in colder seasons or after long periods of rest.*



#### **Star Ingredients:**

*Ginger & Cayenne – gently warming, encourage blood flow. Clove & Black Pepper – stimulating & energising. Rosemary – revitalising, clears energetic stagnation. Horse Chestnut Oil – supports circulation, reduces swelling, eases tired, heavy feet. Olive Oil, Coconut Oil & Beeswax – nourish & seal in moisture*

#### **Benefits:**

- ✓ Promotes circulation & foot warmth
- ✓ Supports reflexology focused on detox pathways & movement
- ✓ Ideal for cold feet, low energy, or grounding morning rituals

#### **How to Use:**

*Massage a small amount into soles, heels & ankles with firm, circular movements. For reflexology, focus on the spine, kidney, and adrenal points for energising effects.*

**Available in:** 100ml Amber glass Jar £15



### Earth Bound – Calming & Grounding

*A grounding salve created to soothe the nervous system and bring the body into a place of calm stability. Inspired by the reflexology zones linked to the solar plexus and adrenal points, this blend supports deep rest, emotional regulation, and reconnection with the earth beneath your feet.*

**Star Ingredients:** *Lavender & Vetiver – deeply calming, help anchor scattered energy. Frankincense – eases tension, promotes stillness & breath. Chamomile & Calendula – soften the skin & settle irritation. Sweet Marjoram – gently comforting; promotes emotional balance & energetic grounding. Beeswax & nourishing oils – create a warm, protective barrier*

#### **Benefits:**

- ✓ Helps reduce anxiety, overwhelm & nervous system stress
- ✓ Supports grounding reflexology treatments & hormonal balance
- ✓ Ideal before sleep or during emotional overwhelm

#### **How to Use:**

*Massage into soles and reflex points related to the solar plexus, diaphragm and adrenal zones. Use during meditation, evening ritual, or whenever grounding is needed.*

100ml £15.





# New Beginnings

## Reflexology

### Sole Repair – Skin Healing & Restoration



*This intensive herbal salve is crafted to support the healing, regeneration & protection of hard-working feet. Whether you're dealing with cracked heels, rough patches, or irritated areas, Sole Repair blends time-honoured plant allies known for their wound-healing, antimicrobial & skin-soothing benefits. A perfect choice for daily foot care, barefoot recovery, or therapeutic reflexology.*

#### Star Ingredients:

*Plantain – a traditional remedy for skin repair & inflammation  
Calendula – promotes tissue regeneration & calms irritated skin  
Tea Tree Oil – powerful natural antiseptic that protects & purifies  
Lavender – soothes soreness & supports skin healing  
Goldenseal Root – prized for its antimicrobial properties & role in healing minor wounds*

#### Benefits

- ✓ Aids in healing cracked heels, soreness & broken skin
- ✓ Softens dry, thickened, or damaged areas over time
- ✓ Ideal for reflexology, daily foot care, or post-barefoot recovery

#### How to Use:

*Massage into dry, cracked, or vulnerable areas of the feet, especially the heels & edges. Use daily for ongoing support, or apply before bed with cotton socks for an intensive overnight treatment.*

100ml £15

### Ritual Relief – Cooling & Soothing

*A refreshing, restorative blend to ease tension and bring relief to tired, hot, or overworked feet. Perfect for use after long days, during hormonal fluctuations, or when seeking a sense of physical and emotional reset. This salve blends skin-soothing herbs with cooling essential oils for instant calm and clarity.*



#### Star Ingredients:

*Lavender & Calendula – calm inflammation & gently heal the skin  
Peppermint & Eucalyptus – cool the feet, refresh the senses & stimulate circulation  
Comfrey – supports repair of dry, cracked, or aching areas  
Magnesium – helps relax muscles & eases tension*

#### Benefits:

- ✓ Provides relief to hot, tired, or inflamed feet
- ✓ Supports reflexology for hormonal balance, stress release & lymphatic flow
- ✓ Ideal during menopause, travel, long workdays or heat-related tension

#### How to Use:

*Massage into the soles and reflex points for the head, spine, and endocrine areas. Use before rest or as a cooling ritual for daily foot care.*

100ml £15



NILE RITUAL



## Sacred Skincare Inspired by the Ancients

Welcome to the Third Collection  
of Marita Organica  
Apothecary Skincare.

For thousands of years, the Nile has nourished not only the land, but the body & spirit. Along its sacred banks, beauty was seen as ritual ~ this is a collection for a nightly ceremony of restoration, protection & reverence.

The Nile Ritual collection draws on this ancestral wisdom, blending skin-loving botanicals once favoured by Queens & healers. At its heart is blue lotus, known for its soothing fragrance & ability to soften skin & senses, preparing you for rest. Frankincense for renewal, golden oils for nourishment & desert herbs to restore. Each product is designed to support your skin's natural rhythm as night falls. A quiet moment. A sacred pause. A return to beauty — before sleep.





# Nile Rituals

## 🌿 Ritual Cleanser 🌿

Exfoliating Cream Cleanser with Blue Lotus, Rose & Hyaluronic Acid. A creamy floral ritual to gently polish, hydrate to restore radiant skin. This luxurious rinse-off cleanser combines calming blue lotus with ultra-fine black bamboo to gently exfoliate & refine. Enriched with hyaluronic acid & soothing botanicals, it leaves skin soft, smooth & naturally glowing — perfect for dry, sensitive, or mature skin.



## ✨ Key Botanicals & their Benefits ✨

- Aloe Vera & Rose Hydrosol ~ Hydrates & calms with vitamins, minerals & natural anti-inflammatories.
- Jojoba & Olive Oil ~ Replenish essential lipids, vitamins E & B-complex to soften, protect & restore balance.
- Rosehip & Sea Buckthorn CO<sub>2</sub> ~ Vitamin A, C, E & omega fatty acids to brighten, repair & support collagen.
- Blue Lotus ~ Antioxidants & phytonutrients to revitalise & tone calming skin & senses.
- Black Bamboo Powder ~ Gentle natural silica for smooth exfoliation & mineral nourishment.
- Hyaluronic Acid & Glycerin ~ Powerful humectants to deeply hydrate & plump skin.
- Panthenol (B5) & Niacinamide (B3) ~ Support barrier repair & improve elasticity.
- Vitamin E ~ A key antioxidant to protect & heal.
- Rose & Blue Lotus Essential Oils ~ Restore, rejuvenate & elevate your ritual with their delicate aroma.

🌿 Ritual Use ~ Massage gently into damp skin using circular motions.

Rinse with warm water or remove with a soft cloth. Use 2–3 times a week

Available in 2 sizes: 50ml £30 or 100ml £55 (Introductory prices).





# Nile Rituals

## 🌿 Nourishing Night Oil 🌿

A velvety, exotic blend of high-end golden oils and sacred botanicals, designed to deeply nourish, restore, and calm your skin while you sleep.

Infused with blue lotus, goldenseal, and moringa oil, this luxurious elixir delivers a potent dose of skin-loving nutrients to replenish and repair overnight, leaving your complexion supple, balanced, and serene by morning.



### ✦ Key Botanicals & their Benefits ✦

- Blue lotus ~ sacred botanical to calm both skin & mind, imparting skin-softening serenity.
- Goldenseal powder ~ to purify, soothe & support skin health with natural antimicrobial properties.
- Moringa oil ~ rich in vitamins, antioxidants & essential fatty acids to feed/protect the skin.
- Frankincense & Helichrysum ~ to encourage overnight repair & renewal.
- Golden jojoba, squalane & rosehip oils ~ for lasting hydration & barrier support.
- Castor oil – to help draw the nourishing blend deeper into the skin for maximum benefit.
- Lightweight & fast-absorbing, with a calming floral aroma to ease you into restful sleep.

🌙 **Ritual Use** ~ Apply 5–10 drops onto clean, slightly damp skin as part of your evening ritual. Inhale deeply, allowing the soothing aromas to relax your senses. Smooth & glide the oil over your face/neck, finishing with gentle strokes using a gua sha to enhance absorption & relaxation.

Available in 2 sizes: 30ml £30 or 50ml £55 (Introductory prices).



# Pechoti Oils



## Ancient Navel Rituals Reimagined

Across ancient traditions from Ayurveda to Egypt, the navel was seen as a sacred centre of vital energy point and centre of 72000 nerve endings. Therapeutic navel oils are applied there can improve gut health, enhances skin health, hormones, boosts metabolism, balance emotions and provides a holistic solution to wellbeing. Applying warm herbal oils to this area has long been used to restore, ground and harmonise the body from within.

At Marita Organica, we've revived this timeless practice with four purposeful Navel Ritual Oils, each crafted with organic, cold-pressed botanicals to support hormonal balance, restful sleep, digestive flow and vital circulation. A gentle reminder that true self-care begins at the centre.

### Currently 4 Blends:

*Please contact me if there is a particular dis-ease of the body you wish to seek Pechoti blend for. I offer to make bespoke blends too.*

**Maritaorganica@gmail.com**

**Insta: maritaorganica2025**

**07801 536777**



# Pechoti Oils



## EASY TO USE IN 4 STEPS



1. Soak the center of the patch with your preferred castor oil (not included)



2. Apply directly over the belly button or target area



3. Leave on for 1-2 hours or overnight as needed



4. Dispose after use - no cleanup required



## GENTLE DETOXIFICATION

Boost metabolism and support a healthy body



Waterproof And  
Sweat-Proof



Soft And  
Comfortable



Breathable  
Material





# Pechoti Oils



## **Solar Fire – Circulation & Vitality Support Oil**

### **Description:**

A warming, energising oil infused with cayenne and rosemary to rekindle inner fire and vitality. Solar Fire restores warmth to cold extremities, encourages circulation & awakens stagnant energy. Black pepper and cypress bring a subtle glow of movement and renewal from your body's centre outward.

### **How to Use:**

Shake gently before each use. Use 1-2 drops only. Massage gently around the navel to invite warmth and renewed energy through the day or evening. Avoid broken skin and patch-test first; the blend contains naturally warming herbs. Or apply a larger amount onto a Castor Oil Patch over Naval.

**Available:** 30ml Amber Glass Dropper Bottle £15

Store bottles in a cool, dark place.

## **Sacred Balance – Hormone & Menopause Support**

### **Description:**

A harmonising blend of sage-infused botanicals and precious oils crafted to support the female cycle through every phase of change. Sacred Balance encourages hormonal equilibrium, calms emotional fluctuations and nurtures skin vitality. Clary sage, geranium and frankincense work in synergy to soothe hot flushes, restore inner calm and awaken the body's natural rhythm.

**Effect:** Harmonises hormones, eases hot flushes, supports emotional grounding and nourishes skin.

(Use nightly around the navel or lower abdomen before sleep).





# Pechoti Oils



## Lunar Calm – Deep Sleep & Nervous System Support Oil

### Description:

A tranquil fusion of lavender, chamomile, marjoram and vetiver to still the mind and settle the body in cold pressed organic castor & Jojoba oil. Lunar Calm invites deep, restorative rest by soothing the nervous system and releasing tension held in the abdomen. The gentle aroma encourages slow breathing and peaceful dreams.

### How to Use:

*Shake gently before each use. Use 1-2 drops only. Massage gently around the navel to invite warmth and renewed energy through the day or evening. Avoid broken skin and patch-test first; the blend contains naturally warming herbs. Or apply a larger amount onto a Castor Oil Patch over Naval.*

**Available:** 30ml Amber Glass Dropper Bottle £15  
Store bottles in a cool, dark place.

## Inner Flow – Digestive & Detox Support Oil

### Description:

A cleansing and awakening blend of castor, olive & lemon oils with invigorating essences of ginger, fennel, and peppermint in cold pressed organic castor & Jojoba oil. Inner Flow supports healthy digestion, eases bloating and stimulates gentle detox through improved lymphatic and circulatory movement. Perfect after rich meals or whenever your system feels sluggish.





Scan for More  
Rituals & Products







### 🌿 Thank You for Beginning With Us 🌿

We hope this sample set has brought nourishment, comfort & delight to your daily rituals. Each product is handcrafted in small batches with care, using only natural, organic, skin-loving ingredients - always free from synthetic fragrances, parabens, or harsh preservatives.

Our wish is that you feel more at home in your skin.

I offer to make products at your request, If there is something you like I will strive to make it in a natural way. Just ask me, I'd love to hear from you.

Your feedback helps shape what we make especially for you.

With warmth,

xx Marita xx

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