



ANOTHER BEST DAY



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2020/2021  
**RACE**  
PROGRAM



**ATHLETE**  
**FIS ATHLETES**  
**ADULT & JUNIOR**



**HERO WC DH FIS (R21 WC SPEED)**

SIZE	RADIUS	FLEX
218	>50m	MEDIUM
218	>50m	HARD

**RAJY1DH-HARD**  
**RAJY2DH-MEDIUM**

REC. BINDING  
 FCJA018  
 LOOK PX 18 ROCKERACE

- WOOD CONSTRUCTION
- SPECIFIC SPEED BASE
- MANTEC WC SPPED GRINDS
- WAXED AND HOT BOXED - 5 CYCLED



**HERO WC SG FIS (R21 WC SPEED)**

SIZE	RADIUS
203	>40m
209	>40m
212	>45m

**RAJY1SG**

REC. BINDINGS  
 FCJA018  
 LOOK PX 18 ROCKERACE  
 FCIA005  
 LOOK SPX 15 ROCKERACE

**HERO WC SG RACING (R21 RACING)**

SIZE	RADIUS
186	27.9m
196	34.6m

**RAIYR12**

REC. BINDINGS  
 FCIA005  
 LOOK SPX 15 ROCKERACE  
 FCIA006  
 LOOK SPX 12 ROCKERACE



**HERO ATHLETE FIS GS FACTORY (R22)**

SIZE	SIDECUT	RADIUS
193	102/65/84	30m

**RAJGE01**

REC. BINDING- FCIA005  
 LOOK SPX 15 ROCKERACE

**HERO ATHLETE FIS GS (R22)**

SIZE	SIDECUT	RADIUS
188	101/65/81	30m

**RAJAGF01**

REC. BINDING -  
 FCIA005  
 LOOK SPX 15 ROCKERACE  
 FCIA006  
 LOOK SPX 12 ROCKERACE



**HERO ATHLETE GS (R22)**

SIZE	SIDECUT	RADIUS
185	102/65/84	27m

**RAJGB01**

REC. BINDING -  
 FCIA005  
 LOOK SPX 15 ROCKERACE  
 FCIA006  
 LOOK SPX 12 ROCKERACE

**HERO ATHLETE GS (R22)**

SIZE	SIDECUT	RADIUS
165	103/65/85	25m
170	103/65/85	25m
175	103/65/85	25m
182	103/65/85	25m

**RAJDP01**

REC. BINDING- FCIA006  
 LOOK SPX 12 ROCKERACE



### HERO ATHLETE FIS SL (R22)

SIZE	SIDECUT	RADIUS
157	116/66/102	12m
165	118/67/104	13m

**RAJAE01** 157

**RAJAH01** 165

REC. BINDING- FCIA005  
LOOK SPX 15 ROCKERACE

### HERO ATHLETE SL (R22)

SIZE	SIDECUT	RADIUS
150	115/66/101	11m

**RAJAE02**

REC. BINDING- FCIA006  
SPX 12 ROCKERACE BLACK ICON



### HERO ATHLETE GS PRO (R21)

SIZE	SIDECUT	RADIUS
135	115/65/100	11m
144	115/65/100	11m
151	115/65/100	11m
158	115/65/100	11m
165	115/65/100	11m

**RAJDM02**

REC. BINDING -  
FCJA041  
SPX 10 B73 BLACK ICON  
FCJA044  
NX JR 10 B73 BLACK ICON  
FCJA046  
NX JR 7 B73 BLACK ICON



### HERO ATHLETE SL PRO (R21)

SIZE	SIDECUT	RADIUS
128	115/65/100	11m
135	115/65/100	11m
142	115/65/100	11m
149	115/65/100	11m

**RAJGB01**

REC. BINDING -  
FCJA041  
SPX 10 B73 BLACK ICON  
FCJA044  
NX JR 10 B73 BLACK ICON  
FCJA046  
NX JR 7 B73 BLACK ICON



### HERO ATHLETE MULTI-EVENT

SIZE	SIDECUT	RADIUS
127	114/65/99	11m
134	114/65/99	11m
141	114/65/99	11m
148	114/65/99	11m

**RAJAV01**

REC. BINDING -  
FCJA045  
NX JR 7 LIFTER BLACK  
FCJA046  
NX JR 7 B73 BLACK ICON



## MASTERS

MASTERS  
ATHLETES



### HERO MASTER (R22)

SIZE	SIDECUT	RADIUS
169	115/70/98	15m
173	115/70/98	17m
179	115/70/97	19m
183	115/71/96	21m

RAJHE01

REC. BINDINGS -

FCIA007 SPX 15 ROCKERACE FORZA MASTER  
FCIA006 SPX 12 ROCKERACE BLACK ICON



## ELITE

TECHNICAL  
ON-TRAIL



### HERO ELITE ST TI (R22)

SIZE	SIDECUT	RADIUS
157	122/68/104	11m
162	122/68/104	12m
167	122/68/104	13m
172	122/68/104	14m

RAJGB01

REC. BINDING -

FCJA016  
SPX 14 ROCKERACE BLACK  
ICON

### HERO ELITE ST TI (KONECT)

SIZE	SIDECUT	RADIUS
157	122/68/104	11m
162	122/68/104	12m
167	122/68/104	13m
172	122/68/104	14m

RAJGB01

SYSTEM: KONECT -

RAJLX02 | FCJC001  
SPX 14 KONECT GW B80 NEW  
ICON



**ATHLETE**  
**FIS ATHLETES**  
**ADULT & JUNIOR**



**HERO ELITE  
 LT TI (KONECT)**

SIZE	SIDECUT	RADIUS
167	119/71/101	15m
172	119/71/101	16m
177	119/71/101	17m
182	119/71/101	18m

**RAJGB01**

SYSTEM: KONECT -  
 RAJLC02 | FCJC001  
 SPX 14 KONECT GW B80 NEW  
 ICON



**HERO ELITE  
 PLUS TI (KONECT)**

SIZE	SIDECUT	RADIUS
160	130/78/110	12m
167	130/78/110	13m
174	130/78/110	14m
181	130/78/110	15m

**RRJ01LB**

SYSTEM: KONECT -  
 RAJLB01 | FCIC006  
 SPX 12 KONECT GW B80 BLACK  
 ICON



**HERO ELITE  
 MT TI (KONECT)**

SIZE	SIDECUT	RADIUS
159	123/74/109	13m
167	123/74/109	14m
175	123/74/109	15m
183	123/74/109	16m

**RRJ01LB**

SYSTEM: KONECT -  
 RAJLD01 | FCIC006  
 SPX 12 KONECT GW B80 BLACK  
 ICON



**HERO ATHLETE  
 MOGUL ACCELERE**

SIZE	SIDECUT	RADIUS
166	92/63/81	26m
177	92/63/81	26m

**RAHMG01**

REC. BINDING- FCIA044  
 PIVOT 12 B75

**HERO ATHLETE  
 MOGUL JUNIOR**

SIZE	SIDECUT	RADIUS
158	104/65/86	18m

**RAHMG02**

REC. BINDING- FCJA041  
 SPX 10 B73 BLACK ICON





# RACE HERO

## 1 DUAL CORE TECHNOLOGY

The entire HERO WORLD CUP and HERO range features the DUAL CORE technology. The DUAL CORE technology involves injecting materials with different hardness levels into the same mould, with three injection points in the shell and two injection points in the cuff. The result is a sandwich construction with an ultra-thin layer of hard materials on the outside encapsulating the softer materials inside.

This technology can be used to accurately fine-tune the progressive flex, rear support and rebound. It also allows for highly effective lateral power transfer.



## 2 PRE-SHAPED ANATOMICAL LINERS

The lower part of these liners is pre-shaped around the ankle bone to ensure a snug fit with the shell's internal last. The shape can be seen on the outside of the liner.



DUAL CORE

### HERO WORLD CUP ZC/ZB/ZA

92+ mm

LAST	92
WEIGHT KG (1/2 PAIR)	2,450
TECHNOLOGY	DUAL CORE
SHELL	POLYETHER
CUFF	POLYETHER
LINER	WORLD CUP RACING FIT
HEEL PIECES	FIS NORMS Need to be ground

RBJ9240	ZC - WHITE 23.5 - 29.5 MSS (FULL SIZES)
RBJ9250	ZB - WHITE 22.5 - 29.5 MSS (FULL SIZES)
RBJ9260	ZA - WHITE 22.5 - 29.5 MSS (FULL SIZES)



DUAL CORE

### HERO WORLD CUP ZA+ /ZJ+

92+ mm

LAST	92 PLUS
WEIGHT KG (1/2 PAIR)	2,430
TECHNOLOGY	DUAL CORE
SHELL	POLYETHER
CUFF	POLYETHER
LINER	WORLD CUP RACING FIT
HEEL PIECES	GROUND SOLES

RBJ9270	ZA + - WHITE 22.5 - 28.5 MSS (FULL SIZES)
RBJ9280	ZJ + - WHITE 22.5 - 28.5 MSS (FULL SIZES)



RACE  
HERO



★ NEW!

FULL CUSTOM LINER  
DUAL CORE

**HERO WORLD CUP 140**

97 mm

LAST	97
FLEX	140
WEIGHT KG (1/2 PAIR)	2,250
TECHNOLOGY	DUAL CORE
SHELL	POLYETHER
CUFF	POLYETHER
LINER	PRE-SHAPE LINER - FULL CUSTOM T1

RBJ1010      WHITE / 24 - 30.5



FULL CUSTOM LINER  
DUAL CORE

**HERO WORLD CUP 120**

97 mm

LAST	97
FLEX	120
WEIGHT KG (1/2 PAIR)	2,260
TECHNOLOGY	DUAL CORE
SHELL	POLYETHER
CUFF	POLYETHER
LINER	PRE-SHAPE LINER - FULL CUSTOM T2

RBJ1030      WHITE / 24 - 30.5



FULL CUSTOM LINER  
DUAL CORE

**HERO WORLD CUP 110 SC**

97 mm

LAST	97
FLEX	110
WEIGHT KG (1/2 PAIR)	1,990
TECHNOLOGY	DUAL CORE
SHELL	POLYURETHANE
CUFF	POLYURETHANE
SPECIFICATIONS	SHORT CUFF
LINER	PRE-SHAPE LINER - FULL CUSTOM T2

RBJ9010      WHITE / 21 - 28.5



FULL CUSTOM LINER  
DUAL CORE

**HERO WORLD CUP 90 SC**

97 mm

LAST	97
FLEX	90
WEIGHT KG (1/2 PAIR)	1,980
TECHNOLOGY	DUAL CORE
SHELL	POLYURETHANE
CUFF	POLYURETHANE
SPECIFICATIONS	SHORT CUFF
LINER	FULL CUSTOM T2

RBJ9050      WHITE / 21 - 28.5



FULL CUSTOM LINER  
DUAL CORE

**HERO WORLD CUP 70 SC**

97 mm

LAST	97
FLEX	70
WEIGHT KG (1/2 PAIR)	1,880
TECHNOLOGY	DUAL CORE
SHELL	POLYURETHANE
CUFF	POLYOLEFINE
SPECIFICATIONS	SHORT CUFF
LINER	FULL CUSTOM T3

RBJ9070      WHITE / 21 - 28.5



**HERO JR 65**

LAST	98
FLEX	65
SIZES	19.5-22.5
TECHNOLOGY	DUAL CORE
SHELL	POLYURETHANE

RBJ9090      WHITE



# RACE HELMETS



## HERO CARBON FIBER FIS

SIZE 54, 56, 58, 60, 61  
TECH, VENTS CARBON / EPS  
FIT SYSTEM SIZED  
FIS APPROVED / ASTM APPROVED

**RKHH104** HOT RED



## HERO 9 IMPACT FIS W/CHINGUARD

SIZE 54, 56, 58, 60, 61  
TECH, VENTS ABS / EPP  
FIT SYSTEM SIZED  
FIS APPROVED / ASTM APPROVED

**RKHH100** HOT RED

**RKHH105** PINK/WHITE



## HERO TEMPLAR SL IMPACTS W/CHINGUARD

SIZE S/M(52-55), M/L (55-59), L/XL (59-63)  
TECH, VENTS ABS / EPP  
FIT SYSTEM BOA  
ASTM APPROVED

**RKIH100** BLACK/RED



## HERO 7 FIS IMPACTS

SIZE 54, 56, 58, 60, 61+  
WEIGHT 580 g  
FIT SYSTEM SIZED  
FIS APPROVED / ASTM APPROVED

**RKHH103** BLACK



## HERO KIDS RED

SIZE XS (49-53)  
TECH, VENTS ABS / EPP  
FIT SYSTEM SIZED  
FIS APPROVED / ASTM APPROVED

**RKJH502** HOT RED

**RKJH501** PINK

HARD EAR



SOFT EAR



## CHIN PROTECTION HARD EAR

**RKCCI05**

FOR HARD EAR HELMETS

## CHIN PROTECTION SOFT EAR

**RKCCI00**

FOR SOFT EAR HELMETS

# RACE GOGGLES



## HERO

LENS SINGLE  
LENS COLOR S0 CLR/ S1 YLW / S2 SLV  
FRAME SIZE MEDIUM  
FOAM DOUBLE DENSITY FLEECE

**RKHG100** BLACK



## ACE HERO

LENS DOUBLE  
LENS COLOR S1 YLW / S2 SLV  
FRAME SIZE MEDIUM  
FOAM SINGLE DENSITY FLEECE

**RKHG101** HOT RED



## ACE HERO W

LENS DOUBLE  
LENS COLOR S1 YLW / S2 GREEN  
FRAME SIZE MEDIUM  
FOAM SINGLE DENSITY FLEECE

**RKHG102** PINK





# RACE POLES



HERO  
RDH1010

## HERO GS/SG

DIAMETER	18 mm	TIP	CARBIDE
GRIP	HERO	WEIGHT	240 g
STRAP	HERO VELCRO	SIZE	115-140/5
BASKET	WORLD CUP - 54 mm	SPECIFICITY	TRIANGULAR PROFIL



HERO  
RDH1020

## HERO SL

DIAMETER	18 mm	TIP	CARBIDE
GRIP	HERO	WEIGHT	245 g
STRAP	HERO VELCRO	SIZE	115-140/5
BASKET	RACE - 54 mm	SPECIFICITY	TRIANGULAR PROFIL



HERO  
RDH6000

## HERO GS-SG Jr

DIAMETER	16 mm	TIP	CARBIDE
GRIP	WORLD CUP JUNIOR	WEIGHT	180 g
STRAP	REGULAR JUNIOR	SIZE	90-115/5
BASKET	WORLD CUP JR	SPECIFICITY	TRIANGULAR PROFIL



HERO  
RDH6010

## HERO SL Jr

DIAMETER	16 mm	TIP	CARBIDE
GRIP	WORLD CUP JUNIOR	WEIGHT	180 g
STRAP	REGULAR JUNIOR	SIZE	90-115/5
BASKET	MONO MAT	SPECIFICITY	TRIANGULAR PROFIL



## INTEGRAL HAND PROTECTION

RKJP102

SIZES: TU



## LEG PROTECT SR

RKJP100

MATERIAL: DUAL DENSITY FOAM



## LEG PROTECT JR

RKJP101

MATERIAL: DUAL DENSITY FOAM



## RPG STRAP SR

RKFP201

MATERIAL: SAS TEC



## RPG STRAP JR

RKFP501

MATERIAL: SAS TEC



## HERO FOREARM PROTECTION SR

RKCC105

SIZES: TU

## HERO FOREARM PROTECTION JR

RKCC100

SIZES: TU



# RACE BAGS



**01 HERO WHEELED SKI 2/3P 210** RKHB106

**DIMENSIONS** FITS 3 PR 200 cm LONG SKIS  
 RIPSTOP / 5.71 kg  
 WHEELED BAG CARRIES SKIS + GEAR  
 USE: SKI/GEAR TRAVEL BAG

**02 HERO SKI BAG 4P 230** RKHB107

**DIMENSIONS** FITS 4 PR 230 cm LONG SKIS  
 RIPSTOP / 3.5 kg  
 "BURRITO" STYLE ROLL UP BAG  
 USE: 4 PAIR SKI TRAVEL BAG

**03 HERO JUNIOR SKI BAG 170cm** RKHB104

**DIMENSIONS** FITS 1 PR 170cm LONG SKIS  
 RIPSTOP / 1.46 kg  
 1 COMPARTMENT FOR SKIS + POLES  
 USE: JUNIOR SKI TRAVEL BAG

**04 HERO SKI BAG 2/3P ADJUSTABLE 190/220** RKHB105

**DIMENSIONS** FITS 3 PR 220 cm LONG SKIS  
 RIPSTOP / 1.46 kg  
 1 LARGE COMPARTMENT FOR SKIS + POLES  
 ADJUSTABLE LENGTH  
 USE: LIGHTWEIGHT SKI TRAVEL BAG

**05 HERO EXPLORER** RKHB110

**DIMENSIONS** 12.5 L / L 31" X W 15" X H 18"  
 RIPSTOP / 4.64 kg  
 XL GEAR BAG W/2 COMPARTMENTS  
 USE: TRAVEL BAG

**06 HERO BOOT PACK** RKHB101

**DIMENSIONS** 25 L / L 14" X W 10" X H 22"  
 RIPSTOP / 1.12 kg  
 MEDIUM BAG FOR ALL ATHLETES GEAR  
 USE: BOOT & GEAR PACK

**07 HERO CABIN BAG** RKHB109

**DIMENSIONS** 50 L / L 21" X W 13" X H 12"  
 RIPSTOP / 2.82 kg  
 LARGE BOOT BAG W/SPACE FOR GEAR  
 USE: CARRY-ON LUGGAGE BAG

**08 HERO HEATED BAG 110 V** RKHB112

**HERO HEATED BAG 220 V** RKHB111  
**DIMENSIONS** 60 L / L 18" X W 16" X H 14"  
 RIPSTOP / 4.64 kg  
 HEATED BOOT BAG WARMS BOOTS/GEAR  
 USE: HEATED DAY BAG

**09 HERO BOOT PRO** RKHB103

**DIMENSIONS** 75 L / L 18" X W 11" X H 24"  
 RIPSTOP / 1.4 kg  
 LARGE BOOT PACK W/SPACE FOR GEAR  
 USE: ATHLETE EQUIPMENT PACK

**10 HERO ATHLETES BAG** RKHB113

**DIMENSIONS** 95 L / L 28" X W 20" X H 16"  
 RIPSTOP / 2.0 kg  
 MEDIUM BAG FOR ALL ATHLETES GEAR  
 USE: ATHLETE EQUIPMENT PACK

**11 HERO PRO SEAT** RKHB102

**DIMENSIONS** 340L\* X 320W\* X H500 mm  
 RIPSTOP / 2,30 kg  
 MEDIUM BAG FOR ALL ATHLETES GEAR  
 USE: ATHLETE EQUIPMENT PACK

**12 HERO DUAL BOOT BAG** RKHB108

**DIMENSIONS** 490L\* X 360W\* X H110 mm  
 RIPSTOP / 0.75 kg  
 LARGE BOOT BAG  
 USE: BOOT PACK



# RACE BINDINGS



PX 18 ROCKERACE			
ITEM #	BRAKE	COLOR	Black Icon
FCJA018	80mm	DIN	10-18
		WEIGHT	3530 g/pr
		RAMP°	.7°



SPX 15 ROCKERACE			
ITEM #	BRAKE	COLOR	Black Icon
FCIA005	80mm	DIN	8-15
		WEIGHT	2850 g/pr
		RAMP°	.7°



SPX 14 ROCKERACE			
ITEM #	BRAKE	COLOR	Black Icon
FCJA016	80mm	DIN	5-14
		WEIGHT	2850 g/pr
		RAMP°	.7°



SPX 12 ROCKERACE			
ITEM #	BRAKE	COLOR	Black Icon
FCIA006	80mm	DIN	3.5-12
		WEIGHT	2520 g/pr
		RAMP°	.7°

# JUNIOR BINDINGS



SPX 10 GW			
ITEM #	BRAKE	COLOR	Black Icon
FCJA041	73mm	DIN	3-10
		WEIGHT	2000 g/pr
		RAMP°	.5°



NX 10 GW			
ITEM #	BRAKE	COLOR	Black Icon
FCJA044	73mm	DIN	3-10
		WEIGHT	1590 g/pr
		RAMP°	.5°



NX 7 LIFTER GW			
ITEM #	BRAKE	COLOR	Black Icon
FCJA045	73mm	DIN	2-7
		WEIGHT	1590 g/pr
		RAMP°	.5°



NX 7 GW			
ITEM #	BRAKE	COLOR	Black Icon
FCJA046	73mm	DIN	2-7
		WEIGHT	1590 g/pr
		RAMP°	.5°



## ROSSIGNOL RACE DEPARTMENT RECOMMENDATIONS (Skis, Bindings, Skiboosts)

General Observations: Ski selection, both model and length, always will be a very personal and, to a large degree, a very subjective decision. The following chart shows some of the common trends we noticed as a result of our ongoing testing, which should be taken into consideration when making model and length decision. Optimal ski length is determined by the following order: ability, weight and strength. The Rossignol Race Department hopes you will find this information useful and wishes you an excellent winter of racing. Good luck at the races!

	Weight (lbs)	Weight (kg)	Multi-Event	Size (cm) LEARNING	Size (cm) RACERS CONFIRMED		Bindings	Boots	
<b>U8</b> AGE 6-7 BIRTH YEAR 2013/ 2014	40-50	18-23	HERO JR Multi -Event		110		TEAM 4 GW	HERO Jr 65	
	50-60	23-27			120		TEAM 4 GW / NX JR 7 GW		
	60-70	27-32	HERO FIS Multi-Event		127		NX JR 7 GW		
	70-80	32-36			134				
<b>U10</b> AGE 8-9 BIRTH YEAR 2011/2012 (Microbe)	50-60	23-27	HERO JR Multi -Event		120		TEAM 4 GW / NX 7 GW	HERO Jr 65	
	60-70	27-32			130		NX 7 GW LITFER		
	70-80	32-36	HERO FIS Multi-Event		127/134				
	80-90	36-41			141/148				
<b>U12</b> AGE 10-11 BIRTH YEAR 2009/2010 (Poussin)	60-70	27-32	HERO ATHLETE GS PRO (R21 PRO)	GS	Size (cm)	SL	Size (cm)	Bindings	Boots
	70-80	32-36			135	HERO ATHLETE SL PRO (R21 PRO)	128	NX 7 GW	HERO Jr 65
	80-90	36-41			144		135 / 142	NX 10 GW / SPX 10 GW	HERO WC 70 SC
	90-100	41-45			151		142		
	100-110	45-50			158		149	HERO WC 90 SC	
	100-110	45-50			165		149		
<b>U14</b> AGE 12-13 BIRTH YEAR 2007/2008 (Benjamin)	70-80	32-36	HERO ATHLETE GS PRO (R21 PRO)		144			135	NX 7 GW / NX 10 GW
	80-90	36-41			151	HERO ATHLETE SL PRO (R21 PRO & R22(150 only))	135/142	NX 10 GW / SPX 10 GW	HERO WC 70 SC
	90-100	41-45			158		142		
	100-110	45-50	HERO ATHLETE GS PRO (R22)		165		149	SPX 12 Rockerace (GS) / SPX 10 GW (SL)	HERO WC 90 SC
	110-120	50-54			170		150	SPX 12 Rockerace (GS) (Green LTD or Black Icon)	
<b>U16</b> AGE 14-15 BIRTH YEAR 2005/2006 (Minime)	90-100	41-45	HERO ATHLETE GS PRO		165		HERO ATHLETE SL PRO (R21 PRO)	142	SPX 12 Rockerace (GS) / SPX 10 GW (SL)
	100-110	45-50		170		149	HERO WC 90 SC/ 110 SC		
	110-120	50-54	HERO ATHLETE GS (R22)		175	HERO ATHLETE SL (R22)	150	SPX 12 Rockerace (Green LTD or Black Icon)	HERO WC 110 SC / Z+
	120-130	54-59			182	HERO ATHLETE FIS SL (R22)	157		
	130-150 & +	59-68 & +			182/185*		157/165	SPX 12 Rockerace / SPX 15 Rockerace	
<b>U18 U21 U30 FIS WOMEN</b> AGE 16 & + BIRTH YEAR U18 (2003/2004) U21 (2000/2001/2002) U30 (1991 to 1999) (Cadet, Junior, Senior)	100-110	45-50	HERO ATHLETE FIS GS (R22)	188	HERO ATHLETE FIS SL (R22)	157	SPX 12 Rockerflex(Green LTD or Black Icon)	HERO WC 110 SC	
	110-120	50-54						SPX 15 Rockerflex (Green LTD or Black Icon)	HERO WC ZJ+
	120-130	54-59					HERO WC ZA Or ZA+		
	130-140	59-63,5							
	140-150	63,5-68							
	150-160	68-73							
160-170 & +	73-77 & +								
<b>U18 U21 U30 FIS MEN</b> AGE 16 & + BIRTH YEAR U18 (2003/2004) U21 (2000/2001/2002) U30 (1991 to 1999) (Cadet, Junior, Senior)	100-110	45-50	HERO ATHLETE FIS GS (R22)/ HERO ATHLETE FIS GS DLC (R22)	188	HERO ATHLETE FIS SL (R22)	157	SPX 15 Rockerace (Green LTD or Black Icon)	HERO WC ZJ+	
	110-120	50-54						HERO ATHLETE FIS SL (R22)	HERO WC ZA Or ZA+
	120-130	54-59					PX 18 WC Rockerace (Green LTD or Black Icon)		
	130-140	59-63,5							
	140-150	63,5-68							
	150-160	68-73							
	160-170	73-77							
170 & +	77 & +								

\* Size 185cm could be use for Adultes race, non FIS ! But also for U16 FIS Race

\*\*Second Year U16 Boys should consider use of 188 or 193, 30m GS skis based on coaches discretion.

FIS Rules > [www.fis-ski.com](http://www.fis-ski.com)

rossignol.com