









Page 5 - Peddler's Post







Page 7 - Peddler's Post

5th & 6th

Citrus County Concert Choir invites you to "Songs That Make You Smile" Aug 5th at 3:00PM at Faith Lutheran Church located at 935 S Crystal Glen Drive Lecanto, FL. Our second showing will be Aug 6th at 3:00PM at First Presbyterian Church of Inverness 206 Washington Ave. Inverness, FL Admission at the door is \$10 for adults, Students will be admitted for free. Proceeds provide scholarships to Citrus County high school students pursuing degrees in the musical arts. For more information call (352) 634-3927 or visit www. Citrus choir.com

8th & 22nd

Free Florida-Friendly Landscaping" Gardening Workshops in August Citrus County Utilities Florida-Friendly Landscaping" program offers free classes are held in-person at the Citrus County UF/IFAS Extension Building, located at 3650 W Sovereign Path in Lecanto from 2:00 p.m. to 3:30 p.m.. A hybrid option is also available for those wishing to participate online. To register, please visit https://ccufflprogram.eventbrite.com. Contact Steven Davis at (352) 527-5708 with additional questions 8th- Optimizing Irrigation Systems- Landscape irrigation is supplemental, but often uses 50-70% of total residential water consumption. Irrigation practices such as seasonal scheduling, catchcan calibration, and selection of drought-tolerant plants are essential to creating a sustainable and waterconserving landscape. 9 Principles of Florida-Friendly Landscaping" 22nd- learn more about the 9 basic principles used to establish a set of gardening practices which aid gardeners in creating sustainable and successful ornamental gardens. These practices allow gardeners to create beautiful landscapes generating little or no impact to our water resources. Selection of the right plant for the right location, efficient irrigation, proper fertilization, and responsible pest management are several of the topics discussed during this workshop.

8th

The Citrus County Genealogical Society will meet August 8 at 10:00 a.m. by Zoom and at the Church of Jesus Christ of the Latter-day Saints, 3474 W Southern St, Lecanto. The speaker will be Debbie Wilson Smyth who will be talking about "Shore to Shore" a last will and testament offers a rich resource of information for genealogical purposes. This presentation provides an overview of the probate process and records that may be created after a person's death. Guests are welcome. To get a link contact Mary Ann Machonkin at himary@tampabay.rr.com

16th

Free ABC of Dementia Workshop at 1 pm at The Citrus Hills Activity Center, located at 240 W. Fenway Drive in Hernando. The workshop is free, but reservations are encouraged. For more information or to reserve seats, call 352-422-3663 or 352-746-7633, or e-mail deb@coping.today.

19th

The Citrus County Craft Council invites you to the Harvest Moon Arts and Crafts Show from 9am to 3pm at the Crystal River Armory. Free parking and admission. Many of your favorite local Citrus County crafters will be on hand with a wide variety of items for sale. We will be there rain or shine, so please mark your calendars and plan to come early for the best selection. Each crafter will donate an item from their work to be raffled off with all proceeds going to the Nature Coast Ministries. The Young Marines will also have food available for purchase the day of the event. For questions or further information, please visit our website at citruscountycraft.com or email Jamie Cyrulik at ccccpublicist@gmail.com."

10th

COUNTRYSIDE PRESBYTERIAN CHURCH, 7768 SW. Highway 200, Ocala, proudly welcomes saxophone recording artist EIRINN ABU in concert on Sunday @ 3:00 PM. Eirinn Abu, always a favorite in the Ocala area, has been called "The instrumental version of Josh Groban or Andrea Bocelli." His CDs includes a mix of hymns, such as "Amazing Grace," movie themes, and love songs, including a duet with Dolly Parton of "I Will Always Love You". A love offering will be taken. For info call 352-237-4633.

12th

The Citrus County Genealogical Society will meet at 10:00 a.m. by Zoom and at the Church of Jesus Christ of the Latter-day Saints, 3474 W. Southern St., Lecanto. The speaker will be Jean Sanner and she will be discussing using focused research questions and organizational skills on the Shared Matches Tools in order to confirm and expand our paper research trees. We will use charts and third party tools to build proofs of relationship. Guests are welcome. To get a link contact Mary Ann Machonkin at himary@tampabay.rr.com

21st

Summer is coming to an end but new things are beginning all around us. The Woman's Club of Beverly Hills is pleased to announce that they have MOVED to a new location, new date and time, starting on Thurs., Sept. 21st. You are invited to join us and see what we're all about. Many exciting things are happening this year and we hope you will be a part of our non-profit, community service organization. New Location: Central Citrus Community Center, 2804 W. Marc Knighton Ct, Lecanto, FI 34461. Meetings are held on the third Thurs. of the month at 1 pm with guest speakers and light refreshments. Our Lunch Bunch continues each month, different dates, times and locations. We partner with many charities throughout our year, September through May, and enjoy being a part of a growing community. Need more information? Call us at 203-915-7407. Ladies, hope to see you!

To have your free community event or event where the proceeds go to a local not for profit mentioned on the Community Board there is no cost. All submissions need to be received no later than the 18th of the month to ensure they will be published in the next edition. We do have to keep the mention to a 4-6 line maximum (approx-imately 90 words) to ensure we have room to list everyone's events. If your event mention does not meet these size requirements, then it will be edited. If your event is to support your private business and you are charging a fee, then please see page 4 for our advertising rates.

Send us your events via email at office@peddlers-post.com

you can submit your eventonline at https://peddlers-post.com/community-board%2Fsubmit

Citrus Sertoma-meets every 1st and 3rd Wednesday at the Inverness Moose Lodge 2112 on 221 S Haid Terrace, Lecanto, FL 34461 - Off Hwy 44 Dinner at 5:30 - Meeting at 6:30pm Visitors and New Members are welcome. LEARN TO SQUARE DANCE Every Monday Starting January 3rd, 2022 6PM till 9PM WHISPERING PINES PARK 1700 Forest Dr, Inverness FL 34453 Cost \$5.00 P/P Western Wear Optional-NEW CLASS STARTING OCT 3, 2022 Springs Masonic Lodge No. 378 Meets the 3rd Tueday of each month at 7:30 pm at Springs Masonic Lodge located at 5030 S. Memorial Dr., Homosassa, Fl. All Masons are welcome to join us for dinner at 6:30 pm. Snowbirds are always welcome. The 1st & 3rd Tuesdays of each month The Citrus Library Coping Connection offers Online demintia support groups hosted by Certified Dementia Practitioner Debbie Selsavage. The meeting is conducted through on-line, real-time video communication The connection hub will be located at the Central Ridge Library at 425 W. Roosevelt Blvd in Beverly Hills. Participants will need to arrive at the Central Ridge Library by 12:50 p.m. on the day of the meeting which is from 1 pm to 3 pm. The program is free and available to anyone. For more information, call 352-746-6622 or 352-422-3663. Celebrate Recovery at Hills Church , 2 Civic Circle, Beverly Hills, FL. Every Monday Night at 6:00 For more information please call 410-353-7857 ALZHEIMER'S CAREGIVERS COMMUNITY SUPPORT The Floral City Alzheimer's/Dementia Caregivers Support Group meets on the third Friday of every month in the Floral City United Methodist Church on Marvin St. Meeting starts at 10:30am. There is no charge and all caregivers are welcome to attend with no pressure to speak. For more info. contact Helen Ciampi 352-341-2867 or Marcia Beasley at 352-726-7740 Hands on Woodturners meetings on 3rd Wednesday of each month at 7pm at Beverly Hills Lion Club 72 Civic Circle Beverly Hills Blvd Visitors are always welcome, members are all levels of turnings A woodturner demonstration given by experienced craftsperson contact email: Howturners.com or call Denis Cap 352-489-4374 FCGC meets the 2nd Friday of every month starting at 11:00 am at the Floral City community center (October we meet on Thursday) and we are looking for new members. If your interested in gaining friendships, gaining knowledge through speakers, going on field trips, and advice on all things in a garden, then come and see what we're all about. Committed opportunities available. All are welcome. Contact us at: President@FloralCityGardenClub.com The German/American Social Club of West Central Florida extends an invitation , please be our guest: We meet every 2nd Mon. of the month, (summers excluded), at 4 PM at the Knights of Columbus Hall located at 2389 W. Norvell Bryant Hwy, (CR486) in Lecanto. We will resume meetings on Sept. 12, 22, at 4 PM. The Meeting for Oct. will be the third Mon. Oct. 17th at 4 PM. We have many exciting events throughout the year. Contact Sigi Strak for further info. at: 352-854-9616 or email: sigistrak@centurylink.net The New York Club meets every 3rd Tues. of the month for lunch at The American Legion, 6585 W. GTL (Hwy. 44W) at 12 noon at \$18 pp. Drinks available from the bar. Dues are \$10 pp per year from Oct., 2022 thru May, 2023. Join us on trips, listen to interesting speakers & special holiday parties. Call Marie @ 845-667-290 The Homosassa River Garden Club is taking the summer off from their monthly meetings but will resume on October 16th. In the meantime, plans for some fun time together at local restaurants are in the works. Watch our Facebook page "Homosassa River Garden Club" and our website at https://homosassarivergardenclub.wordpress.com for up to date info on what's happening with the garden club. Remember you can post garden pictures on our FB page, ask for advice on floral issues and join us at our next get together. For more information please contact Ms. Lorry at 630-269-1096. A GriefShare support group begins January 9th at the Hernando Church of the Nazarene, 2101 North Florida Ave. (Highway 41) Hernando on Mondays' from 10:00 to 12 noon this event will continue through April. All are Welcome. Call the church office at 352-726-6144 or Ruth Brincefield at 352-212-0570 for more information. NEW BINGO GAMES at the Floral City Lions Club Community House located at. 8370 Orange Ave., Floral City. NEW payouts, NEW games, MORE games. Mondays from 1-3! Come join in the FUN! Floral City Heritage Museum located at 8394 E Orange Ave. in Historic Downtown Floral city is open to the public Friday and Saturdays from 10 AM until 2 PM. Come taste a piece of "OLD FLORIDA" history and shop at our country store. Hope to see you there! Citrus coin club meeting has moved to crystal river national guard armory 8551 w Venable st crystal river. Meetings are first Thursday of the month at 7pm. All are welcome. Talk, shop, buy or sell coins. The Woman's Club of Beverly Hills invites you to join them and see what they are all about. Now Located at the Central Citrus Community Center, 2804 W. Marc Knighton Ct, Lecanto. Meetings are held on the third Thursday of the month at 1 pm (starting SEPT 21) with guest speakers and light refreshments. Our Lunch Bunch continues each month, different dates, times and locations. We partner with many charities throughout our year, September through May, and enjoy being a part of a growing community. We hope you will be a part of our non-profit, community service organization. Need more information? all us at 203-915-7407. Ladies, hope to see you! Crafters of Floral CityA casual and friendly group of knitters, crocheters, quilters, artists, jewelry makers and more dedicated to sharing the love of a chosen craft and enjoying time together. Come join us on Tuesdays at 9:00am at the Floral City Baptist Church. 8545 Magnolia St. Floral City. \$2.00 WEEKLY For more information please call: 303 999 5022 or 352 228 9193





Float these dessert ideas to guests

National Root Beer Float Day is celebrated each year on August 6. The day is a great chance to dig into a frosty sensation, but root beer floats are ideal just about any time of year. A traditional root beer float is made by pouring bubbly root beer over vanilla ice cream. Frank J. Wisner, owner of Colorado's Cripple Creek Brewing, is credited with creating the first root beer float on August 19, 1893. Wisner concocted the drink after the snowy peaks of Colorado's Cow Mountain reminded him of ice cream floating in soda. So he combined the two and called the beverage a "Black Cow." Most people now refer to it as a root beer float.

Root beer floats can be made with any variety of root beer. Some of the popular choices include Barq's, Dad's, Mug, IBC, A&W, Stewart's, and Dr. Brown's. Take a tall glass designed for malted drinks or ice cream shakes and spoon in two scoops of vanilla ice cream. Then pour in enough root beer to submerge the ice cream. Top with whipped cream and a cherry.

A classic root beer float can't be beat, but those looking to create a "Float Bar" for a special party dessert offering, can whip up many different combinations of ice cream and beverages. Here are a few ideas.

- ~ Make the root beer floats pint-sized with root beer float shooters.
- ~ Swap vanilla ice cream for chocolate and have an even richer root beer float.
- ~ Use cherry cola and vanilla or black cherry ice cream for a sweet surprise.
- ~ Pair orange soda with vanilla ice cream and make a creamsicle in a cup.
- ~ Pour your favorite iced coffee beverage over coffee or chocolate ice cream for a mocha-style treat.
- ~ Grape soda and peanut butter ice cream creates a drinkable version of a PBEJ sandwich.
- \sim Recreate the appeal of chocolate-covered strawberries with strawberry soda poured over chocolate ice cream.

~ Pina coladas take on new life when pineapple soda and cream of coconut are mixed with scoops of vanilla ice cream. Add a dash of rum for an adult version.

~ For another spirited concoction, skip the ice cream and use lime-flavored sherbet and tequila for a margarita-inspired treat.

~ Chocolate soda or Yoo-hoo Chocolate Drink can be added to marshmallow-flavored ice cream and topped with a dusting of graham cracker crumbs for a s'mores-flavored float. The possibilities are endless when creating floats inspired by the original root beer float.



3 vitamins that promote healthy eyes

A nutritious, well-balanced diet is a vital component of a healthy lifestyle. Though a healthy diet is often and correctly cited as a means to maintaining a healthy weight, a diet rich in various vitamins also can be good for both kids' and adults' eyesight. As adults and parents plan diets for themselves and their children, they can make an effort to ensure these three eye-friendly vitamins feature prominently at mealtime.

1. Vitamin A: The World Health Organization reports that vitamin A deficiency is one of the more common nutrient deficiencies across the globe, particularly among children. In fact, the American Optometric Association notes that vitamin A deficiency is the leading cause of preventable blindness in children. So why is vitamin A so vital to eye health? The AOA reports that vitamin A supports functioning of the conjunctival membranes and cornea. In addition, the Chicago-based Kraff Eye Institute notes that vitamin A deficiency can contribute to problems with night vision. Foods such as carrots, milk, eggs, and pumpkin are good sources of vitamin A.

2. Vitamin E: The AOA reports that vitamin E can help to reduce the progression of age-related macular degeneration, which the National Eye Institute characterizes as an eye disease that can blur cental vision. The NEI also notes that AMD is a leading cause of vision loss among older adults. Vitamin E also can reduce the risk of cataracts. Almonds, sunflower seeds and peanuts are good sources of vitamin E.

3. Vitamin C: Also known as ascorbic acid, vitamin C helps to neutralize oxidative damage that can contribute to the formation of cataracts and AMD. The Kraff Eye Institute notes that oxidative stress is responsible for various aging processes and occurs when the body experiences an imbalance between harmful free radicals and helpful antioxidants. Vitamin C is an antioxidant that can help combat a number of age-related eye issues, which underscores the need to include vitamin C in a diet. Cauliflower, cabbage, lemon, and oranges are good sources of vitamin C.

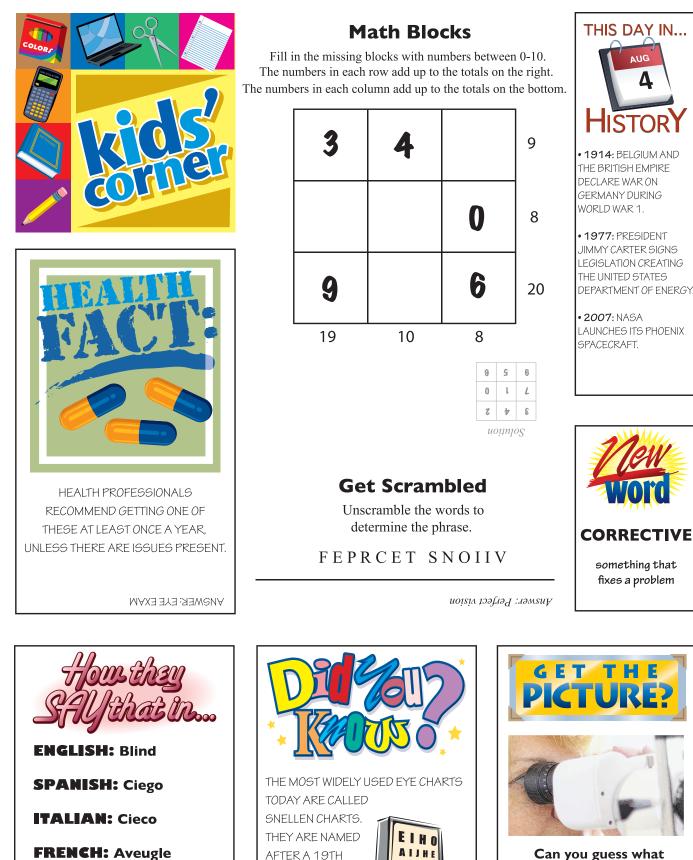
Vision loss is often accepted as an inevitable side effect of aging. Though certain individuals may not be able to avoid some degree of vision loss as they grow older, a diet rich in vitamins A, E and C can reduce risk for various age-related eye health issues.





to order yours today!

Page 11 - Peddler's Post



FRENCH: Aveugle

GERMAN: Blind



Why do calculators make for great friends? Because you can always count on them!

BOHIF

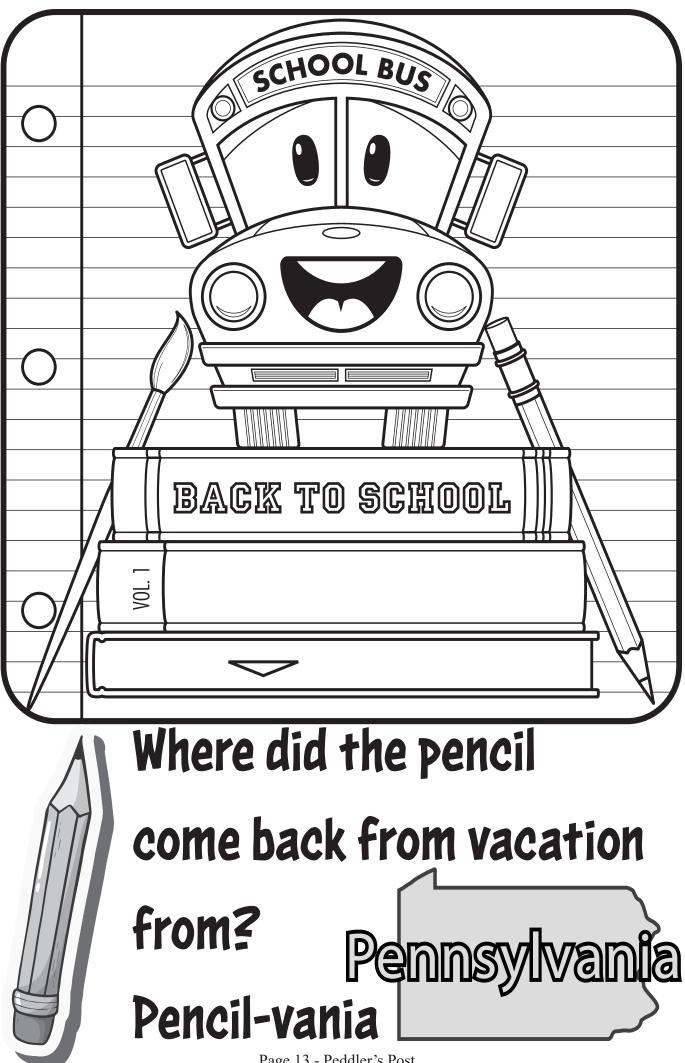
the bigger picture is?

ANSWER: EYE EXAM

Page 12 - Peddler's Post

CENTURY DUTCH

OPHTHALMOLOGIST.



Page 13 - Peddler's Post





An elderly couple named Bill and Helen went to the county fair each year. One year, a man at the fair was giving helicopter rides for 50 dollars. Having never been in a helicopter in all his years, Bill begged Helen to let them ride. She refused, quipping "50 bucks is 50 bucks." The following year, the man was there again, and again Bill begged for a ride. Again Helen turned it down, saying "50 bucks is 50 bucks." The third year the same exact conversation happened, except this time the pilot overheard. He offered the couple a free ride, but with one condition. They must not make a sound while in the air, or they would have to pay the 50 dollars. Bill and Helen agreed and climbed aboard.As soon as they left the ground, the pilot began performing hair raising maneuvers in the air, but try as he might, he could not get the couple to utter a sound. When they finally touched down, the pilot turned to Bill and exclaimed, "that was an amazing show of self control, you have earned your free ride". Bill replied, "well, I nearly said something when Helen

fell out, but 50 bucks is 50 bucks.





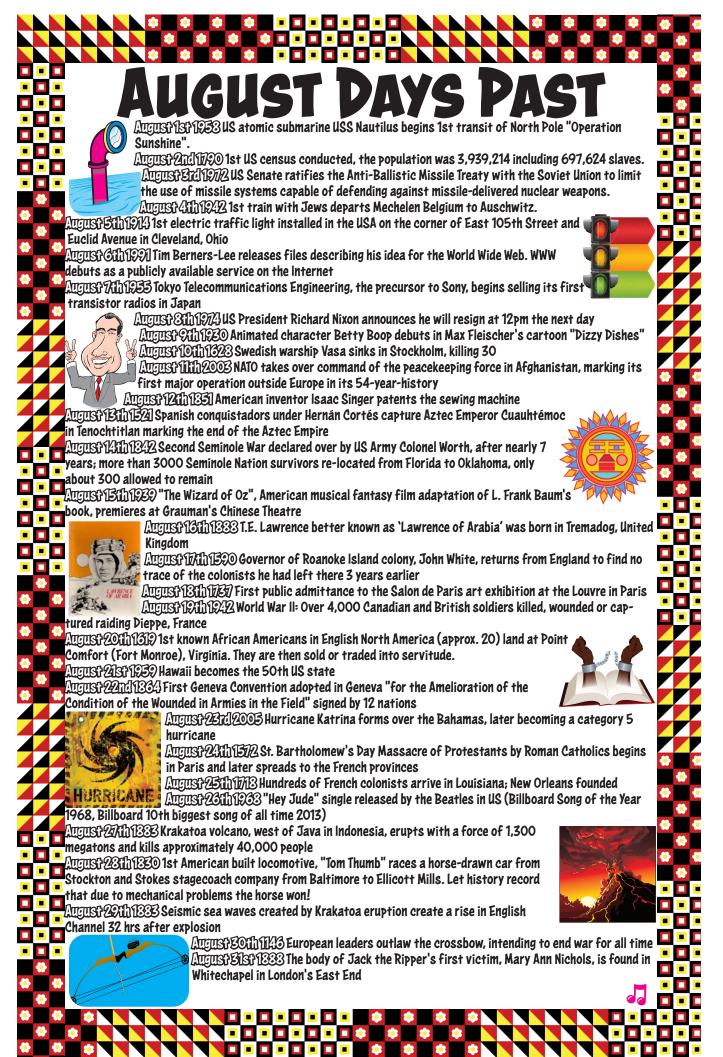
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Page 15 - Peddler's Post



Page 16 - Peddler's Post



Page 17 - Peddler's Post





- Army General Douglas MacArthur (the first service member to receive the modern-day Purple Heart), World War II
- ~ Actor James Arness, World War II
- ~ NFL great Robert "Rocky" Bleier, Vietnam War
- ~ Actor Charles Bronson, World War II
- ~ Actor James Garner, Korean War
- ~ Marine Corp Sergeant Ron Kovic, Vietnam War
- ~ Journalist Ernest "Ernie" Pyle, World War II
- ~ Screenwriter Rod Serling, Philippines combat
- ~ Filmmaker Oliver Stone, Vietnam War
- ~ NFL player Pat Tillman, friendly fire incident in Afghanistan
- ~ Novelist Kurt Vonnegut, World War II
- ~ K-9 war hero Sergeant Stubby, World War II
- ~ Combat nurse Cordelia "Betty" Cook, World War II
- ~ President John F. Kennedy, World War II
- ~ Secretary of State John Kerry, Vietnam War
- ~ Senator John McCain, Vietnam War
- ~ Secretary of State Colin Powell, Vietnam War



Page 19 - Peddler's Post



General Interest

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Cedar Firewood 352-257-7084

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Revolvers, rifles, AKs, ARs. Have LTC Permit. Must be reasonably priced. 352-581-0477

Buying U. S. Dimes, Quarters, Half Dollars and Dollars dated 1964 and before. 352-795-3842. leave message & number.

BUYING Comic book

collections. Looking to purchase Pre-1970's or 70's and older collections Call or Text 813-359-7281

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Buying your junk cars \$\$\$. 352-212-5604.

Up to \$500 CASH for Cars or Trucks, Free Towing, Dead or Alive. Steve 352-771-6191.

CASH For Cars and Trucks, running or not, Free Towing. 352-259-2020.

Wanted: golf clubs. Hobbyist will buy old wooden shafted golf clubs and other old golf items. Call Frank, 352-683-4807. Landline

Buying junk vehicles and all metals. Will pick up vehicles at location and pay cash on the spot. Everything Motors Auto & Truck Recycling (formerly Carter's Auto Salvage). Family owned and operated. Located at 8795 S. Florida Ave. Floral City. 352-637-1141.

Wanted: Cars and Trucks, Dead or Alive. No title required. Cash paid at pick up. Smitty's Auto in Homosassa. Family owned salvage yard. 352-628-9118 / 352-422-0227.



Wanted Vintage Antique Porcelain Signs & Thermometers Gas Oil Soda Cigar Tobacco Automotive Call or Text Jon 813-359-7281

records wanted: 45`s, 781s & I.p.s. 1930`s to 1970`s. Rock n roll, doo-wop. blues, rockabilly, jazz, etc. Give

Page 20 - Peddler's Post

me a call. No pop, big band or country. 3525564185

HELP WANTED

Looking for a reliable painter/handyman to paint outdoor small building and help hang outdoor lights . 516-656-9653

Looking for Lead person experienced in tiling, flooring, carpentry, electrical and plumbing. Must have experience in all or some of those things. Must have reliable transportation and a great work ethic. Back ground and drug test. For more information please call 352-734-0327

Part-time yard worker needed, NO Contractors. Good teen job, schedule flexible, \$12/hr. Text JOB to 971-227-7016 to receive a reply call.

Help wanted, skilled kitchen & bathroom

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9498

We:Keith-Frank;.Byers: and :Jennifer-Karen;.Byers: are bringing forth a Forever Benefit on a Land Patent located in Citrus County Florida being perfected upon T21-R20-S9. Anyone interested in examining or challenging this claim by 08/03/2023 see: (land1patent. weebly.com).

New Business

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Telescope-Terrestrial and astronomical telescope Model #F300 70m new w/ box Retail \$70.00. Sell\$30.00.352-270-8218.Bev.Hills.

Stained Glass Classes, Tues. & Wed. 10-12:30 at Touch of Glass by Susan, Floral City. Supplies/ Tools. 352-726-1765.

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Page 21 - Peddler's Post

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Page 22 - Peddler's Post

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THEY WRITE NAMES ON ALL THE FOOD. YESTERDAY, I ATE A YOGURT NAMED "SUSAN" : HOW CUTE IS THAT?



Guess Who?

I am an actress born in Malaysia on August 6, 1962. I was a beauty pageant winner prior to becoming an actress. I've been in a James Bond movie and recently won a Best Actress Oscar for a role in a 2022 film.



68. Popular video game "Max

69. Body part

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Page 24 - Peddler's Post

61. Bland food

62. Consumed



Kitchen cabinets: reface or replace?

The kitchen is a busy room in many homes. That popularity likely has something to do with why so many homeowners spend sizable sums renovating their kitchens. According to highlights from the 2022 U.S. Houzz Kitchen Trends Study, the median spend on major kitchen remodels grew by 14 percent from the previous year, and minor remodels increased by 25 percent. Spurred on by increased time spent at home during the pandemic, the main impetus for kitchen remodels according to the study was that homeowners wanted to make these improvements all along and finally had the time and means to do so.

There are many aspects of a kitchen that homeowners can change. Houzz found 94 percent of renovators either fully or partially replaced cabinets in their improvement plans. Cabinets are a major component of kitchen layouts. Cabinets help to establish the aesthetic of a kitchen and serve a useful function, providing necessary storage space to ensure the room does not appear cluttered.

Homeowners have different options when it comes to cabinet renovations, and they may need to decide if they need to replace or reface their cabinets.

Replacement

Cabinet replacement involves removing all of the existing cabinets before new cabinets are leveled and installed. According to the home improvement resource The Spruce, homeowners can expect to pay between \$13,000 and \$30,000 for contractor grade cabinets. Cabinet replacement is a good idea when homeowners want to add more cabinet space or create a new layout in the room. Refacing

Cabinet refacing is less messy and less disruptive than replacement. All cabinets remain the same size and in the same location. The cabinet boxes must be in good shape to facilitate a refacing. The process involves installation of new drawer fronts and cabinet doors, as well as veneering of the cabinet boxes. New hardware typically is installed as well. The insides of the cabinets typically remain the same. The Spruce says cabinet refacing can be 30 to 50 percent cheaper than a replacement. Most people call in professionals to change their cabinets. Cabinet replacement can be a do-it-yourself job, but it involves measuring and ensuring everything fits and is leveled appropriately. Homeowners who choose to reface their cabinets themselves may opt to paint or restain. Wood veneer or a new door and drawer panel installation can be complicated and is best left to qualified contractors.





Can you find the hidden pink music notes (C) in this editions if so tell me how many you found and the page numbers you found them on and if your the first one to do it correctly, you will win! THE MUSIC NOTES ON THIS PAGE DO NOT COUNT

Please submit your answers online at https://peddlers-post.com/monthly-contest or mail in your answers on a seperate piece of paper to PO BOX 619, Floral Clity, FL. 34436 for your chance to win a custom "Penny, The Paper Peddler" 60" Golf umbrella. We can not * Up to 3 winners each month * wait to meet you! ** The first one to submit all the correct answers wins! ** Only win once !

**** 1 winner from Citrus/online entry *** 1 winner from Hernando/online entry *** 1 mail-in entry *** ****Must be a Citrus or Hernando County Resident **** Must be willing to allow us to hand deliver/ meet you somewhere for delivery of your umbrella; We are wanting to take a picture of you with it to be published in the following month's paper, on our social media platforms, and on our website***



Michelle Allis is our Citrus County July winner!

She gets her Peddler's Post where she works as a waitress at The Diner. Michelle has been a resident of Citrus County for about 4 years now, but please know she is not a transplant to our beautiful state, she was born in Cape Canaveral, FL.

When Michelle isn't serving our great community, her and her family love to paddle! Kayaking, SUP, and she is even in the K2N Dragon Boat Club!

Michelle says her favorite part of the Peddler's Post is the games, but if your advertising a coupon, best believe she is gonna check you out!



Stephanie Kay is our Hernando County July winner! Stephanie and her family moved to Hernando County about 3 years ago. They love to ride their bikes on the Withlacoochee State Trail and love to play in the the Weeki Wachee Springs. Stephanie picks up her Peddler's post at the Tactical Supply & Surplus in Brooksville. She likes the community board and to check out the other small business owners who advertise with us. As a small business owner herself, she like to support others out there trying to hustle their American Dream!



Page 27 - Peddler's Post

Tips to throw a memorable end-of-summer soir'e

One last bash as summer winds down is a great way to send off a season that's synonymous with recreation and leisure. And end-of-summer soir'e also provides an opportunity to get together with friends and family before a new school year begins and families' schedules fill up.

As August inches closer to September, hosts can consider these tips as they plan a memorable sendoff to summer. ~ Avoid Labor Day weekend. Labor Day marks the unofficial end of summer in many places, but hosts may want to avoid choosing this popular three-day weekend for their end-of-summer soir'e. A survey from the travel experts at The Vacationer found that roughly 137 million people had travel plans over Labor Day weekend in 2022. Travel is undeniably popular on Labor Day weekend, and hosts likely won't want to contend with guests' travel plans. The weekend before Labor Day may produce a greater turnout, which undoubtedly makes for a more enjoyable affair.

~ Pick a summer theme. An end-of-summer party should have a theme that evokes the season's special vibe. A beach theme with some sand in the backyard, some specialty cocktails served with mini beach umbrellas and, of course, some water play for adults and kids can help to establish a vibe that's synonymous with summer.

~ Serve traditional fare. Though hosts who already hosted a handful of backyard barbecues this summer might have had their fill of hamburgers and hot dogs, an end-of-summer party is the last time many people will eat such foods until next spring. So while it's alright to offer some alternatives, such as meat cooked on a smoker or grilled fish, be sure to offer the standard hamburgers and hot dogs as well.

~ Invite the neighbors. It's tempting to throw a season-ending bash that lasts into the wee hours, but that can be problematic for hosts whose neighbors are within arm's length. That potentially sticky situation can be remedied by inviting the neighbors to the party. Neighbors won't be upset by a little extra nighttime noise if they're living it up as well. If that's not an option, hosts can just remember to turn the volume down a notch once the sun sets.

~ Create a contingency plan. August can be a bit on the rainy side in many areas, particularly those where hurricane season hits full swing as summer winds down. Though summer storms tend to come and go in the blink of an eye, it's best to have a contingency plan in place. If possible, ensure outdoor entertaining areas can provide some respite from the elements if need be.

A well-placed pergola can keep guests and food safe from the rain and a retractable patio awning can provide an extra layer of protection. Hosts also can clear out part of their home interior and have some backup games at the ready to accommodate guests if the party has to move inside for a little while.

An end-of-summer soir'e can be the perfect way to say so long to a beloved time of year.







I GOT ME AN EMOTIONAL SUPPORT PET. IT IS CHICKEN. IT'S CRISPY, IT ALSO CAME WITH A BISCUIT.



Page 29 - Peddler's Post

5 fun facts about the month of August

Summer is in full swing in August. Come the eighth month of the calendar year, temperatures outside tend to be especially steamy and individuals and families are doing all they can to make the most of the last full month of summer. As summer winds down, individuals can ponder these fun facts about the month of August.

1. Not unlike July, August is named after a notable individual associated with ancient Rome. Augustus Caesar, also known as Octavian and sometimes referred to as Caesar Augustus, was the first Roman emperor. Augustus's reign was a lengthy one, beginning in 27 B.C. and lasting until his death in A.D. 14. Augustus's maternal great-uncle was Julius Caesar, who happens to be the namesake of July.

2. August weather can make some people uncomfortable, and that has made the month part of what's become known as "The Dog Days of Summer." The Farmer's Almanac indicates that the moniker is linked to the rising of Sirius, the Dog Star. Ancient Egyptians, Romans and Greeks believed that the rising of Sirius in mid- to late-summer caused the temperatures to rise and conditions to become less comfortable. Though temperatures remain hot and conditions humid in many parts of the northern hemisphere throughout the month of August, the dog days officially end on August 11.

3. Millions of adults feel there's no more refreshing beverage on a warm summer evening than a cold beer, and that may be even more so on the first Friday of August. That day marks International Beer Day", which began as a local event in the western United States in 2007 but has since spread globally. More than 200 cities in 80 countries and across six continents now celebrate International Beer Day", and celebrants can take part by enjoying a cold one and/or giving a loved one a beer. This year's celebration will take place on Friday, August 4.

4. One of the most enduring motion pictures in Hollywood history premiered in August nearly 85 years ago. "The Wizard of Oz" starring Judy Garland premiered at the Orpheum Theatre in Green Bay, Wisconsin, on August 10, 1939. The Hollywood premiere at the famed Grauman's Chinese Theatre occurred just five days later.

5. August is a notable month for one of the world's most accomplished athletes. American swimmer Michael Phelps took center stage at the 2008 Summer Olympics in Beijing when he won a total of eight gold medals, setting a record for the most gold medals by an athlete in a single Olympic Games. Phelps won his eighth gold medal in Beijing on August 17 in the 4 x 100-meter medley relay, officially eclipsing fellow American swimmer Mark Spitz, who had won seven gold medals at the 1972 Summer Olympics in Munich.

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Page 30 - Peddler's Post

996.7 SQ. FT. - 26' WIDE

1060.0 SQ. FT – 28' WIDE



Tame traffic-related stress

Aggravation on the nation's roadways has become a frequent topic of conversation over the last decade or so. Incidents that involved traffic-related acts of violence have gained increased attention over that span.

The automotive group AAA estimates that nearly eight out of 10 drivers demonstrate aggressive driving behaviors. While data indicating the number of road rage cases per state is not available. The Trace's study on road rage with a firearm found 522 people were shot in 2021 due to road rage, and that Texas, Florida and California have the most road rage incidents involving guns. Road rage is the extreme outcome of impatience or frustration behind the wheel. Many times this frustration stems from traffic-related stress. There are more cars on the road than ever before, which can intensify stressful traffic conditions. Drivers can take steps to reduce stress while behind the wheel and recognize behaviors that may contribute to road rage.

~ Don't rush. Leave plenty time to get to a destination. You are less likely to be impatient and react to traffic stressors if you are racing the clock.

~ Calm down. If there is something that has angered or upset you, take time to calm down before getting behind the wheel.

~ Be patient. Recognize that someone driving slowly may be lost or aging with diminished abilities.

~ Keep a safe distance. Tailgating can create animosity among drivers. By leaving room, you can avoid aggressive interactions between drivers that can contribute to frustration.

~ Don't honk unnecessarily. Honking out of frustration is unproductive and also may exacerbate your levels of stress and anger other drivers.

~ Take an alternative route. If you know that certain roadways are plagued by traffic, then figure out a route to avoid the traffic, even if it may be longer.

~ Change your schedule. It's not called "rush hour" for nothing. Certain times of the day feature busier roadways than others. If possible, alter your schedule so that you commute during offpeak hours.

~ Share the driving. Split driving duties with others, particularly when feeling stressed out. Breaking up particularly long trips among a few drivers can relieve anxiety.

Driving can be stressful, but there are various ways to mitigate feelings that may escalate into anger and road rage.





Mysteries of Mr. Macey

Episode VI: Till Death Do Us Part

Written By Anthony Medeiros

for the Peddler's Post

Alone he sat--the journal of his former student in his hand.

Declan had solved the unsolvable mysteries before; the police force would even request his assistance because of his brilliance, but he would never suspect Thomas Brooks to have done what he did. Thomas wasn't just a great student, however, he became friends with Declan while he was his student. He sought to acquire all the knowledge of Declan Macey; he was his hero...but now his hero had become the subject of a despicable plot to supplant Declan's place as the greatest detective.

Declan had reached the final page of Thomas' journal. He sat alone in his home with his head down. Ozzy persisted in stealing Declan's attention, but he was unsuccessful. After barking for nearly ten minutes, Ozzy accepted Declan's disinterest. Finally, Ozzy ceased his barking and skipped away. Declan then lifted his head, but when he did Ozzy had vanished. Suddenly, he heard a noise. Already on edge because of Thomas Brooks, Declan cautiously moved near the sound. When he arrived in the room which hosted the noise, Declan flicked the switch--only to discover his dog lying on his belly with his tail wagging. He was relieved. Then spotted what the noise was; a metallic cross rested on the floor near Ozzy's paw. Ozzy lowered his head and rested it before the cross. Declan stared at the cross as it stared back at him. He knew where Thomas was, but most importantly: he knew where Lily was. Declan grabbed his keys, and before he left his home he turned to Ozzy and gave him a thankful nod.

Peclan parked the car in front of an old church. To most, it was just an old church, but to Declan it was where he committed his life to the woman of his dreams. To Thomas it was where the end of an era and the beginning of a new one took place.

The doors opened for Declan, as he was welcomed in by a woman.

"Welcome, Mr. Macey," she shut the door and locked it. As Declan looked ahead, he gazed at the runner as it led to his ex-wife. Like their wedding day, she was waiting for him in a wedding dress, but unlike their wedding day, she was strapped down to a chair and crying.

Declan ran toward her, but was immediately welcomed by the sight of a pistol aiming for his head as Thomas Brooks emerged on stage. He stood tall, dressed professionally as if he was there to marry them.

"Mr. Macey, I see you met my wife," the woman walked past Declan with a dagger of a smirk on her face. Her name was Janet. She walked on stage and greeted her husband with a kiss. "You may remember her from that theater explosion," Thomas and his wife laughed, "you did so well, honey." They kissed again.

Declan turned to his right again and finally saw Lily Green. It was the first time she saw him since the divorce. This wasn't the first for Declan, however. Shortly after the divorce, Declan stepped out of his home for the first time and roamed around a shopping mall--but during his time there, he caught a glimpse of his ex-wife. Declan immediately left the shopping mall and returned home. He couldn't stand to see her again, as it tortured his heart and soul.

"Look at what I've done, I mean this really is great, isn't it? I've brought back the Detective Duo!" Thomas clapped for himself. Thunder roared as the lights in the church flickered.

"I guess that's our sign," Thomas said. He turned to his wife and nodded. She walked off stage and disappeared behind the curtains. "See, Mr. Macey," he gradually made his way off the stage and toward Declan, "the last time you and Lily were in this church, you made a vow to be together forever. This was where you became one." Janet marched off stage, clothed in a wedding dress. She grabbed Lily and then forced her to hold Declan's. Both looked into each other's eyes.

Janet stood near Thomas, whose pistol remained still and pointing forward.

"This was also where you vowed to be together until...oh...what was it...?" Thomas waited for an answer.

"Till death do us part," Lily answered. Declan's head jerked to Lily. The two looked into each other's eyes again.

"Exactly," Thomas laughed, "and that's exactly what's going to happen tonight. I don't care that you two divorced, nothing will ever take away what you two promised that night. And let's be real, you both have never stopped loving each other," Thomas turned to Declan, "Lily was waiting for you to save her like you were her prince charming," he turned to Lily, "And look at what this man has done for you. He came out of retirement to save you, knowing that," Thomas looked into Declan's eyes--pressing the pistol against his rib, "he would never have you again like he did." Thomas pulled the hammer back as he pressed the pistol harder against Declan's rib.

"Out with the old," Thomas pulled the hammer back as he pressed the pistol harder against Declan's rib and then turned to his wife.

"...in with the new," Janet unveiled her pistol as she pressed it against Lily's rib and leaned in to Thomas' face for a kiss. Declan and Lily looked into each other's eyes with tears trickling down. This was the end, and there was so much Delcan wanted to say. He opened his mouth, ready to speak, until--BANG!

Janet opened her eyes and removed her lips from Thomas'. As she did, she saw blood dripping out from his mouth. She tasted the blood in her mouth as she spit it out. Thomas' body dropped to the ground. Dead. Janet lifted her pistol, searching for the killer. She spotted a man with a red helmet standing in front of the double door entrance. He reloaded his gun and kept it aiming forward--this time at Declan.

Thinking the man was trying to kill her, Janet grabbed Lily, keeping her as her prey as she dragged her away from the altar. Scared she might die, she accidentally dropped her gun, but she left it. Declan, left behind, grabbed Thomas' pistol and hid behind the pulpit, avoiding another bullet fired by Red. While hiding behind the pulpit, Declan's eyes widened as he spotted Janet tying Lily's hands behind her back, running off with her. Declan looked back and saw Red, reloading his gun. He was right there, finally! Declan had a clear shot and could easily eliminate the man he had been chasing No, Declan said to himself, not again. He looked backstage and watched as Lily was being taken away. He finally chose Lily.

Declan ran outside, chasing after Janet. Thankfully for him she wasn't very fast and wearing a wedding dress. He easily caught up to them and rescued Lily from her grip.

"Are you ok?" Declan grabbed Lily. Suddenly, they heard the clicks of guns. Declan then discovered a herd of police officers with their guns aiming at Janet. In the distance, Declan watched as Red was handcuffed by the police. His helmet was removed, revealing the sight of a bald man. As Red was thrown into the police car, he and Declan met eyes. All Declan could do was smirk--finally he was gone. He realized he finally made the right choice and chose Lily over the past, but as he turned to Lily he returned to reality and remembered she wasn't his anymore. When they were married and finished a case, they would return home together. Now he was alone.

TWO WEEKS LATER...

Declan sat home listening to the radio. "Gimme Shelter" began to play, and though his instinct was to turn it off, he stopped himself and let it play. For the longest time, he sought for his privacy and hated when anyone knocked; however, after being with Lily again, he felt lonely and defeated. KNOCK-KNOCK!

Declan rose. He marched to the door and swung it open. As he did, a smile lit up his face. For the first time in his life, the only person's company he wanted was standing in front of him. Both smiled at each other and said nothing. She then reached behind her back and presented a mug. It was the same mug he had broken before this entire journey began.

"Maybe I can show you how it works," she said. Both laughed as Declan welcomed her inside. They wrapped their arms around each other as their emotions were released. The love of his life was in his arms, and he had his favorite mug.

The door remained open as the light of the sun shone on Declan's smiling face.

Just tuning in? Get prior episodes at https://peddlers-post.com/peddlers-post-blog-spot

Page 32 - Peddler's Post



Page 33 - Peddler's Post



REEL 'EM IN WORD SEARCH

ANGLER	DRAG
BACKCAST	FISHING
BAIT	FLY
BARB	GAFF
BOBBER	HOOK
BOTTOM FEEDER	JIGGED
BRAID	LINE
BUCKTAIL	LURE
BUNKER	REEL
CHUMMING	ROD
CREEL LIMIT	SINKER
CRIMP	SPOOL

Υ Page 34 - Peddler's Post

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Reel in a delicous catfish dinner tonight

There are many different ways to serve fish and an equally diverse array of fish to choose as the centerpiece of such meals. For many, catfish is the quintessential option for lunch or dinner. In the United States, catfish is a largely southern delicacy, and it is served predominately across Texas, Louisiana, Tennessee, and Georgia. However, anyone with access to fresh catfish can whip up a tasty serving.

Catfish has a mild, slightly sweet flavor with a dense, moist texture. Since it is less flaky than other white fish when cooked, it holds up better when cooked in certain ways, such as frying. Catfish lovers can enjoy this recipe for "Beer-Battered Catfish with Homemade Tartar Sauce" courtesy of U.S. Farm-Raised Catfish.

Beer-Battered Catfish with Homemade Tartar Sauce (Serves 6)

6	U.S. Farm-Raised Catfish fillets, cut Oil for frying	into large strips
11/2	cups all-purpose flour, divided	
1/2	cup cornstarch	
1	tablespoon Cajun seasoning	
1	teaspoon baking powder	
2	teaspoons salt	
1	cup beef	ALL AND A
	Salt and pepper to taste Fresh lemon wedges	
	Malt vinegar	
	mail villegal	
Tartars	Sauce	
1	cup mayonnaise	
1	tablespoon dill pickle, minced	
2	ounces fresh parsley, finely chopped	
1	tablespoon dried dill	
1	tablespoon sweet relish	
1	tablespoon fresh lemon juice	
1	teaspoon drained capers	

In a deep fryer, heat oil to 375 F. Combine 1/2 cup flour, cornstarch, Cajun seasoning, baking powder, and salt. Whisk in beer until smooth.

Place remaining flour in a shallow bowl. Season fillets with salt and pepper; then lightly dust with flour. Dip the fillets in beer batter, allowing excess to drip off. Place catfish in oil a few pieces at a time. Fry until well browned on all

sides, about 3 minutes.

Remove, and drain on paper towels.

Dash hot sauce

To make tartar sauce, combine all ingredients in a small bowl; stir to combine. Refrigerate any excess.

400 passengers but only 200 meals were loaded onto a flight from Delhi to New York City. It was only discovered after takeoff, when the flight attendants started going through their preparations for the meals. So, the airline had bungled, and the crew was in a fix. However, one smart flight attendant had an idea. A couple of hours into the flight she nervously announced, "Ladies and gentlemen; we don't know how this happened, but we have over 400 people on board, but only 200 dinners. Anyone who is kind enough to give up their meal to someone else, will receive unlimited free liquor for the duration of the

flight!" Her next announcement came six hours later: "Ladies and gentlemen, if anyone wants to change their mind, we still have 180 dinners available."

Potatoes are the perfect side dish

Potatoes are often the unsung heroes of meals. They work any time of the day and with most meals. Hash browns accompany eggs at breakfast, French fries are ideal with sandwiches come lunchtime, and there's no limiting potatoes at dinner. They can be the star of the show with potato gnocchi or baked potato soup, or serve as mashed or baked complements to roasts and more. Steak and potatoes long has been a popular pairing that wins rave reviews around the table. This recipe for "Steak with Crispy Potatoes and Pistachio Pesto" from "Real Simple Dinner Tonight: Done" (Time Home Entertainment) by the editors of Real Simple highlights what a winning combination steak and potatoes can be.

Steak with Crispy Potatoes and Pistachio Pesto Serves 4

- 11/2 pounds red new potatoes (about 18), sliced 1/4-inch thick 1/4 cup plus 3 tablespoons olive oil
- Kosher salt and black pepper
- 1/2 cup fresh flat-leaf parsley leaves
- 1/4 cup shelled roasted pistachios
- 1 small garlic clove
- strip or sirloin steaks (1 inch thick; about 11/2 pounds total)
 bunch broccoli rabe (about 1 pound)



Heat oven to 425 F. On a large rimmed baking sheet, toss the potatoes with 2 tablespoons of the oil and 1/4 teaspoon each salt and pepper. Roast until golden, 25 to 30 minutes.

Meanwhile, in a food processor, process the parsley, pistachios, garlic, 1/4 cup of the remaining oil, and 1/4 teaspoon each salt and pepper until finely chopped.

Heat the remaining tablespoon of oil in a large skillet over medium-high heat. Season the steaks with 1/2 teaspoon each salt and pepper and cook to the desired doneness, 4 to 6 minutes per side for medium rare. Transfer to a cutting board and let rest for at least 5 minutes before slicing.

Wipe out the skillet. Add the broccoli rabe and 1/2 cup water and simmer, covered, until tender, 2 to 3 minutes. Serve with the steak, potatoes and pesto.

Tip: The pistachio pesto in this dish makes an excellent accompaniment to lamb, chicken, shrimp, or fish. Or serve it on toasted country bread for an easy appetizer.



Page 36 - Peddler's Post

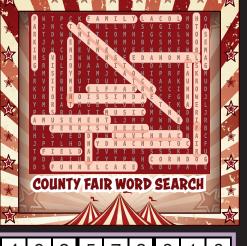


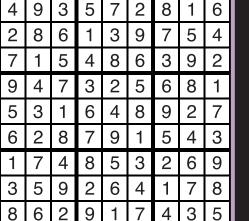
Page 37 - Peddler's Post

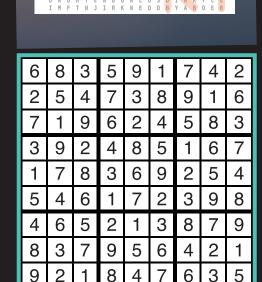
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Did you know?

A room addition can be a worthy project that makes a home more livable. A host of factors will affect the cost of a room addition. but the experts at HomeAdvisor estimate that such a project can cost as much as \$150.000. The size of the new room, the location of the home, the materials used to build the room. and a number of variables unique to the existing home will affect the final cost of an addition. An online calculator can provide some basic estimates about the final cost of a room addition, but homeowners are best served by contacting various contractors and receiving multiple estimates to get the most accurate idea of what the cost layout will be to add a room to their homes. Though the sticker price of a room addition may shock some homeowners, it's worth noting that such projects provide a good return at resale. In fact, the "Cost vs. Value Report 2021"from Remodeling magazine found that a midrange primary suite addition with an initial cost of \$156.741 had a resale value of nearly \$86,000.



32 HIDDEN SUNS WERE IN THE JULY EDITION. Cover, pg2, pg5, pg6, pg6, pg7, pg10, pg11, pg12, pg14, pg15, pg16, pg19, pg20, pg23, pg24, pg25, pg25, pg27, pg27, pg28, pg29, pg30, pg31, pg31, pg32, pg33, pg 36, pg38, pg39, pg40, pg40.

Did you know? An assortment of variables will dictate just how long a home's siding will last, including the amount of sun a home receives and the location of the home. The life expectancy of siding also will depend on the siding material. According to Sunshine Contracting, vinyl siding lasts between 20 and 40 years. It's a popular choice because of how long it lasts and the minimal upkeep it requires. Wood siding, another traditional favorite, is more expensive, but it also boasts impressive longevity, according to BobVila.com. With proper maintenance, which includes cleaning and refinishing, wood siding may last for decades. The coating on aluminum siding typically begins to fade after about 15 years. Fiber cement siding is affordable, durable and low maintenance, and it may actually last as long as the home itself. It needs to be repainted occasionally. Sunshine Contracting says stone veneer siding will last between 20 and 75 years, depending on the stone that is used.

Page 38 - Peddler's Post



Findings show that pet obesity is a growing, dangerous problem

No pet owner wants to envision a visit to their local veterinary office concluding with a discussion about their companion animal being on the cusp of serious health problems. However, a growing number of pet owners could soon be forced to confront that very scenario. A recent survey from the



Association for Pet Obesity Prevention uncovered some sobering truths about the state of pet health. In the 2022 "State of U.S. Pet Obesity" report, Ernie Ward, DVM, CVFT, the founder and president of APOP, noted that pet obesity rates in the United States have been steadily increasing over the last several decades. That's unfortunate, as Ward notes that a growing body of evidence has linked obesity in dogs and cats to a host of serious ailments and outcomes, including:

- ~ Skin and respiratory disorders
- ~ Renal dysfunction
- ~ Metabolic and endocrine disorders, such as diabetes
- ~ Orthopedic disease, such as osteoarthritis
- ~ Certain types of cancer
- ~ Decreased life expectancy

So how high are obesity rates among cats and gos? According to the APOP report, 61 percent of evaluated cats were classified as overweight or obese by their veterinary professional. Among that total, one in three cats was classified as obese in 2022. Cats' canine counterparts are not faring much better. The APOP report indicates that 59 percent of dogs were classified as overweight or obese by their veterinary professionals. Though obesity rates among dogs are significantly lower compared to cats, the report still indicates that more than one in five dogs (22 percent) was classified as obese in 2022.

Another troubling finding to emerge in the APOP report is the misperception among pet owners regarding their animals' condition. The report indicates that roughly one-third of pet owners whose animals were classified as overweight or obese classified their pet's weight as "normal," "ideal" or, perhaps most surprisingly, "thin." Those characterizations were submitted prior to pet owners' being informed of their pets' assessments, which underscores how small a grasp pet owners may have regarding their pets' physical condition. Recognition of what defines a healthy weight for pets and knowledge of how to help pets achieve that weight can ensure a healthier future for millions of pets. Pet owners are urged to speak with their veterinarians to develop a plan that ensures the long-term health of their companion animals.

More information about overweight and obesity in pets can be found at petobesityprevention.org.

Diabetes in cats and dogs: What pet parents need to know

Diabetes mellitus affects scores of families, including the four-legged members of the household. According to the Merck Veterinary Manual, diabetes is a common endocrine disease in dogs and cats, occurring in roughly one out of every 300 animals. Most cases of spontaneous diabetes happen in middle-aged to older dogs and cats. Diabetes occurs when the body cannot use glucose normally. Glucose is the main source of energy (sugar) for the body's cells, and the body requires insulin to transfer glucose from the bloodstream to the cells that need it. If there isn't enough insulin or the body is unable to use insulin properly, glucose accumulates in high levels in the blood, reports the American Veterinary Medical Association. PetMD says that there is not one single cause for diabetes in dogs and cats. For some, it is a genetic condition. Others may develop the disease due to an underlying medical condition or from being obese. Medications such as steroids also can induce diabetes in dogs and cats.Testing for diabetes is not routine during veterinary exams. Pet owners often stumble on a diabetes diagnosis after noticing some key indicators that something is amiss with their pets, which include:

~ Excessive consumption of water and increased urination that may result in accidents in a normally house-trained pet ~ Increased hunger

- Increased nunger Aloudy ovog which occurs part
- ~ Cloudy eyes, which occurs particularly in dogs
- ∼ Recurring or chronic infections that can include the skin or urinary tract
- ~ Weight loss
- ~ Apparent weakness

Standard bloodwork and urinalysis will confirm a diabetes diagnosis. If pet owners learn their companion animals have diabetes, they must learn to accept this is a lifelong condition that must be managed properly; otherwise, untreated diabetes can lead to liver dysfunction, kidney failure and a life-threatening condition called ketoacidosis. Treatment with insulin is the standard course for pets with diabetes. Carefully timed and measured feedings to help control the balance of insulin and glucose also will be necessary.

Veterinarians can help design a diet to help with the management of diabetes. Insulin is generally injected twice per day, shortly after meals. It is very important to maintain proper insulin and feeding schedules and a proper appetite for the pet while on insulin therapy, says AVMA; otherwise, hypoglycemia (low blood sugar) can occur if the pet is not eating and absorbing enough sugar to balance the insulin injections. Vet-based and at-home monitoring of blood and urine glucose levels also is necessary.

Pet owners who suspect their animals are diabetic should schedule a visit with a veterinarian immediately, as time is of the essence in managing the disease.



Page 39 - Peddler's Post



Page 40 - Peddler's Post