

COMPASS ROSE CAFE



○ OMELETS

All omelets are 2 eggs and served with hash browns OR spring green and English Muffin add \$.50
Gluten Free add \$1.00 / Extra veggies \$.75
Add Avo \$2.00 / Add sour cream \$.75
Add pepper sausage gravy \$2.50

CHETCO RIVER **\$10.25**
Spinach, mushrooms, and feta cheese

PISTOL RIVER **\$10.50**
Spicy sausage, tomatoes, jalapenos and pepper jack cheese

SMITH RIVER **\$10.75**
Avocado, bell peppers, green onions and cheddar cheese

WINCHUCK RIVER **\$11.00**
Bacon, Sausage, ham and cheddar cheese

○ A.M. SANDWICHES

PLAIN JANE **\$5.95 (1 EGG, 1 MEAT) OR \$8.95 (2 EGGS, 2 MEATS)**
Scrambled egg, bacon, ham OR sausage and cheddar cheese on English muffin

VEGGIE JANE **\$5.50 (1 EGG, VEGGIES) OR \$8.50 (2 EGGS, VEGGIES W/AVO)**
Scrambled egg, tomatoes, bell peppers, onion and cheddar cheese on English muffin

○ OTHER

AVOCADO TOAST **\$7.75**
Sourdough toast topped with seasoned smashed avocados, sea salt and egg and lightly sprinkle of flax seed

FRUIT AND YOGURT BOWL **\$6.75**
Seasonal fruit, Greek honey yogurt and granola

OATMEAL **\$4.25**
Served with brown sugar, milk and pecans

BREAKFAST SALAD **\$8.00**
Spring greens with tomatoes, bell peppers, onions, topped with 2 eggs & side of dressing

BLISS BOWL **\$9.00**
Organic Quinoa with Chef's Choice of seasonal veggies, dried fruit, seeds and sauce

○ BURRITOS

All burritos served with hot or mild salsa.
Add Sour Cream/Salsa \$.75 / Add Avo \$2.00

MONSTER **\$10.75**
2 eggs scrambled, sausage, hash browns, tomatoes, bell peppers, onion and cheddar

ATOMIC **\$10.75**
2 eggs scrambled, spicy sausage, hash browns, tomatoes, jalapenos, onion and cheddar cheese

VEGGIE **\$10.75**
2 eggs scrambled, hash browns, avocado, spinach, tomatoes, bell peppers, onion and cheddar cheese

VEGAN **\$10.75**
Hash browns, black beans, avocado, spinach, tomatoes, bell peppers and onion

○ SELECT & ADD ONS

EGGS & TOAST **\$4.50 (2) \$3.75 (1)**

BISCUITS & GRAVY **\$6.75 (FULL) \$3.50 (HALF)**
White pepper & sausage gravy

PANCAKES **\$6.00 (2) \$3.25 (1)**
GLUTEN FREE ADD \$1.00

FRENCH TOAST **\$6.50 (2) \$3.55 (1)**

○ ADD ONS

MEAT **\$3.50 (BACON, HAM, SAUSAGE OR VEGETARIAN)**

HASH BROWNS **\$3.25**

EGGS **\$3.00 (2) \$1.75 (1)**

PANCAKE STIR INS **\$.75 CHOCOLATE CHIPS \$2.00 BLUEBERRIES \$2.50 BUTTER PECAN**

TOAST (2 SLICES) **\$1.25 (2) GLUTEN-FREE \$2.25**

ENGLISH MUFFIN **\$1.75 (1)**

COMPASS ROSE CAFE



○ PANINIS

All paninis served with a bag of potato chips or upgrade to an Organic green salad for \$1.50

CHICKEN PESTO AVOCADO \$10.75

Grilled chicken breast, tomato, avocado, provolone and pesto spread on sourdough bread

PIZZA PANINI \$10.00

Pepperoni, salami, mushrooms, bells, olives, red onions with marinara sauce and mozzarella on sourdough

HOT HAM & CHEESE \$9.50

Thinly sliced ham, swiss, spicy brown mustard and dill pickles on rye bread

PHILLY PANINI \$10.50

Sliced roast beef, grilled bell peppers & onions, pepperoncini and provolone sourdough bread

○ WRAPS

All paninis served with a bag of potato chips or upgrade to an Organic green salad for \$1.50

SPICY CLUB WRAP \$9.50

Sliced turkey with swiss, bacon, tomatoes, red onions, greens with chipotle ranch on a tomato basil wrap

GREEN GODDESS WRAP \$9.25

Spinach, cucumber, avocados, tomatoes, artichoke hearts, with feta cheese and green goddess dressing on a garden spinach herb wrap.

PAUL BUNYAN WRAP \$10.25

Sliced roast beef with mushrooms, grilled red onions, blue cheese, and greens on a plain wrap

CHICKEN JALAPENO WRAP \$10.50

Sliced chicken breast with roasted jalapenos, tomatoes, grilled green onions, greens and cream cheese on a plain wrap

○ SANDWICHES

All sandwiches served with potato chips or upgrade: Organic green salad for \$1.50 / Gluten Free Bread add \$2.00 Extra veggies \$.75 / Add Avo \$2.00

COMPASS ROSE CLUB \$10.25

Your choice of turkey or ham with bacon, tomatoes, greens, and mayo on a lightly toasted sourdough

THE LUDEMAN \$10.50

Swiss cheese, blackberry jam, fresh jalapeños, and crispy bacon on toasted sourdough

CLASSIC REUBEN \$10.25

Generous portion of corned beef, swiss cheese, sauerkraut on toasted rye

TODD'S VEGGIE DELIGHT \$10.50

Spring greens, olives, tomatoes, cucumbers, bells, avocado and pickles on wheat bread slathered with fresh hummus on wheat bread

○ SOUPS & SALADS

MOM'S CHICKEN TORTILLA SOUP \$4.00 (CUP)

Ask about our Soup of the Day \$7.00 (BOWL)

HOUSE SALAD \$5.00 (SMALL) \$7.50 (LARGE)

Fresh spring greens, tomatoes, onions, bell peppers and housemade croutons

ANTIPASTO SALAD \$9.75

Fresh spring greens, pepperoni, salami, provolone, artichoke hearts, tomatoes, onions, olives and pepperoncinis

GREEK SALAD \$9.00

Fresh spring greens, red onions, tomatoes, kalamata olives, cucumber, pepperoncinis and feta cheese

CRUNCHY SPINACH SALAD \$10.00

Fresh baby spinach with sliced apples, dried cranberries and candied walnuts lightly sprinkled with feta cheese

○ DRINKS

See our board for additional drinks and specialty drinks

IN HOUSE ENDLESS CUPPA COFFEE \$3.00

MINUTE MAID OJ \$2.00

HOT TEA \$1.75

MARTINELLI'S APPLE JUICE \$2.50

MILK \$2.00

OCEAN SPRAY CRAN-RAS \$2.00

CHOCOLATE MILK \$2.50

COKE PRODUCTS \$1.75

ICED TEA \$2.00

SAN PELLIGRINO ASST. \$2.25