

COMPASS ROSE CAFE



○ OMELETS

All omelets are 2 eggs and served with hash browns OR
spring green and English Muffin add \$.50
Gluten Free add \$1.00 / Extra veggies \$.75
Add Avo \$2.00 / Add sour cream \$.75
Add pepper sausage gravy \$2.50

CHETCO RIVER \$10.25

Spinach, mushrooms, and feta cheese

PISTOL RIVER \$10.50

Spicy sausage, tomatoes, jalapenos and pepper jack cheese

SMITH RIVER \$10.75

Avocado, bell peppers, green onions and cheddar cheese

WINCHUCK RIVER \$11.00

Bacon, Sausage, ham and cheddar cheese

○ A.M. SANDWICHES

PLAIN JANE \$5.95 (1 EGG, 1 MEAT) OR \$8.95 (2 EGGS, 2 MEATS)

Scrambled egg, bacon, ham OR sausage and cheddar cheese on
English muffin

VEGGIE JANE \$5.50 (1 EGG, VEGGIES) OR \$8.50 (2 EGGS, VEGGIES W/AVO)

Scrambled egg, tomatoes, bell peppers, onion
and cheddar cheese on English muffin

○ OTHER

AVOCADO TOAST \$7.75

Sourdough toast topped with seasoned smashed avocados,
sea salt and egg and lightly sprinkle of flax seed

FRUIT AND YOGURT BOWL \$6.75

Seasonal fruit, Greek honey yogurt and granola

OATMEAL \$4.25

Served with brown sugar, milk and pecans

BREAKFAST SALAD \$8.00

Spring greens with tomatoes, bell peppers, onions,
topped with 2 eggs & side of dressing

BLISS BOWL \$9.00

Organic Quinoa with Chef's Choice of seasonal veggies,
dried fruit, seeds and sauce

○ BURRITOS

All burritos served with hot or mild salsa.
Add Sour Cream/Salsa \$.75 / Add Avo \$2.00

MONSTER \$10.75

2 eggs scrambled, sausage, hash browns, tomatoes,
bell peppers, onion and cheddar

ATOMIC \$10.75

2 eggs scrambled, spicy sausage, hash browns, tomatoes,
jalapenos, onion and cheddar cheese

VEGGIE \$10.75

2 eggs scrambled, hash browns, avocado, spinach, tomatoes,
bell peppers, onion and cheddar cheese

VEGAN \$10.75

Hash browns, black beans, avocado, spinach, tomatoes,
bell peppers and onion

○ SELECT & ADD ONS

EGGS & TOAST \$4.50 (2) \$3.75 (1)

BISCUITS & GRAVY \$6.75 (FULL) \$3.50 (HALF)

White pepper & sausage gravy

PANCAKES \$6.00 (2) \$3.25 (1) GLUTEN FREE ADD \$1.00

FRENCH TOAST \$6.50 (2) \$3.55 (1)

○ ADD ONS

MEAT \$3.50 (BACON, HAM, SAUSAGE OR VEGETARIAN)

HASH BROWNS \$3.25

EGGS \$3.00 (2) \$1.75 (1)

PANCAKE STIR INS \$.75 CHOCOLATE CHIPS \$2.00 BLUEBERRIES \$2.50 BUTTER PECAN

TOAST (2 SLICES) \$1.25 (2) GLUTEN-FREE \$2.25

ENGLISH MUFFIN \$1.75 (1)

COMPASS ROSE CAFE



○ PANINIS

All paninis served with a bag of potato chips or upgrade to an Organic green salad for \$1.50

CHICKEN PESTO AVOCADO \$10.75

Grilled chicken breast, tomato, avocado, provolone and pesto spread on sourdough bread

PIZZA PANINI \$10.00

Pepperoni, salami, mushrooms, bells, olives, red onions with marinara sauce and mozzarella on sourdough

HOT HAM & CHEESE \$9.50

Thinly sliced ham, swiss, spicy brown mustard and dill pickles on rye bread

PHILLY PANINI \$10.50

Sliced roast beef, grilled bell peppers & onions, pepperoncini and provolone sourdough bread

○ WRAPS

All paninis served with a bag of potato chips or upgrade to an Organic green salad for \$1.50

SPICY CLUB WRAP \$9.50

Sliced turkey with swiss, bacon, tomatoes, red onions, greens with chipotle ranch on a tomato basil wrap

GREEN GODDESS WRAP \$9.25

Spinach, cucumber, avocados, tomatoes, artichoke hearts, with feta cheese and green goddess dressing on a garden spinach herb wrap.

PAUL BUNYAN WRAP \$10.25

Sliced roast beef with mushrooms, grilled red onions, blue cheese, and greens on a plain wrap

CHICKEN JALAPENO WRAP \$10.50

Sliced chicken breast with roasted jalapenos, tomatoes, grilled green onions, greens and cream cheese on a plain wrap

○ SANDWICHES

All sandwiches served with potato chips or upgrade: Organic green salad for \$1.50 / Gluten Free Bread add \$2.00 Extra veggies \$.75 / Add Avo \$2.00

COMPASS ROSE CLUB \$10.25

Your choice of turkey or ham with bacon, tomatoes, greens, and mayo on a lightly toasted sourdough

THE LUDEMAN \$10.50

Swiss cheese, blackberry jam, fresh jalapeños, and crispy bacon on toasted sourdough

CLASSIC REUBEN \$10.25

Generous portion of corned beef, swiss cheese, sauerkraut on toasted rye

TODD'S VEGGIE DELIGHT \$10.50

Spring greens, olives, tomatoes, cucumbers, bells, avocado and pickles on wheat bread slathered with fresh hummus on wheat bread

○ SOUPS & SALADS

MOM'S CHICKEN TORTILLA SOUP \$4.00 (CUP)

Ask about our Soup of the Day \$7.00 (BOWL)

HOUSE SALAD \$5.00 (SMALL) \$7.50 (LARGE)

Fresh spring greens, tomatoes, onions, bell peppers and housemade croutons

ANTIPASTO SALAD \$9.75

Fresh spring greens, pepperoni, salami, provolone, artichoke hearts, tomatoes, onions, olives and pepperoncinis

GREEK SALAD \$9.00

Fresh spring greens, red onions, tomatoes, kalamata olives, cucumber, pepperoncinis and feta cheese

CRUNCHY SPINACH SALAD \$10.00

Fresh baby spinach with sliced apples, dried cranberries and candied walnuts lightly sprinkled with feta cheese

○ DRINKS

See our board for additional drinks and specialty drinks

IN HOUSE ENDLESS CUPPA COFFEE	\$3.00
MINUTE MAID OJ	\$2.00
HOT TEA	\$1.75
MARTINELLI'S APPLE JUICE	\$2.50
MILK	\$2.00

OCEAN SPRAY CRAN-RAS	\$2.00
CHOCOLATE MILK	\$2.50
COKE PRODUCTS	\$1.75
ICED TEA	\$2.00
SAN PELLIGRINO ASST.	\$2.25