



SENIOR LIVING COMMUNITY RELOCATION SERVICE

We Are Your Moving Plan!

Moving is one of the biggest stressors in life, especially for seniors with daily routines and family being geographically dispersed. It takes more than a moving company to relocate someone who has a lifetime of memories and belongings.



From photos and collectibles to dishes and pieces of generational furniture, these items hold special value and need to be carefully considered and cared for when planning a move.

With many seniors desiring smaller, more manageable living arrangements, Coordinated Services & Logistics (CS&L) is dedicated to helping seniors, families, and retirement communities with downsizing and relocation to make the moving and logistical process easier and anxiety-free. We want our senior clients excited and focused on their new home while we literally perform the heavy lifting!

How the Process Works

We offer a free in-home consultation to coordinate what we call “Moving Day Management.” We will review your home, the size, number of rooms, and volume of belongings to determine what items will be moved to the new residence, discuss what items might be given to family, or donated to charity.



We welcome the opportunity to make suggestions and logistical recommendations while welcoming feedback and insight from you and your loved one.

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Our moving professionals will arrive on moving day prepared to disassemble, wrap and protect key pieces of furniture and precious items. Boxes and possessions will be removed, loaded and secured in an orderly manner to allow for an organized and convenient unload. If necessary, our professionals can accommodate multiple stops to deliver items to local family, friends, charity, or other. After moving and resettling our senior client in their new residence, our staff will reassemble necessary items, remove all packing material and dispose of trash.

What Makes CS&L Different from Other Services?

Quite simply, we are not just a moving company! Yes, we move your belongings when ready to downsize and relocate, but because of our long-term experience with area seniors and our understanding of their needs, we consider ourselves to be more flexible and accommodating as compared to traditional moving services.



We understand that moving and adjusting to a new environment can be challenging. Your loved one is leaving behind a place of memories, and the transition can require extended time. Our staff is also cognizant of the physical ability of our senior-clients and their possible need for frequent breaks or simply to pause for time of reflection. Needless to say, it is not uncommon for seniors to take time to reflect on memories and share stories of the history of particular items. Our goal is to be compassionate and patient while still being timely, organized, and thorough.

Unlike traditional movers using an extended truck with an oversized crew, CS&L specializes in smaller, more flexible moves to help accommodate specific needs and requests. Because of our understanding to remain patient with seniors throughout the relocation process, we do not pressure our senior-clients and families to complete their move in a single day. To the contrary,

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we offer the opportunity to fragment the move into smaller more convenient intervals to better accommodate seniors, families, and possible facility staff.

During the in-home consultation process, we welcome the opportunity to discuss and develop an “extended moving plan” - working a few hours per day so as not to overwhelm seniors and families. Through an extended moving plan, our professionals can more easily remove and deliver items being given away to local family, friends, or donated to charity. If relocating to a senior living community, we welcome the opportunity to communicate and coordinate with facility staff to discuss various needs and concerns on behalf of our senior clients.

How Does CS&L Work with Senior Living Communities?

Our relationship with senior living communities is long and trusted. Since 2015, our sister company, *Your Ride, Inc.*, has been providing seniors with non-emergency medical transportation to and from various medical appointments and group outings.



In addition to helping seniors downsize and relocate to senior living communities, it is not uncommon for facilities to need furniture, equipment, and other large items to be moved for a variety of reasons. Maybe an apartment has been leased and existing furniture needs to be relocated to another unit. There are times when existing residents want or need to move from one unit to another within the community for any number of reasons. Regardless of circumstance, CS&L serves as an intra-community service enlisted to help move facility and resident items. Rather than risk injury to community staff and employees by having them move heavy items or risk accidental property damage, CS&L is an experienced and cost-effective risk management solution to reduce operational costs and potential injury.

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Suggestions for Starting the Relocations Process

Step 1: Start the conversation with your loved one

The sooner you begin the discussion, the more time everyone has to consider and evaluate possible options. Plan for interruptions and possible resistance to the new idea, but unless your loved one has experienced a recent medical issue that warrants immediate change, be gentle, reassuring, and positive. Move at the pace of your loved one and gradually re-enter the discussion when possible. You don't want to force the conversation if your loved one seems agitated or resistant to the point that it causes stress, contention, or anxiety.



Be as reassuring as positive as possible.

Discuss the many benefits of relocation to a smaller residence or senior living community. Discuss the convenience of being in a more manageable and accessible living environment. Mention the possibilities of increased freedom and flexibility with less responsibilities. Discuss the possible financial savings, and if moving to a senior community, the direct safety and support from facility staff.

Step 2: Set a tentative date to start the decluttering and downsizing process

When discussing new living arrangements, it can be a great opportunity to start evaluating items to be saved and relocated to the new residence, discuss what items and pieces of furniture should be given away, donated, or possibly sold. Your discussions can facilitate construction of an organizational plan for decluttering which will assist us when visiting for an in-home consultation.

Again, if you encounter hesitancy or hostility from your loved one, pause, and wait to bring the topic of decluttering and downsizing up again later. Remember, their possessions are associated

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with memories – items that helped make their home a “home.” Be patient, understanding, and even methodical in moving forward to reduce frustration, fear, and anxiety.

Step 3: Contact CS&L to conduct an in-home consultation

Once you and your loved one feel comfortable in moving forward with a visit, contact us to schedule an in-home consultation. Because we are not a traditional moving service and we don't consider the relocation of your loved one as “just another move job,” we will arrive with questions to assess your current situation and learn more about your desired needs, wants and expectations. Together, we will go room by room to finalize a strategic plan for removing, loading, securing, and relocating items and furniture to the new residence.



Remember, CS&L is committed to being as flexible and accommodating as possible because we understand that many seniors will need to work in shorter intervals. If your relocation project requires shorter but multiple workdays, we will do our utmost to accommodate. If transitioning to a retirement or assisted living community, we welcome the opportunity to communicate and coordinate with the facility as necessary.

Step 4: Packing and preparing for the move

Realistically, organizing, sorting, and packing can be stressful and overwhelming work. If you have family, friends, or siblings who can help, all the better! To the best of your ability, you will want to have smaller items sorted, properly boxed either in cardboard boxes or plastic bins, and labeled – the more detail the better. We encourage you to label boxes and bins to identify what items are inside, the room it is to be delivered to in the new residence, or the person or place it is to be delivered to if being given away or donated.

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If possible, don't neglect the participation of your loved one who will most likely want to periodically stop to reminisce. Your patience in taking time to sort, pack, and carefully wrap treasured items will help your loved one feel they are more in control, affirm their decision for downsizing and relocating, while also minimizing risk of anxiety.

Don't worry about disassembling or moving furniture or large items. Our professionals will arrive with necessary tools, blankets, and wrapping material to properly protect your items, doorways, railings, or other areas that need protection during the moving process.



What is the Next Step?

If you and your loved one have been considering downsizing, possibly transitioning to a retirement or assisted living community, contact us by phone at (508) 556-0522 or online at <https://www.CoordinatedServicesLogistics.com> to learn more and to inquire about how CS&L can assist in making your relocation a positive experience versus a hectic event.

We welcome the opportunity to schedule an in-home consultation to meet you and your loved one and to discuss your "Moving Day Management" strategy!

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