## GOOD HOUSEKEEPING

## 6 Best Kid Bikes for Every Stage and Size

Buying a bike suited for your child's age and stage can give them the best learning and riding experience.

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Learning to ride a bike is such a fun milestone, but it's one I put off with my first child. In conversations with friends and coworkers, I encountered plenty of other people who never got their preschooler a balance bike, never taught their kindergartner how to ride and who subsequently realized their school kid, age 6 or older, needed a bike — and lessons.

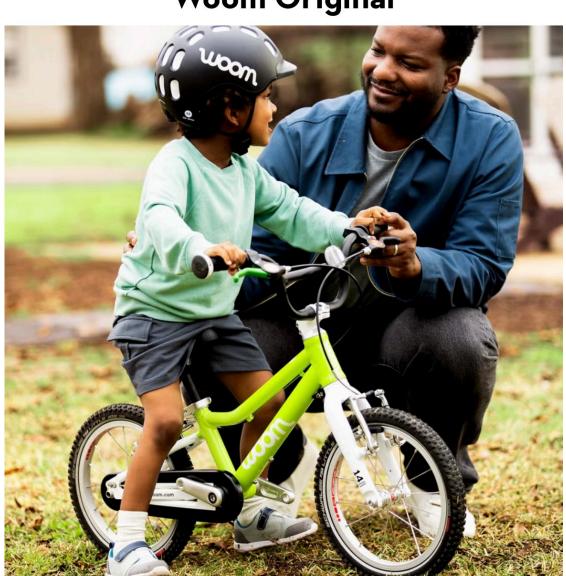
I did better with my second. He started on a balance bike at age 3 and was pedaling by age 5. They are both grown now, and all told, I think I purchased three bikes for him and two for my first. So I learned that, just like with **strollers**, you rarely get through parenthood buying just one bike.

"Bikes need to be replaced as kids grow," says Steve Finkelstein, founder of **ProfessorPedals.com**, which offers bike tutors in New York state. "You can trade or share bikes with siblings or neighbors. But remember, if <u>your kid loves biking</u>, gets

exercise through it and therefore spends time away from screens, then buying a new one feels that much better."

## The Good Housekeeping Institute

regularly tests and reviews bikes, including ones for kids. After our list we have a robust shopping guide, but if you don't get to it, here's the top advice: Buy the best bike you can afford, and be sure it is your child's current size, so they have a great riding experience.



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