

# Integrative Healing Arts

Medical and Wellness Massage

[www.iha-holistic.us](http://www.iha-holistic.us)

**Brenda Dickenson, LMBT**

(NY# 28956 NC# 16935)

## Oncology Massage Therapy Intake Form

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone (home/cell/work): \_\_\_\_\_

Pronoun: \_\_\_\_\_ (example: she/her, he/him, they/them) Email Address: \_\_\_\_\_

Occupation: \_\_\_\_\_ Referred by: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

### General and Medical Information:

Do you suffer from chronic pain?  yes  no If yes, please explain \_\_\_\_\_

What makes it better? \_\_\_\_\_

What makes it worse? \_\_\_\_\_

Have you had any orthopedic injuries?  yes  no If yes, please list: \_\_\_\_\_

### Please indicate any of the following that apply to you.

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Osteoarthritis                          | <input type="checkbox"/> Heart Condition               | <input type="checkbox"/> Anxiety / Depression      |
| <input type="checkbox"/> Osteoporosis / Bone loss                | <input type="checkbox"/> Stroke                        | <input type="checkbox"/> Stress                    |
| <input type="checkbox"/> Back / neck problems                    | <input type="checkbox"/> Blood Clots / Clotting issues | <input type="checkbox"/> PTSD                      |
| <input type="checkbox"/> Broken Bone (in last 2 years)           | <input type="checkbox"/> Deep Vein Thrombosis          | <input type="checkbox"/> Neuropathy                |
| <input type="checkbox"/> Joint Replacement(s)                    | <input type="checkbox"/> High / Low Blood Pressure     | <input type="checkbox"/> Numbness                  |
| <input type="checkbox"/> TMJ                                     | <input type="checkbox"/> Varicose veins                | <input type="checkbox"/> Carpal Tunnel Syndrome    |
| <input type="checkbox"/> Headaches / Migraines                   | <input type="checkbox"/> Easy Bruising                 | <input type="checkbox"/> Epilepsy                  |
| <input type="checkbox"/> Rheumatoid arthritis                    | <input type="checkbox"/> Atherosclerosis               | <input type="checkbox"/> Cancer                    |
| <input type="checkbox"/> Fibromyalgia                            | <input type="checkbox"/> Circulatory disorder          | <input type="checkbox"/> Diabetes                  |
| <input type="checkbox"/> Autoimmune disorder                     | <input type="checkbox"/> Phlebitis                     | <input type="checkbox"/> Kidney Dysfunction        |
| <input type="checkbox"/> Allergies / Sensitivity                 | <input type="checkbox"/> Tendonitis                    | <input type="checkbox"/> Current Fever             |
| <input type="checkbox"/> Asthma                                  | <input type="checkbox"/> Sprains or Strains            | <input type="checkbox"/> Swollen Glands            |
| <input type="checkbox"/> Recent surgery (in last 2 years)        | <input type="checkbox"/> Recent accident of injury     | <input type="checkbox"/> Open Sores / Wounds       |
| <input type="checkbox"/> Pregnancy - if so, how far along? _____ |  | <input type="checkbox"/> Contagious Skin Condition |

Explain any conditions you have marked above: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List any medications or supplements that you are currently taking as well as any side effects you are experiencing:

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Please any known list allergies: \_\_\_\_\_

Have you ever had a professional massage?    Yes    No    If so, was there anything you liked or didn't like?

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Are you sensitive to touch or pressure in any area?    Yes    No    If so, where? \_\_\_\_\_

Reasons for seeking massage therapy: \_\_\_\_\_

**Oncology Related Information:**

What kind of activities / exercise do you do? \_\_\_\_\_

When were you first diagnosed with cancer? \_\_\_\_\_ What type of cancer? \_\_\_\_\_

Is the cancer currently active? \_\_\_\_\_ Where was/is it located? \_\_\_\_\_

Are you being treated now?    Yes    No    If no, when was the date of your last treatment? \_\_\_\_\_

What treatments have you undergone and when? Please list dates and types of surgery and other treatments.

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Did your treatment include removal or radiation of lymph nodes?    Yes    No    If yes, please describe where.

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Did your treatment include radiation therapy?    Yes    No    If yes, please describe where.

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Did your treatment include chemotherapy:    Yes    No

Number of Treatments: \_\_\_\_\_ Beginning Date: \_\_\_\_\_ End: \_\_\_\_\_

Number of Treatments: \_\_\_\_\_ Beginning Date: \_\_\_\_\_ End: \_\_\_\_\_

Number of Treatments: \_\_\_\_\_ Beginning Date: \_\_\_\_\_ End: \_\_\_\_\_

Do you have any site restrictions due to:

- incisions, open wounds, drains or dressings
- skin sensitivity, rash or skin condition
- IV, port, ostomy, catheter, or other device (circle)
- a tumor site                       radiation site
- bone or spine metastasis         fracture history
- area of infection                   history/risk of blood clot
- neuropathy                           other (describe below)

Do you have any pressure restrictions due to:

- history or risk of lymphedema (circle which)
- anticoagulants                       low platelet count
- bone or spine metastasis         steroid med
- fragile/sensitive skin               fragile veins
- area of pain or burning             fatigue
- recent surgery                       infection or fever
- other (describe below)

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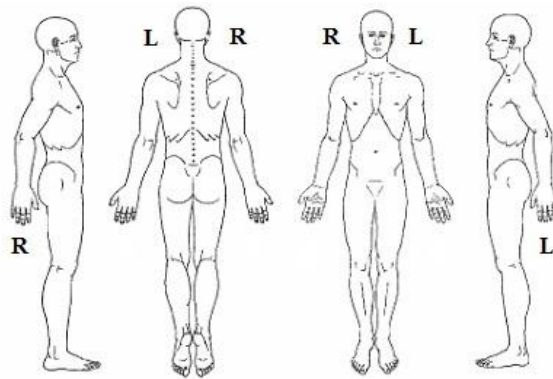
Do you have any position restrictions due to:

- incision     medication     ostomy     tumor site     difficulty breathing     tender skin
- swelling or risk of swelling (any body area need elevating?) please describe: \_\_\_\_\_
- medical devices    please describe: \_\_\_\_\_
- discomfort    please describe: \_\_\_\_\_

Has cancer or cancer treatment affected any of the following functions in your body? (circle current issues)

- lungs     liver     nervous system     heart     kidney     blood counts     energy levels

Please identify the areas of concern on the chart below:



**Release**

**Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms that may make massage therapy contraindicated please seek a referral from your medical doctor.**

By signing this, I agree that I have answered all questions honestly, to the best of my knowledge and have stated all my known medical conditions. I will inform the therapist of any changes in my medical condition and/or medications and understand that there shall be no liability on the therapist's part should I forget to do so. I understand that massage therapy is a therapeutic measure used to reduce stress, relieve muscular tension, and for pain elimination. If I experience any pain/discomfort during this or any other session I will immediately inform the therapist so that the pressure and/or strokes may be adjusted to my comfort level.

This is therapeutic massage and any sexual remarks or advances will terminate the session and I will be liable for full payment of the scheduled treatment.

I understand that a massage should not be construed as a substitute for medical examination, diagnosis or treatment by a physician. I further understand that massage therapists are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe or treat any physical or mental illness, and that nothing said in the course of the sessions should be construed as such. I understand that it is my responsibility to consult a physician for any ailments I may have.

I understand that if I use a coupon during my visit, it is not valid with any other coupons or promotions. I understand that all payments are due at the time of service.

I agree that I am of legal age (18 years old) and that if I am not, I agree to have my parent or guardian sign a parental/guardian release form before treatment.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# **Integrative Healing Arts**

Medical and Wellness Massage  
217 Union Street, Cary, NC 27511  
(315) 415-3791

**Brenda Dickenson, LMBT**

(NY# 28956 NC# 16935)

## **Cancellation Policy**

I understand that unanticipated events happen occasionally in everyone's life. When you book an appointment that time is reserved especially for you. Missed appointments are costly in lost time and revenue, and it prevents me from providing services to other clients. In my desire to be effective and fair to all clients, the following policies are put in place:

**24 hour advance notice is required** when cancelling an appointment. This allows the opportunity for someone else to schedule an appointment. If you are unable to give 24 hours advance notice you will be charged 50% of your scheduled appointment charge. This amount will be billed to you and must be paid prior to your next scheduled appointment.

## **No-shows**

Anyone who either forgets or consciously chooses to forgo their appointment for whatever reason will be considered a no-show and will be charged for their missed appointment. The full amount for the session missed will be billed to you and must be paid prior to your next scheduled appointment.

## **Late Arrivals**

If you arrive late to your scheduled appointment, your session may be shortened in order to accommodate others whose appointments follow yours. Your therapist will determine if there is enough time remaining to start a treatment. Regardless of the length of the treatment actually given, **you will be responsible for the "full" scheduled session.**

## **Payment**

Full payment is expected before or after treatment at the time of service. All clients, whether they have received treatment or booked an appointment are bound by this policy without any prejudice or exemption.

## **Returned Checks**

There is a fee of \$25.00 for a returned check.

By signing this I am stating that I fully agree with and understand the above policy.

Name: \_\_\_\_\_ Date: \_\_\_\_\_