



Vegan Options Delivered

Thurs 2/4, Sat 2/6, Tues 2/9 & Thurs 2/11

Featured Dinners:

Vegan Scallops – Oyster Mushrooms, Lemon Butter, Jasmine Rice

Vegan Creamy Coconut Lime Tofu – Creamy Garlic Coconut Sauce over Jasmine Rice

Includes Side Salad

\$25/pp – Minimum of 2 guests

\$23/pp for 4+ portions

Additional Sides:

½ Pan feeds 4 – 6 \$35 Full Pan feeds 8 -10 \$60

Roasted Brussel Sprouts

Roasted Broccoli

Jasmine Rice

Roasted Potatoes

Penne Marinara

**FREE Delivery within
10 miles of West Chester**
Small fee applies for further distances

Shake ingredients come fully prepped & ready to mix!

Just add water and ice or your milk of choice (Almond, Coconut, etc.)

1 scoop of protein powder per shake – Additional scoops available upon request!

Each shake is approx. 14 – 16oz - Double your Spinach or Kale for just \$1 more a shake

3 for \$30 – 6 for \$50 – 10 for \$80 – 10% OFF if you pick at least 3 of the same

Greenshakes:

Vegan, Gluten Free, Lactose-free and Soy-free

Protein Powder includes Pea Protein, Rice Protein, Chia Seed Powder, Alfalfa, Beetroot, Spinach & Barley Grain

Anti-Inflammatory – Banana, Ginger, Spinach, Green Apple, Turmeric

Apple a Day – Apple, Kiwi, Kale

Banana Kale Cucumber – Kale, Banana, Cucumber

Berry Happy – Strawberries, Blueberries, Raspberries, Kale

Carrot Ginger – Lemon, Ginger, Kale, Carrots

Leprechaun – Pineapple, Kiwi, Spinach, Vanilla

Mango Coconut – Spinach, Mango, Banana, Coconut

Peachy Kean – Kale, Peach, Pear

Pineapple Surprise – Pineapple, Baby Spinach

Tropical Bliss – Banana, Peach, Honey, Coconut

Vanilla Orange Berry – Strawberries, Orange, Vanilla

Benefits

- Great source of high-quality protein
- Helps support maintenance of lean muscle
- Helps you increase healthy metabolism
- Promotes healthy weight loss
- Helps your mood and reduces cravings
- Fresh organic locally sourced ingredients
- Huge time saver and great value

Order Deadline: At least 48 hours in advance

Fresh to your door contact free with easy blending and reheating instructions

E-mail Jen to place your order at jen@giabellacatering.com

Include your: Name, Cell #, Address, Menu Selection, Guest Count & Preferred Payment Option

Please let us know of any dietary restrictions or allergies & we can accommodate

Payment Options: Venmo, Check, Cash or Credit Card (3.5% fee)

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