

SWEET MANDARIN

MANCHESTER · NORTHERN QUARTER

VEGAN MENU

GLUTEN FREE · DAIRY FREE



*Three generations of family recipes.
Every dish plant based, gluten free and dairy free.*

SWEETMANDARIN.COM



Vegan Banquet for 2 | £50

TO START

Vegan Sweetcorn Soup *se*

one each, egg free

TO SHARE

Green Peppers, Blackbean & Tofu

S, Se, Su

Sweet & Sour Vegetables

ON THE SIDE

Boiled Rice

Chips

A plant based feast for two, with a little of everything our vegan regulars love. Just £25 per person.

THESE DISHES ARE NON CHANGEABLE

VEGAN

Soups

EACH £5.95

GFIV

Vegan Hot & Sour Soup s, Se, Su
with tofu

GF3V

Vegan Sweetcorn Soup se
egg free



VEGAN

Starters

Crispy Seaweed £8.00

Wakame Salad s, se £8.00

Edamame Beans s £6.00

GF18M Salt & Pepper Mushrooms £8.00

GF18T Salt & Pepper Chilli Tofu s, su £8.00

S soya · Se sesame oil · Su sulphites — full allergen key on the back page



WAKAME SALAD



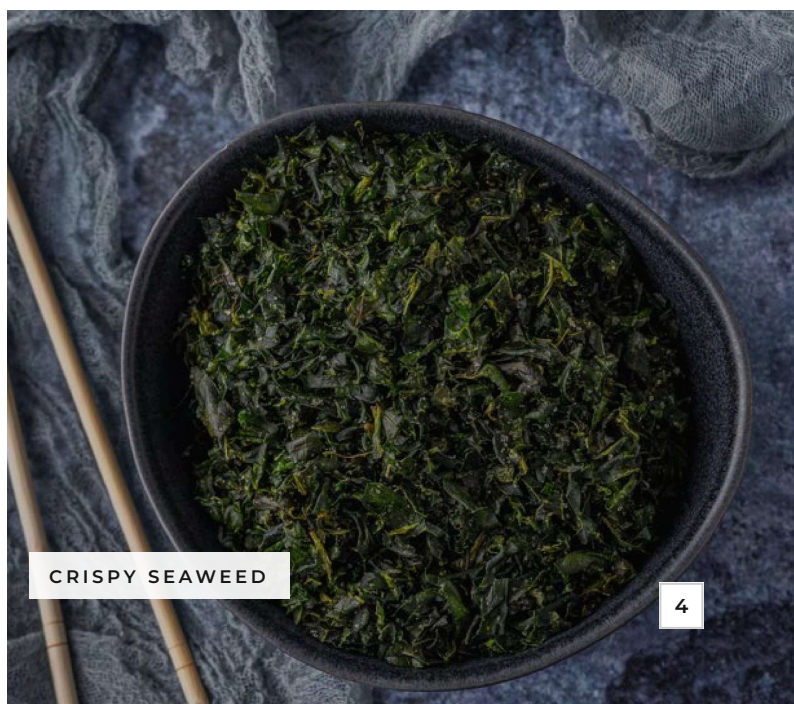
SALT & PEPPER MUSHROOMS



EDAMAME BEANS



SALT & PEPPER CHILLI TOFU



CRISPY SEAWEED



VEGAN

Vegetables

EACH £13.99

44VEG Hot & Sticky Cantonese Vegetables

GF58V Sweet & Sour Vegetables

GF39TVEG Blackbean Vegetables s, se

GF37TV Jungle Green Vegetable Curry

Pad Thai

GF66V

Vegetable Pad Thai se

£13.99

GF66TOFU

Tofu Pad Thai S, Se, Su

£15.99



Spicy Vermicelli

GF65V

Spicy Vermicelli with Vegetables

S, Se

spicy rice vermicelli tossed with fresh vegetables

£13.99

GF65T

Spicy Vermicelli with Tofu

S, Se, Su

£15.99



Ramen Noodles

GF61

Vegetable Ramen Noodles *se*
£13.99

Tofu Ramen Noodles *s, su*
£15.99



Hor Fun

Vegan Hor Fun
thick rice noodles mixed with tamari
£13.99

Tofu Hor Fun *s, su*
thick rice noodles mixed with tamari
£15.99



VEGAN

Tofu

EACH £13.99

GF57 Mabel's Vegan Tofu
Casserole s, Se, Su

GF58 Sweet & Sour Tofu s, su

32TOFU Blackbean Tofu s, Se, Su

33TOFU Mushrooms & Tofu
s, Se, Su

36TOFU Satay Sauce Tofu
s, Se, Su, P, N

44TOFU Hot & Sticky Cantonese
Tofu s, su

GF37TVTOFU Jungle Green Tofu
Curry s, su

77TOFU Chilli, Ginger & Garlic
Tofu s, Se, Su

SCTOFU Sweet Chilli Tofu s, su

All of our tofu dishes contain soya (S) and sulphites (Su). Full allergen key on the back page.



VEGAN

Side Dishes

FR	Soya Fried Rice <i>no egg</i>	£3.95
GFBR	Boiled Rice	£3.95
GF83	Ramen Noodles, Beansprouts & Onions <i>Se</i>	£5.95
GF84	Rice Vermicelli Noodles, Beansprouts & Onions <i>se</i>	£5.95
GF85	Chips	£3.95
GF96	Salt & Pepper Chips	£4.95
GF112	Sichuan Spicy Potatoes <i>Se</i> <i>these are the best potatoes ever!</i>	£7.95
	Broccoli	£6.95
	Mixed Vegetables	£6.95

HOMEMADE

Sauces & Dips

GF92	Lily Kwok's Curry Sauce <i>Mu</i>	£3.99
	Tiny Tub of GF Dip <i>OK sauce, Sweet & Sour or Sweet Chilli</i>	£2 each

FOR SALT & PEPPER LOVERS

Salt & Pepper Vegan Munchie Box

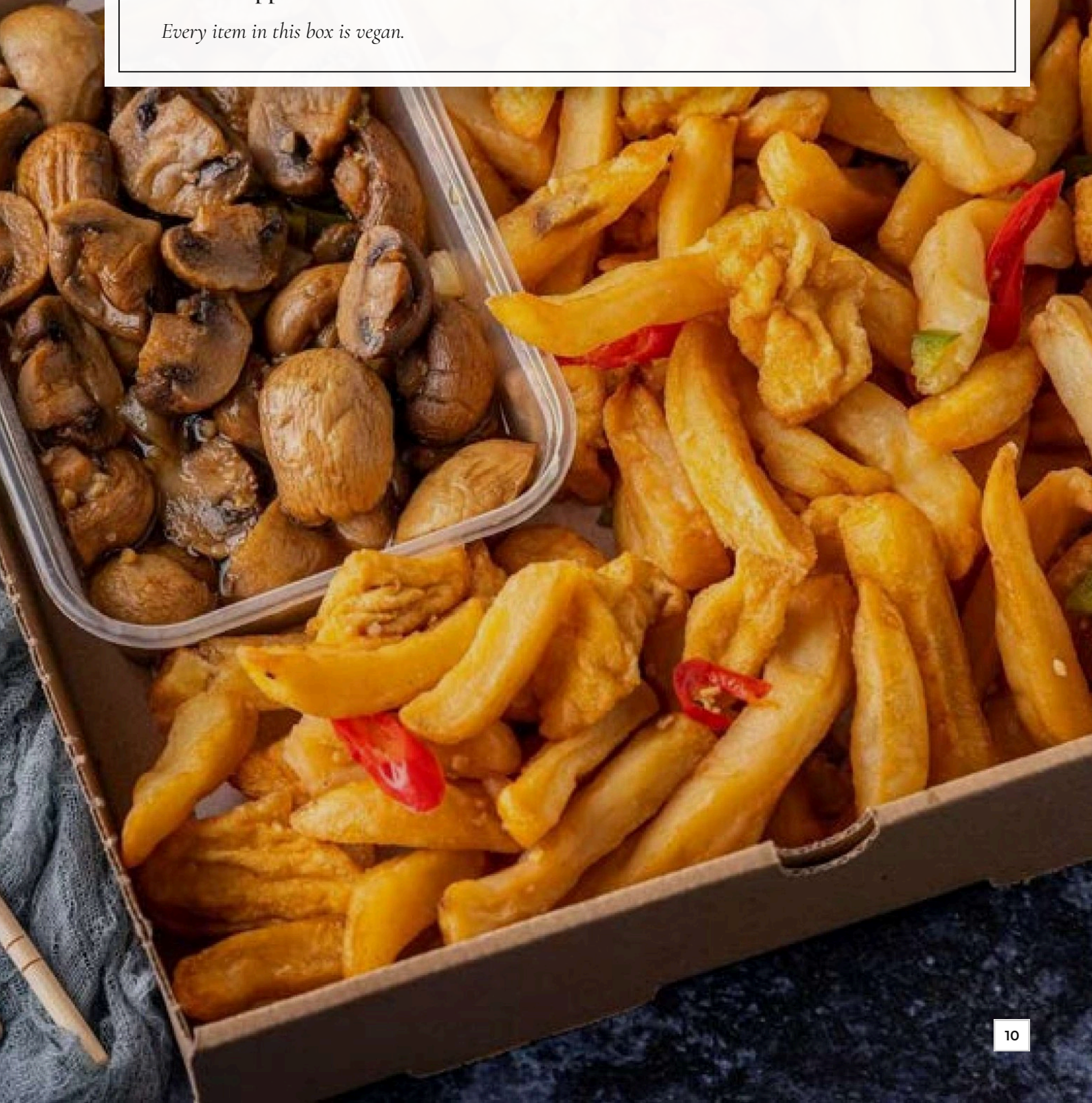
£16.00 FOR ONE PERSON

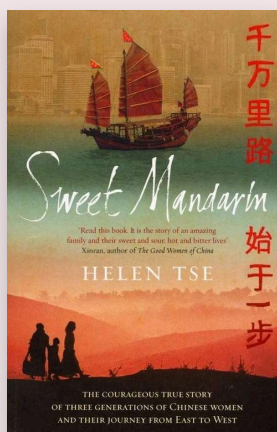
Salt & Pepper Chips

Salt & Pepper Tofu s, su

Salt & Pepper Mushrooms

Every item in this box is vegan.





OUR FAMILY · OUR STORY

Recipes handed down through our family and cooked the same way today. Our story is told in the book *Sweet Mandarin* by Helen Tse, published by Ebury Press, an imprint of Random House, distributed to 33 countries, and adapted into a theatre show that toured the whole of the UK, Hong Kong, China and Canada.

FIND US

19 Copperas Street
Manchester M4 1HS
07703 412 002 (WhatsApp us)
sweetmandarintables@gmail.com
www.sweetmandarin.com



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APP

ABOUT SWEET MANDARIN 甜甜

Three generations, *one kitchen*

Sweet Mandarin's recipes are passed down from generation to generation. We offer a banquet of family stories that take us from a small Chinese village to cosmopolitan Hong Kong and urban Manchester.

Along the way, the ingredients of special dishes and a rich life are added: a homemade stock of hard life, a pound of tragedy, a spoonful of daring, a dash of curses, and dollop after dollop of sheer will.

Behind this restaurant is a family memoir of survival and victories, luck and determination, and perpetual mounds of dirty dishes waiting to be washed.

From our family to yours, with love. Grandma Lily Kwok, Mum Mabel, and sisters Lisa, Helen & Janet.

VEGAN, GLUTEN FREE AND DAIRY FREE

Every dish on this menu is made without meat, fish, seafood, eggs or dairy. Our vegan dishes are cooked separately, in their own fryer and wok. Every dish is gluten free. Please note that our Satay Sauce Tofu contains peanuts (P) and nuts (N). We make our own sauces in house, and our kitchen is entirely dairy free.

ALLERGENS GUIDE

G gluten	S soya	Se sesame oil	C crustaceans
Su sulphites	P peanut	N nuts	E eggs
M molluscs	Ce celery	Mu mustard	F fish
L lupin	Mi milk		

Please tell us about any allergy or intolerance when you order.