

Welcome to the Metropolitan Community Church Ministry of Biblical Study Classes

June 4, 2025

"The Power of Confession"

Scripture Focus:

- Romans 10:8–10 (NIV) "But what does it say? 'The word is near you; it is in your mouth and in your heart,' that is, the message concerning faith that we proclaim: If you declare with your mouth, 'Jesus is Lord,' and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved."
- Proverbs 18:21 (NIV) "The tongue has the power of life and death, and those who love it will eat its fruit."

Introduction:

To understand the biblical and spiritual significance of confession, explore how verbal declarations align with faith, and engage in the intentional practice of speaking miracles, signs, and wonders into our daily lives.

Scripture Breakdown:

Romans 10:8-10

- Paul emphasizes that salvation hinges on two actions: believing in the heart and confessing with the mouth.
- Faith isn't just private; it must be professed. Speaking is not just a symbol—it is an activation of what is believed.

Proverbs 18:21

- The tongue has the power to shape reality: to bless or curse, to create life or cause harm.
- What we say not only reflects our beliefs but has the spiritual power to influence outcomes.

Key Discussion Points

What does it mean to confess our faith?

- More than admitting sin—it's declaring alignment with God's truth.
- It's how we identify ourselves with Christ and proclaim His promises over our lives.

The connection between belief and verbal affirmation:

- Belief without confession is incomplete—true faith must be vocalized.
- Example: Saying "I am healed" when believing God for healing, even if symptoms remain.

How confession activates the supernatural:

- Words are spiritual carriers—they set divine things in motion.
- Confession aligns us with Heaven's reality, even when Earth's reality hasn't yet caught up.
- In Genesis, God created the world by speaking—so too can we "create" environments of healing, peace, breakthrough, etc., through our faith-filled confessions.

Practical Exercise

Assignment: Create and Commit to 3 Daily Faith Confessions

Reflect for a moment:

- What miracles are you believing God for?
- What signs or wonders do you need to see in your life?

Write out 3 Faith Confessions (Examples below for guidance)

- "I am walking in divine favor and expecting miracles today."
- "By faith, I declare healing over my body, mind, and spirit."
- "I speak open doors, supernatural provision, and divine connections into my life."

Group Sharing:

If comfortable, share one of your confessions.

Daily Commitment:

 Speak your confessions aloud each morning for the next 7 days—and journal any results or feelings that arise.

Closing Reflections

- How do you feel when you speak life over yourself?
- What truth from today's session are you taking with you?

Closing Prayer:

- Thank God for the power He has given us through confession.
- Declare life, healing, miracles, signs, and wonders over every participant.