



NEWSLETTER

Mail Management Services, Inc., awarded “USPS Supplier Performance” and “USPS Transportation Partner of the Year”



Top L-R: Mike Shermot, Dan Bargaen, Jon Bargaen and John Pool with USPS representatives; owners Jon Bargaen and Dan Bargaen
 Bottom L-R: Dan and wife Katie Bargaen; Michael Shermot, Dan Bargaen, Jon Bargaen and John Pool

Mail Management Services, Inc., is proud to receive the USPS Supplier Performance and USPS Transportation Partner of the Year awards. This year marks the 33rd anniversary of the USPS awards, which highlight the efforts of suppliers who are making outstanding contributions toward the success of the USPS and place an emphasis on recognizing suppliers who within the last year were:

- Involved in significant programs and supply chain initiatives
- Truly made a difference in helping USPS achieve excellent customer service

As the 12th largest Highway Contract Route service provider to USPS, MMS consistently maintains high levels of performance for USPS with an emphasis on people, operations and equipment. Our on-time performance score of 94.3 percent is roughly 3 percent higher than the current national average.

THANK YOU on behalf of MMS to all of our employees for your hard work.

The Transportation Partner of the Year Award recognizes postal Service vendors who excel in transportation performance, contribute to low emissions and have an Electric Vehicle Future state (EV) plan that coincides with the Postal Service’s Delivering for America plan.

The Supplier Performance Award is reserved for key suppliers – those critical to the overall success of USPS operations and service. Recipients must demonstrate collaborative performance objectives, development progress and extraordinary postal service employee or public safety special achievement or awareness and achievement in helping USPS achieve environmental goals.



COO PROFILE

JOHN POOL

John hails from Austin, Texas, and previously lived in New Jersey and Nebraska before settling in San Antonio in 1993. In 2002, he married Maria and in April marked their 21st anniversary around the same time they moved into their new home.

Their family is blended and includes 10 children ranging in age from 17 to 40 and 13 grandchildren from 4 months to 18.

John has a passion for collecting antiques, particularly postal mailboxes and unique items like

large metal dist-o-maps. While not always successful, he tries his best to conceal his purchases from Mrs. Pool.

Mail contracting runs in his family, tracing back to the 1940s. At the age of five, he traveled between Austin and Houston on a mail truck to visit his grandmother. At nine, he began assisting his grandmother on a Sunday collection car routes, drove box trucks at age 15 and finally tractor trailers 10 years later.

In 1991, at 27 years old, he took over his grandmother's mail company, only to face bankruptcy the following year due to an IRS seizure of all the trucks and funds. He sold

the company in bankruptcy to Southern Mail and took a job there, working for 28 years and moving up the ladder to national operations manager.

After a short stint at EVO transportation, he found a home at Mail Management Services in March 2021.

Throughout his career he's been involved in all facets of mail transportation, including ownership, operations, safety recruiting and driving, and knows the success of a business lies in its people, regardless of their role.

"The effort of one supports all' and we must always remember our commitment to one another," said Pool.



CIO PROFILE

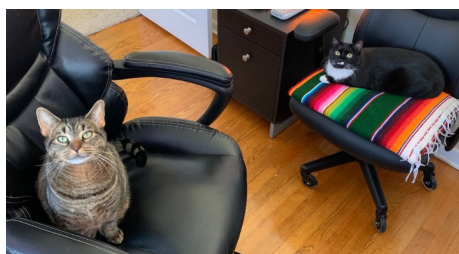
MICHAEL SHERMOT

Michael is married to his wife Kelly and they just celebrated their fourth wedding anniversary in May.

They purchased their first house in 2020 in Hanover, Penn., "The snack capital of the world." Both Utz Potato Chips and Snyder's Pretzels are located in Hanover and if the wind blows the right direction, you can smell whatever the factories are baking.

They both love the outdoors, summer days and fishing – one of their favorite things. If the weather's nice, you'll see them on their kayaks loaded with fishing gear and on their way to a fishing hole.

When the forecast doesn't cooperate for fishing, you'll most likely find them hanging out with their two cats, Peas and Pepper, both rescues. Michael hasn't always been a cat person. In fact, he was allergic before they rescued Peas.



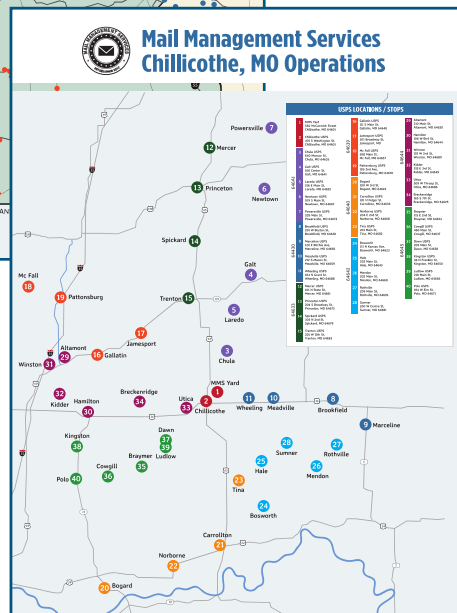
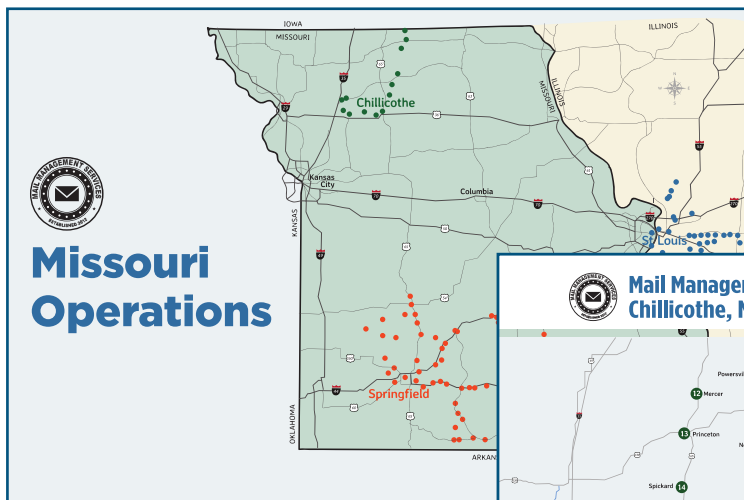
Michael extends a heartfelt thank you to everyone for the opportunity to serve as CIO. He's proud to be a part of the MMS team and excited to see what the future holds.

LOCATION SPOTLIGHT

CHILLICOTHE, MISSOURI

Operating since 2013

STEVE MCKINNEY
Site Manager



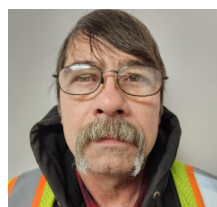
The Chillicothe, Missouri, location started out with two drivers in 2013. Current site manager Steve McKinney was one of those. Now Steve leads a team of nine dedicated drivers who are in charge of collecting USPS mail in all of north-central Missouri.

Driving in Missouri has its challenges including the rural

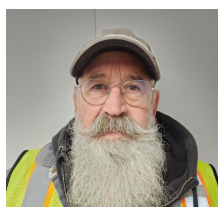
roads, occasional floods and oblivious deer.

One of Steve's favorite things about working at MMS is being a part of a team. He appreciates everything he's learned so far at MMS and loves that the company goes the extra mile to provide learning opportunities, continuously.

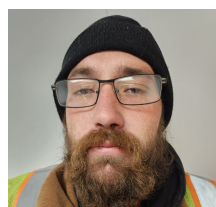
Steve couldn't be prouder of his team. "I couldn't do this without the team I have. They all are happy to come to work every day and they all really enjoy their job. I've had most of them come up to me and say they feel cared for by MMS. We talk daily... we laugh, we joke, we take our jobs seriously and we have a great time. I am so grateful for them."



Gerald Hutchinson



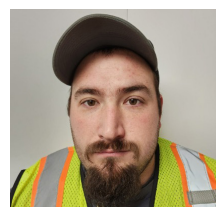
Robert Hutchinson



Eric Miller



Joe Otto



Dustin Seimer



Dave Stark



Joe Woody



Cameron Yeomans



William Yeomans



Mail Management Services Memphis, TN Operations





Our newest bid was awarded in February 2023. We are excited to welcome our Memphis team, led by Site Manager Jason Franks and AM Dock Support Tawana Wooten.

Welcome to the MMS team, all Memphis employees!

2023 Birthdays



July

| | | |
|-------------|---|------------------|
| Waymond | B | Abilene |
| Jon | F | Amarillo |
| Corey | F | Baton Rouge |
| Alicia | S | Baton Rouge |
| Darryles | S | Baton Rouge |
| Charles | T | Baton Rouge |
| Dustin | S | Chillicothe |
| Douglas | L | Cleveland |
| Jamal | E | Colorado Springs |
| Victor | S | Colorado Springs |
| Ashley | B | CORP |
| Amber | R | CORP |
| Christopher | P | Denver |
| Michael | P | Denver |
| Randy | D | Everett |
| Gregory | L | Everett |
| Patrick | M | Everett |
| Michael | M | Everett |
| Travis | P | Everett |
| Mervin | R | Everett |
| Jesus | I | Lufkin |
| Hernani | J | Lufkin |
| Quinton | S | Memphis |
| Jeremy | S | Memphis |
| David | T | Memphis |
| Kendrick | W | Memphis |
| Marcel | A | Milwaukee |
| Ricardo | A | Milwaukee |
| Jonathan | H | Milwaukee |
| Jeremy | M | Milwaukee |
| Brian | S | Milwaukee |
| Chad | M | S. Portland |
| Ronald | W | Saginaw |
| Felipe | M | San Antonio |
| Ralph | T | San Antonio |
| Melvin | C | Springfield |
| Shannon | S | Springfield |

| | | |
|-------|---|-------------|
| Jason | T | Springfield |
| John | W | St. Louis |
| Mary | S | Topeka |

August

| | | |
|-------------|---|------------------|
| Shantee | C | Abilene |
| Justin | J | Abilene |
| Christopher | P | Amarillo |
| Alfonso | R | Amarillo |
| Levar | V | Amarillo |
| Wilbert | H | Baton Rouge |
| Jesse | H | Baton Rouge |
| Stephen | M | Chillicothe |
| Lamont | M | Cleveland |
| Zachary | S | Cleveland |
| Jaime | F | Colorado Springs |
| Sean | P | Colorado Springs |
| Benjamin | M | Denver |
| Vincent | R | Denver |
| Scott | A | Everett |
| Matt | B | Everett |
| Charles | F | Everett |
| Dallas | L | Kansas City |
| Jo | R | Lincoln |
| Ernesto | B | Lufkin |
| Alvaro | R | Lufkin |
| Cordero | J | Memphis |
| Denise | J | Memphis |
| Lachandler | R | Memphis |
| Candice | S | Memphis |
| James | W | Memphis |
| Bradley | F | Midland |
| Jamie | H | Midland |
| Kenneth | K | Midland |
| Garen | R | Midland |
| David | B | Milwaukee |
| Richard | D | North Platte |
| Albert | S | North Platte |

| | | |
|---------|---|-------------|
| Thomas | O | Saginaw |
| Tracy | B | San Antonio |
| Paul | H | San Antonio |
| Alisa | M | San Antonio |
| Ivan | S | San Antonio |
| Larry | H | Springfield |
| Wayne | S | Springfield |
| Othel | U | Springfield |
| Dan | W | Springfield |
| Michael | D | St. Louis |
| Michael | G | St. Louis |
| Shannon | V | St. Louis |
| James | B | Topeka |
| Shan | L | Topeka |

| | | |
|-------------|---|-------------|
| Michael | C | Everett |
| James | C | Everett |
| Toby | G | Everett |
| Terry | M | Everett |
| Brandon | M | Everett |
| John | E | Kansas City |
| Leonard | G | Lincoln |
| Jake | M | Lincoln |
| Claude | C | Memphis |
| Timothy | L | Memphis |
| Christine | M | Memphis |
| Joseph | S | Memphis |
| Michael | B | Midland |
| Juan | C | Milwaukee |
| Martin | G | Milwaukee |
| Hugo | G | Milwaukee |
| Conner | M | Milwaukee |
| Darron | M | Milwaukee |
| Aaron | M | Milwaukee |
| Stephen | N | Milwaukee |
| Joshua | C | Saginaw |
| Timothy | B | San Antonio |
| Denise | G | San Antonio |
| David | C | Springfield |
| Dwight | H | Springfield |
| Kenneth | H | Springfield |
| John | W | Springfield |
| Christopher | C | Topeka |
| Nicholas | K | Topeka |

September

| | | |
|----------|---|------------------|
| Joseph | F | Abilene |
| Billie | W | Abilene |
| Troy | B | Amarillo |
| Steven | N | Amarillo |
| Alfred | B | Baton Rouge |
| Justin | C | Baton Rouge |
| Courtney | J | Baton Rouge |
| Donald | L | Baton Rouge |
| Dominik | D | Colorado Springs |
| Donald | K | Colorado Springs |
| Rosco | K | Colorado Springs |
| Cynthia | M | Colorado Springs |
| Brent | Q | Colorado Springs |
| Amela | B | CORP |
| Michael | E | CORP |
| Chrisy | T | CORP |

2023 Anniversaries



July

| | | |
|------------|---|-------------|
| Courtney | J | Baton Rouge |
| Timothy | S | Baton Rouge |
| Eric | M | Chillicothe |
| Joseph | W | Chillicothe |
| Michael | E | CORP |
| Amber | R | CORP |
| Yolanda | W | CORP |
| Paul-Emile | P | Denver |
| Scott | A | Everett |
| Mervin | R | Everett |
| Leonard | G | Lincoln |
| Jo | R | Lincoln |
| John | R | Lincoln |
| Robert | B | Milwaukee |
| Douglas | G | Milwaukee |
| Hugo | G | Milwaukee |
| Valentin | V | Milwaukee |
| Scott | W | Milwaukee |
| Armando | M | San Antonio |
| Joel | D | Springfield |
| Danial | O | Springfield |
| John | W | Springfield |
| Jonathan | A | St. Louis |
| James | B | Topeka |

August

| | | |
|-------------|---|------------------|
| Mark | W | Abilene |
| Michael | L | Amarillo |
| Gerald | H | Chillicothe |
| Dustin | S | Chillicothe |
| Dave | S | Chillicothe |
| Cameron | Y | Chillicothe |
| William | Y | Chillicothe |
| Kenneth | L | Cleveland |
| David | V | Colorado Springs |
| Dena | J | Everett |
| Gregory | L | Everett |
| Alexis | N | Everett |
| Deneena | V | Everett |
| Debbie | W | Everett |
| Vincent | B | Kansas City |
| Thomas | H | Lufkin |
| Jamie | H | Midland |
| James | R | Midland |
| David | A | Milwaukee |
| Darron | R | Milwaukee |
| Luis | M | San Antonio |
| Jeffrey | A | Springfield |
| Rickey | H | St. Louis |
| Caleb | J | St. Louis |
| Christopher | C | Topeka |

September

| | | |
|-----------|---|------------------|
| Troy | B | Amarillo |
| Loren | H | Amarillo |
| Reginald | H | Amarillo |
| Reimundo | S | Amarillo |
| Thomas | B | Colorado Springs |
| Brian | B | Colorado Springs |
| Zachariah | C | Colorado Springs |
| Bill | C | Colorado Springs |
| Jaime | F | Colorado Springs |
| Peter | F | Colorado Springs |
| Marcus | G | Colorado Springs |
| Eric | H | Colorado Springs |
| Scott | H | Colorado Springs |
| Donald | K | Colorado Springs |
| Rosco | K | Colorado Springs |
| Edward | L | Colorado Springs |
| Cynthia | M | Colorado Springs |
| Charles | M | Colorado Springs |
| Veronica | M | Colorado Springs |
| Robert | O | Colorado Springs |
| Brian | P | Colorado Springs |
| Brent | Q | Colorado Springs |
| Greg | R | Colorado Springs |
| Victor | S | Colorado Springs |
| Angela | S | Colorado Springs |
| Michael | T | Colorado Springs |
| Amela | B | CORP |
| Joshua | C | CORP |
| Charles | F | Everett |
| Rigoberto | V | Everett |
| John | E | Kansas City |

| | | |
|-------------|---|-------------|
| Magdy | E | Kansas City |
| Dallas | L | Kansas City |
| Christopher | N | Kansas City |
| Michael | K | Lincoln |
| Michael | B | Midland |
| Lon | B | Milwaukee |
| Aaron | M | Milwaukee |
| Darron | M | Milwaukee |
| Benjamin | P | Milwaukee |
| Dion | A | Saginaw |
| Dean | C | Saginaw |
| Alan | H | Saginaw |
| Tyler | H | Saginaw |
| Larry | J | Saginaw |
| Lisa | L | Saginaw |
| Troy | M | Saginaw |
| John | M | Saginaw |
| Thomas | O | Saginaw |
| Hector | R | Saginaw |
| Ronald | W | Saginaw |
| Jeffrey | W | Saginaw |
| Paul | H | San Antonio |
| Mike | R | Springfield |
| Michael | D | St. Louis |
| Michael | G | St. Louis |
| Reginald | H | St. Louis |
| Robert | J | St. Louis |
| Tony | M | St. Louis |
| Shannon | V | St. Louis |
| Kyle | W | St. Louis |
| John | W | St. Louis |
| Jorge | R | Topeka |



SITE MANAGER SPOTLIGHT

STEVE MCKINNEY
 Site Manager
 Chillicothe, Missouri

Steve, a disabled veteran of the U.S. Army, has been married to his wife Buffy for 20 years. The couple has two daughters, Madison and Jolene, and a granddaughter Everleigh. The former iron worker of 25 years has been with MMS for more than seven years. He started with MMS as a route driver in October 2015. As hard working as he is, he quickly helped us grow his site and earned the position of Site Manager.

The accolades from colleagues are many including:

“I very much appreciate Steve. He goes above and beyond to understand every task and excel at it. He’s not afraid of any challenge thrown at him and his dedication to MMS is very genuine,” said Amela Bektic, Safety Director

“I know if anything is needed from Steve or his crew, I can call him, and he will get it done.

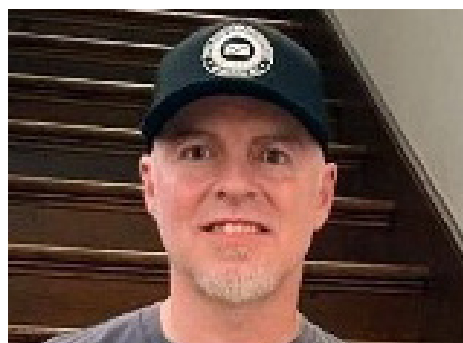
Steve’s positive attitude is what I appreciate most,” Tonda Griess, Human Resources/Payroll.

“His communication skills on vehicles coming into and out of his fleet are outstanding and help with properly invoicing each month,” Josh Crawford, Fuel/Asset Manager

From all of us at MMS, thank you Steve for your meticulous attention to detail and dedication!

DRIVER SPOTLIGHT

JAMIE ARMSTRONG
 Commercial Driver
 Kansas City, Missouri



Jamie, a driver for MMS, was nominated by his supervisor Chris Nichols, Regional Operations Manager Missouri and Kansas. Joining MMS in March of 2022, Jamie is excited and honored to be in the spotlight.

“He goes above and beyond for the KC site and company,” said Chris. “He’s always on time, willing to help however, and goes the

extra mile to make sure that he’s doing the job to the best of his ability and company standards. Jamie has been a huge help covering routes in Topeka during their shortage and need. On short notice, he has changed plans and headed to Topeka to help. He is eager, willing and a great role model for other drivers.”

Jamie is a veteran, having served

for the Missouri National Guard (six years active and two inactive in supply). He also worked in the banking industry for a decade as a personal banker, assistant manager and branch manager.

Jamie loves history and travel. In fact, he’s been to 49 states.

“I have not traveled to Alaska – yet,” he said.

MMS would like to congratulate and welcome the following employees into their new roles!

- Becky Padilla – Site Manager Colorado Springs, Colorado- Promoted-Congratulations!
- Chris Nichols- KS-MO Regional Manager-Promoted-Congratulations!
- Conner McKenna- VP of Operations-Promoted-Congratulations!
- Kevin Petow – New Hire* Software Arch/Engineer-Welcome to the team!
- Brian Fisher- New Hire* Northeast Director-Welcome to the team!



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Speak to a licensed doctor by phone or video 24/7 from anywhere



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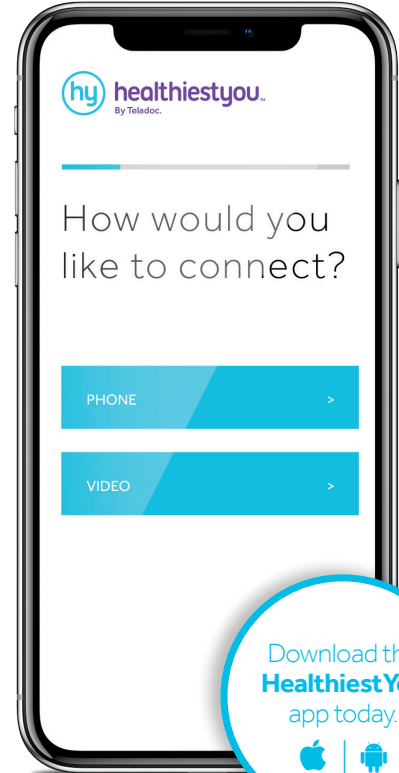
Dermatology \$0 visit fee

Upload photos of your condition to the app and get a treatment plan from a dermatologist within two business days



***NEW - Nutrition \$0 visit fee**

Connect with a certified dietitian and start meeting your nutrition goals today!



Fatigued and Drowsy Driving Prevention + Daily Stretching Tips

DO NOT DRIVE WHEN YOU ARE TIRED.
FATIGUE CAN:

SLOW DOWN
your thought processes and reaction time

AFFECT
your judgment and vision

IMPAIR
your senses and abilities

CAUSE
nodding off or falling completely asleep

DROWSY DRIVING PREVENTION TIPS

Get enough sleep before you drive.

This is the best way to ensure you can maintain alertness and drive safely. Avoid driving at times when you would normally be asleep.

Take a break.

If you are experiencing difficulty focusing, blurred vision, frequent eye blinking, yawning and/or heavy eyelids, pull over in a safe place to rest.

Avoid medication that causes drowsiness before getting behind the wheel.

Common medicines that may make you drowsy include sleeping, allergy and cold medicines.

Quick fixes are no substitute for sleep.

Turning up the radio, drinking coffee or rolling down the window may help you feel alert for a short period of time, but are not effective ways to maintain alertness to drive safely.

-Occupational Health & Safety

1 TOE TOUCHES
10 count

2 ARM CIRCLES
5 forward, 5 backward, small and large

3 LATERAL LUNGES
10 count each side

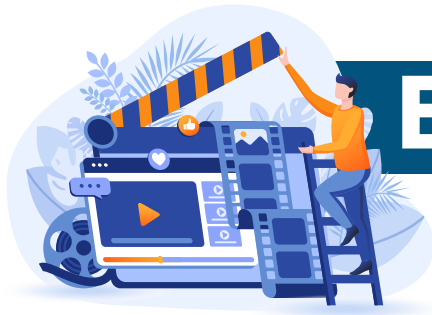
4 SHOULDER STRETCH
10 count each side

5 FORWARD LUNGES
5 each leg

6 ARM SWINGS
10 repetitions

7 SQUAT
10 repetitions

8 WRIST STRETCH
10 count each direction, each hand



BEHIND THE SCENES



Care & Share Food Drive, Colorado Springs, Colorado drivers and management volunteering.



USPS making a visit to MMS corporate office!



First Aid and CPR Training with the National Safety Council at the Lincoln Corporate Office - Amanda Patton, Amela Bektic, Dan Bargaen



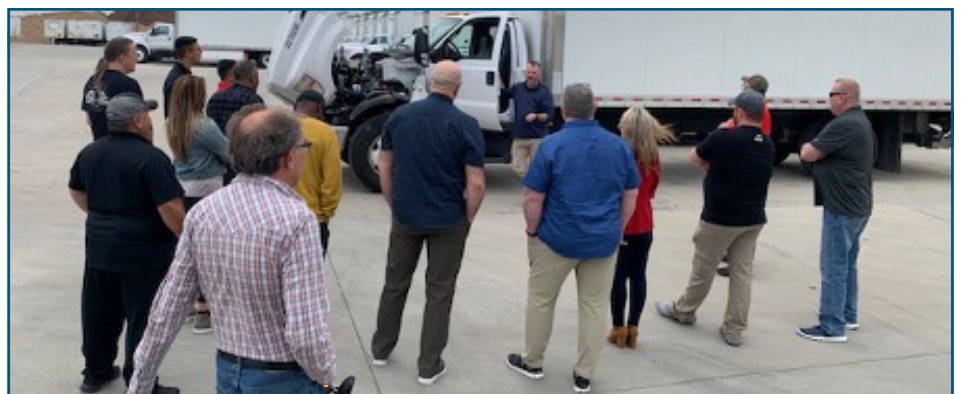
MMS ladies Chrisy Tyler, Amela Bektic & Amber Ramirez showing off their axe-throwing skills.



Training in Milwaukee, Wisconsin.



Our insurance agent Matt proudly wearing MMS shirt!



Hands-on training in Dallas, Texas.



Mail Management Services
2023 3RD QUARTER NEWSLETTER

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Out for some fun: Chrisy Tyler, Amanda Patton, Amber Ramirez, Yolanda Willis and Ashley Bphonsavat