

Fully Compliant with HERS

This course is suitable for anyone who wishes to have a good all-round level of competence in performing first aid skills in any situation.

Accredited by Quallsafe Awards

Course Content

First aid kits and legislation

CPR and resuscitation

Using an AED in the event of a cardiac arrest

Dealing with an unconscious casualty

Choking children and adults

Minor Bleeding wounds

Minor burns

Dealing with eye injuries

Managing epilepsy

Other minor ailments

Assessments

There are four practical skill assessments and 1 Multiple choice test as part of the certification requirements

Course Duration:

6.5 hours including all required assessments