

First Aid at Work HERS/HSE Compliant

For those first aiders who are working in HIGH RISK industries such as Construction, Agriculture, Manufacturing, Assembly, Production, Hot Works, Extrusions, or larger organisations where there are many employees, visitors or members of the public on the premises or where there are people with existing medical conditions that may require urgent first aid treatment.

Accredited by Quallsafe Awards

Course Content

- First aid kits and legislation
- CPR and resuscitation
- Using an AED in the event of a cardiac arrest
- Unconscious casualties
- Choking children and adults
- Dealing with Bleeding wounds
- Catastrophic bleeding wounds and use of tourniquets.
- Burns and scalds
- Head and Spinal Trauma
- Anaphylaxis and use of Auto Injector Pens
- Dealing with Asthma and using various inhalers and spacer devices
- Epilepsy and how to deal with Epileptic events
- Eye injuries
- Managing Fractures, sprains and dislocations.

Assesement

There are 6 practical assessment activities and two multiple choice tests as part of this course.

Course Duration:

18 hours including all required assessments