Couple’s Vision Statement

What is your vision for your marriage? Where are you going as a couple and how are you going to get there? To help you answer these very important questions, I want you to think about where you would like to be as a couple in 5 years. Please reflect on the following questions as a couple:

1. What would you like your spiritual life as a couple to look like in 5 years?
   1. How will you be nurturing and encouraging each other spiritually?
   2. How will you be serving together? What ministries or outreaches can you envision doing together?
   3. What role does church and/or Bible study play in your vision?
   4. How do you want to participate in spiritual disciplines together?
2. What would you like your social life as a couple to look like in 5 years?
   1. What kinds of activities would you to be doing together?
   2. What types of friendships do you want to foster together?
   3. What role would friendships play in your daily life?
3. What would you like your emotional life as a couple to look like in 5 years?
   1. How do you want to emotionally connect with each other?
   2. What kinds of activities would you like to participate in that would lead to further emotional connection?
   3. What does emotional connection look like for you?
4. What would you like your physical life as a couple to look like in 5 years?
   1. How do you want to exercise or care for you physical being together?
   2. What kinds of health habits do you want to engage in together?
   3. What kinds of active/fun habits do you want to be doing together?

Another way to help stimulate thought around your vision as a couple is to ask yourself the following questions:

* If we could be buried together under one headstone, what would we want the epitaph to say?
* If we were to have a motto that represented our couple-hood, what would it be?
* How do we want others to describe us? List 5-6 adjectives.
* What are our most important shared values and how can we live those out together?