

## **About EXTRA**

EXTRA is the new Parish Bulletin format for 2024. Its predecessor INTER sought to focus interest on interactions (the good ones, that is, because they aren't always ideal!) internal to the Parish during the "interregnum" - that period when we await the start of a new "reign".

EXTRA focuses on what is new, added, extra, more, deeper, stronger, or just plain better at the Church these days, as the Word of God bears fruit in our midst.

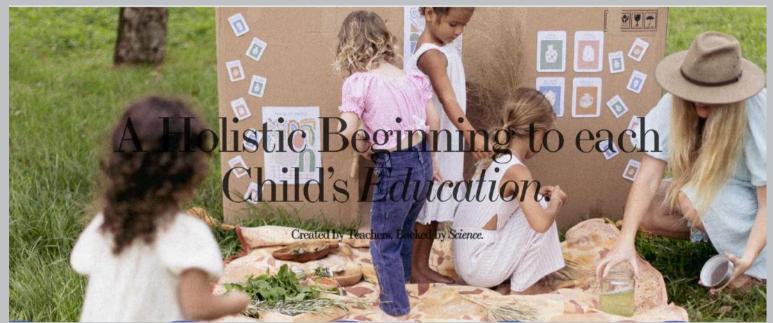




As we invite the community to join us in faith and worship, let us reflect on:

# Unity and Compassion

## **New Tenants for our Parish Hall**



https://www.wholebeings.co

"A holistic education program for children aged 3-8 years. At Whole Beings, we put a huge focus on open-ended, learning & hope to inspire this kind of education as a lifestyle. During our research based Holistic Beings Program™—Children will engage in creative experiences, organic & earth nurturing learning, nature crafts, holistic storytelling, mindful nature walks & holistic play—whilst being guided to use kindness, gratitude, positive affirmations & mindful awareness".

St James' extends a warm welcome to our new Parish Hall tenants, Whole Beings Collective. The Director and Founder, Natalie Nelson, is leasing the hall for use on Tuesdays and Wednesdays from 8am to 2pm. As she further elaborates the business, all programs are run by a qualified teacher who believes a strong connection to our natural world begins in childhood. This program is designed to target each child's individual learning and development needs with a holistic approach.

As a Parish bound together by God's love, let us keep our new tenants in our prayers as they settle into their new space and offer support, reflecting the unity and compassion of our faith.

## NCA - Tweed Network and the Indian Orthodox Church - July 2024



On Saturday 4th May 2024, local members of the Indian Orthodox Church began a monthly worship Service at St Cuthbert's Tweed Heads. Their priest Fr. Sinu Jacob and his family had recently moved to the area from Adelaide, and the nearest regular worship for them was on the Northern Gold Coast, and so they had been looking to establish a worshipping congregation in Northern New South Wales.

The service was held in the language of Malayalam, and went for two hours. It was a very traditional style of worship with incense and full communion. I was told this is the shorter form of worship. The worshippers are all originally from the Indian state of Kerala. There were a number of families with children from the local Tweed area, and also worshippers from as far away as Lismore. A number of this new congregation are medical professionals at the new Tweed Valley Hospital.

Given the geographical spread of the members, the congregation has also begun to worship at St Marks Pottsville. We look forward to continuing this ecumenical sharing, and hope it will be a witness to the gospel into the future.

-Reverend Dway Goon Chew

LINDISFARNE ANGLICAN GRAMMAR SCHOOL WARMLY INVITES YOU TO A

## SPIRITUAL GYM



Sunday, 4 August 2024 4.30pm Refreshments | 5.00pm Service Mahers Lane Chapel | All Welcome



# SOUL NURTURE

### MINI DAY RETREAT FOR WOMEN

Tuesday 6th August 10am-3pm Uki's Historic Church 1470 Kyogle road, Uki

> \$25 for the day



Experienced Mentor and Spiritual Guide Barb Hickingbotham will utilise music, art, mindfulness and contemplation, items from nature and most importantly periods of journal writing and meditative walking on the Uki Village labyrinth. Participants may want to share their experiences throughout the day.

#### Morning tea is provided @ 10am BYO lunch and a book and pen suitable for journaling

Barb says: Through meditative and contemplative processes, I have found a richness in reflection and silence that my soul has long hankered for. I am a Mother, Grandmother, one of five sisters and the keeper of many collections: of shells, stones, feathers, leaves, driftwood, sea glass, broken porcelain and all manner of 'stuff' that can be re or upcycled in all manner of ways. As a Spiritual Companion and Principal at Seven Circles Labyrinth, I offer contemplative groups and retreats, one to one guidance and discernment. I have a practice in Counselling, Adult Education, Life-Coaching /Mentoring, Pastoral Care/ Chaplaincy.

I am passionate about women, our inner lives and outer worlds.

Please register at hmcclelland66@gmail.com or 0423693744 as numbers may be limited

# A MORNING'S | SATURDAY PRAYER 3 AUGUST





## Bank Account Details

If you would like to contribute financially to the life of both churches in the Parish of Kingscliff by electronic means, our bank account details are:

BSB: 062-673

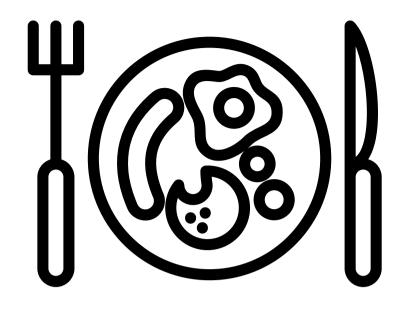
Account: 1001 5155

## Parish Food Ministry

The Parish would like to thank all who helped distribute the meals through the Food Ministry this week, add both St Marks and St James. Well done all for keeping this vital long running ministry alive.

St James - 96 Meals

St Marks - 100 Meals





## Sunday Worship Readings

**Sunday 4 August 2024** 

2 Samuel 11.26-12.13a Psalm 51.1-12 Ephesians 4.1-16 John 6.24-35

## **Service Schedule**

St Marks

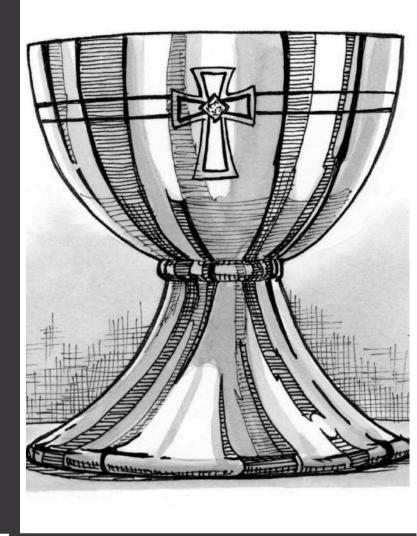
**Sunday 4 August 2024** 

10.30am Reverend Ron Bundy

St James

Sunday 4 August 2024

8.30am Reverend Ron Bundy





## **Contacts**

**Parish Office** 

02 6674 1513 <u>www.apok.org.au</u> office@apok.org.au

**Locum Rector** 

Reverend Ron Bundy 0497953519 r.m.bundy@bigpond.com

Wardens

Stephen Elworthy 0408 757 876

Jason Saltearn jsaltearn@gmail.com

Brian Wyver 0412 324 161

## Parish Calendar for August 2024

#### **Mondays:**

- University of the Third Age Art Group at St Marks (9am-12pm)
- OCTEC at St Marks (Monday to Friday, 9am-4pm)
- Bible Study from 2pm to 4pm at Cudgen, 10 Guilfoyle Place. Contract Adrienne 0409741590

#### **Tuesdays:**

- Working Group at St James, with morning tea (7:30am-12pm)
- Justice of the Peace at St Marks (9am-12pm)
- Meal handout at St Marks (11am-1pm)
- Bible Study at the Pines Home, Pottsville (6:30pm)
- AA at St James (7:30pm)
- Pottsville Community Association (every last Tuesday, 6pm)

#### Wednesdays:

- Holy Communion Service at St James, Kingscliff (10am)
- Bible Study with Rev. Ron Bundy at the Cafe Garden Courtyard, St James (10:45pm-12pm)
- Bible Study at the Smalls Home, Pottsville (10am)
- Art Group at St Marks (9am-12pm)
- Lotus Van at St Marks (3pm-7pm)
- Making Marks Art Group at St James (1pm)
- Meditation at St James (4pm)
- Meditation via Zoom link below

#### https://us02web.zoom.us/j/89184784092?pwd=TFI3eWc1UXM0b3VVZnR5bkMxUlM1Zz09

Meeting ID: 891 8478 4092 Passcode: 516345

#### **Thursdays:**

- Meal handout at St James (11am-1pm)
- Ladies Craft Group at St Marks (9am-12pm)
- AA at St Marks (6pm)
- Men's Bible Study Group, St James Church Hall (7pm)

#### **Fridays**

• Sing to Connect at St James Church (9:30am - 11am). Contact Wendy 0421651524

#### **Saturdays:**

- Community Garden Club at St Marks (9am-11am)
- Sister Suzie's Sewing Circle, 1pm 3pm at Cudgen, 10 Guilfoyle Place

#### **Sundays:**

- Communion Service at St James at 8:30am
- Communion Service at St Marks at 10:30am
- Contemporary Sunday Service at St James Church (every second Sunday of the month, 5pm)

**Sunday worship via zoom** -please note the new link below:

https://zoom.us/j/99954160401?pwd=WmR2alVqSlRIMHBiU3BUVjMrUE9tZz09

**Meeting ID:** 999 5416 0401 **Passcode:** 558818

Next Parish Council meeting: Wednesday 14 August 2024 at 5.30pm