A TRACY'S TRAVELS FREEBIE

THE ULTIMATE TRAVEL PACKING CHECKLIST

Pack thoughtfully. Travel confidently.



CRUISES • FLIGHTS • ROAD TRIPS • FAMILY TRAVEL

Printable checklists you can use for every adventure

THE EVERY-TRIP ESSENTIALS

Start here, whatever your destination.

Documents & Money

- ☐ Government-issued photo ID
- ☐ Passport / visa (if needed)
- ☐ Tickets & booking confirmations
- ☐ Insurance / emergency contacts
- ☐ Wallet, cards & a little cash
- ☐ Copies of key documents

Clothes & Shoes

- ☐ Daily outfits / layers
- ☐ Underwear & socks
- ☐ Sleepwear
- ☐ Comfortable walking shoes
- ☐ Weather-appropriate jacket
- ☐ Swimwear / special-event outfit

Health & Toiletries

- ☐ Prescription medications
- ☐ Glasses / contacts & supplies
- ☐ Toothbrush, toothpaste, floss
- ☐ Skincare & hair essentials
- ☐ Sunscreen / lip balm
- ☐ First-aid basics

Electronics & Extras

- ☐ Phone & charging cable
- ☐ Charging brick / power bank
- ☐ Travel adapters (if needed)
- ☐ Headphones / entertainment
- ☐ Reusable water bottle
- ☐ Small day bag

Before you leave home

- ☐ Confirm travel documents & check-in requirements
- ☐ Check the forecast, baggage rules & travel alerts
- ☐ Share trip details with a trusted contact

PACK FOR YOUR TRIP

Choose the extras that match your adventure.

Cruise Add-Ons

- ☐ Cruise documents & luggage tags
- ☐ Embarkation-day carry-on
- ☐ Swimsuit in carry-on
- ☐ Formal / elegant-night clothes
- ☐ Motion-sickness remedies
- ☐ Magnetic hooks (if permitted)

Flight Add-Ons

- ☐ Liquids in compliant containers
- ☐ Carry-on medications & valuables
- ☐ One change of clothes
- ☐ Neck pillow / sleep mask
- ☐ Snacks (subject to rules)
- ☐ Offline itinerary & entertainment

Road Trip Add-Ons

- ☐ Driver license / registration
- ☐ Vehicle checks & roadside kit
- ☐ Car chargers & phone mount
- ☐ Water, snacks & cooler
- ☐ Paper map / offline directions
- ☐ Comfort items for passengers

International Add-Ons

- ☐ Passport validity checked
- ☐ Entry / transit requirements
- ☐ Power plug adapters
- ☐ Currency & payment backup
- ☐ Translation / offline maps
- ☐ Local customs & travel guidance

A quick reminder

Always verify current airline, cruise line, and destination rules before departure.

Keep essential medicines, identification, and valuables in your personal carry-on.

LITTLE EXPLORERS & FINAL CHECK

Make family travel easier - and departure day calmer.

Traveling With Kids

- ☐ Age-appropriate activity pack
- ☐ Favorite comfort item
- ☐ Spare outfit & easy layers
- ☐ Snacks / spill-proof bottle
- ☐ Child medications & supplies
- ☐ Chargers for kids' devices
- ☐ Wipes / tissues / bags

The Last 24 Hours

- ☐ Check in when available
- ☐ Confirm times & transfers
- ☐ Track flight / sailing updates
- ☐ Charge devices & power banks
- ☐ Refill prescriptions as needed
- ☐ Set alarms & departure plans
- ☐ Take out trash / secure home

MY PERSONAL PACKING NOTES

The best adventures start with one less thing to worry about.